



Painted **Memories**

NORTH LAMBTON S.S. LIBRARY.

NORTH LAMBTON S.S. LIBRARY

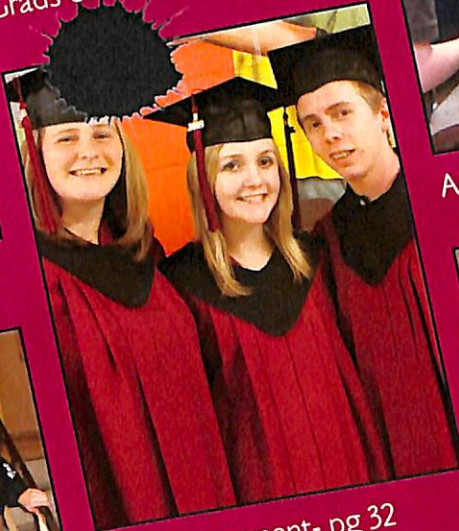
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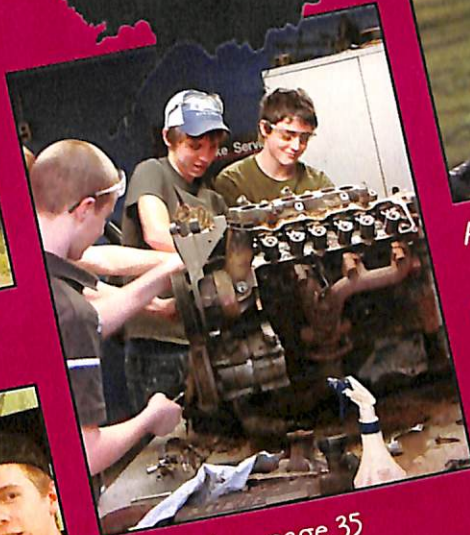
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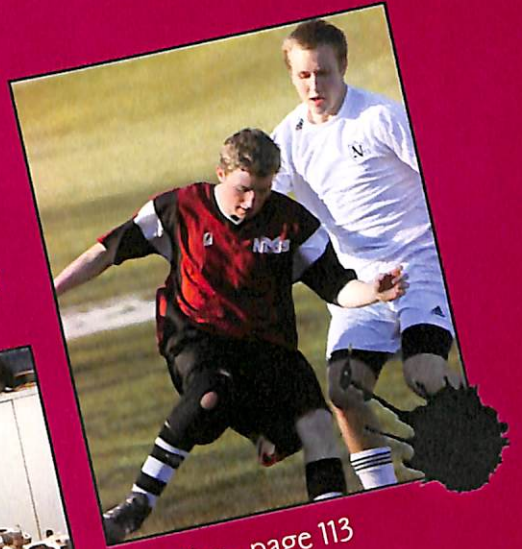
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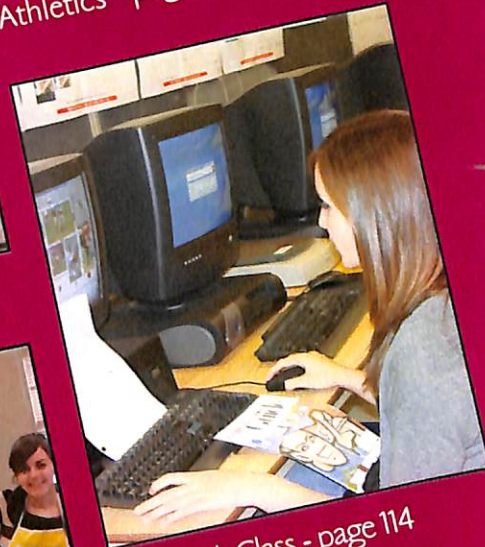
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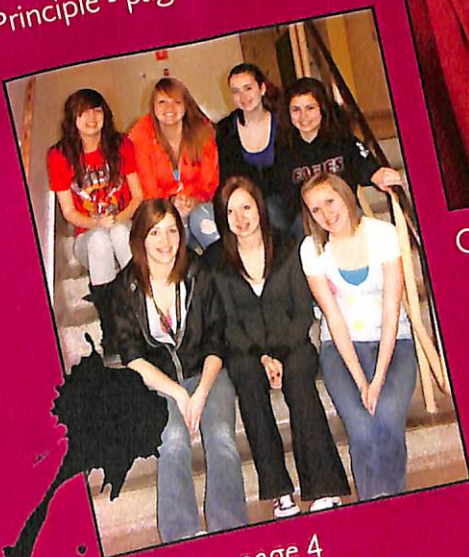
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Creating a Finished Painting



I would like to thank the students and staff for helping to make NLSS a great place to work and to be together. A recurring message I like to deliver is that I'm Proud to Be An Eagle. I felt this way when I first came to NLSS and now that close to two school years have gone by I am prouder than ever to be the Principal of this great school. But perhaps I should change my message to "NLSS - Yours To Discover." It isn't original but people are always surprised

when they find out all the things that are happening here every day. NLSS is leading the way in so many areas including academics, Literacy, Numeracy and with Special Programs. NLSS is recognized as a model of inclusive education and our grade 8 - 9 Transition programs have been recognized provincially. We have everything a large school can offer from academic supports and enrichment opportunities to high quality Drama and Music

programs and a highly successful athletic program and we have a club for every interest, and we have all of this with all the benefits of a smaller community school. Thanks to a strong Alumni group, this will also be remembered as the year the "Back The Track Complex" campaign got off the ground. NLSS is truly a great place to be and is Yours To Discover.

James Morton
Principal
North Lambton
Secondary School



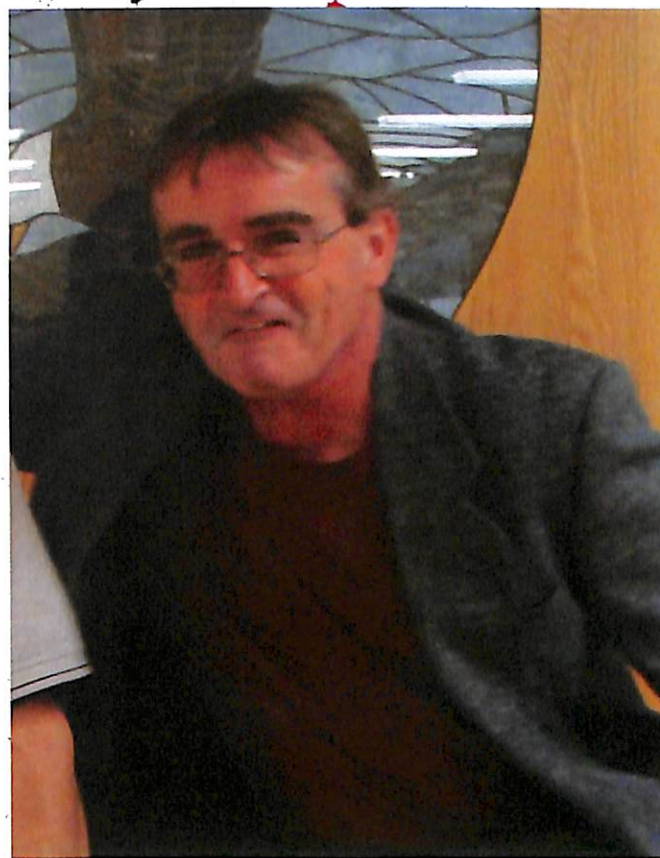
As I reflect on my first year at North Lambton, I focus on the warmth and friendliness of our school. I thank the many students and staff who have welcomed me and made me feel at home.

North Lambton is a school of many strengths. The strength of character, work ethic, achievement and commitment are evident in the daily life at NLSS. However, it's the strength of the relationships between teachers and students that make a North Lambton education enriched and memorable. The qualities of concern, understanding and goodwill are the cornerstones of these relationships and as you read this yearbook you will see the people - both staff and students who possess these amazing qualities.

This yearbook will capture the many memorable events and personalities which made 2008-09 a thoroughly enjoyable year. On behalf of all the students who will treasure this Yearbook, I would like to express my appreciation to all the students involved in the process and to Mrs. Buechler for her leadership.

Finally, I wish all of you, particularly the graduates of 2009, health, happiness and success in the years ahead.

Sue Ferguson, Vice-Principal



Dear Staff and Students:

Thank you for the wonderful memories and feelings of accomplishment during my nine years at NLSS. Allow me to quote John Lennon, for no one said it better than him (just be thankful I'm not here to sing this):

In My Life

There are places I remember
All my life, - though some have changed.
Some forever, not for better,
Some have gone - and some remain.
All these places had their moments,
With lovers and friends I still can recall,
Some are dead and some are living,
In my life I've loved you all.

Fran Lynch, Vice-Principal

Painting The Way To Success

NLSS Staff

K Anderson
D Arthur
G Bell
C Boersma

J Brown
C Buechler
E Charbonneau
N Dejeu
B Douglas
D Dumais

B Fenner
S Ferguson
G Gordon
T Hales
J Hansen
B Hartley

D Henry
H Henry
N Hilborn
G Hines
K Homer
R Hoornweg

R Hoskin
B Howden
S Jackson
C Johnson
W Jory
M Lefebvre

R Leystra
F Lynch
L MacLaren
L Martel
D Martin
B McBain



Picture
Not
Available

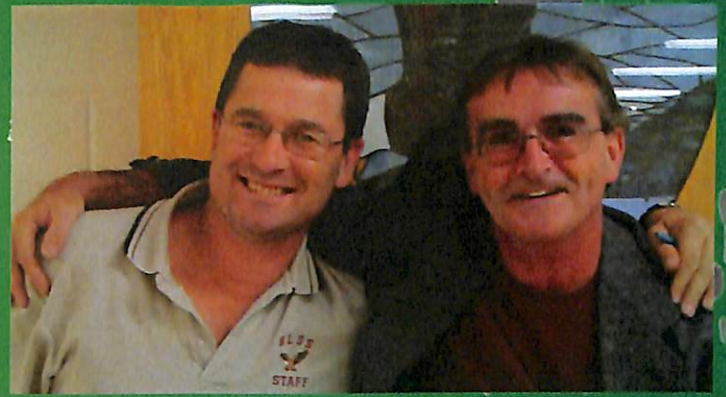




Ms. Boersma

Mr. Morton

Mr. Schalk and Mr. Lynch



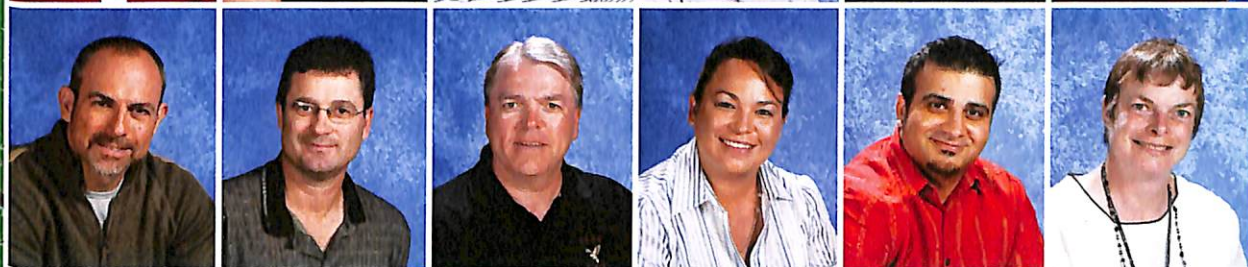
D McEuwen
R McGregor
S McKay



D McLean
M McPherson
J Moergeli
J Morton
G Murree
J Pardo



B Perry
T Petrus
I Reid
B Robinson
R Ryan
J Sanders



A Sands
E Schalk
G Sheeler
T Simon
K Singh
E Sippel



J Sivell
R Starkman
L Stewardson
D Tichenoff
R Vandenberg
D Vandenkoer



B Vankessel
E Ward
K Williams
V Willick
S Wilson
M Young

Picking Up The Brush

Grade Nine

Ryen Dirven, Cory VandenBoer, and Bryan Soetemans.



Megan Acton
Kasandra Armstrong
Tabbatha Augustine
Jillian Avery
Gina Balcom
Ingrid Boekhorst
Ashley Boere
Lauren Boyd

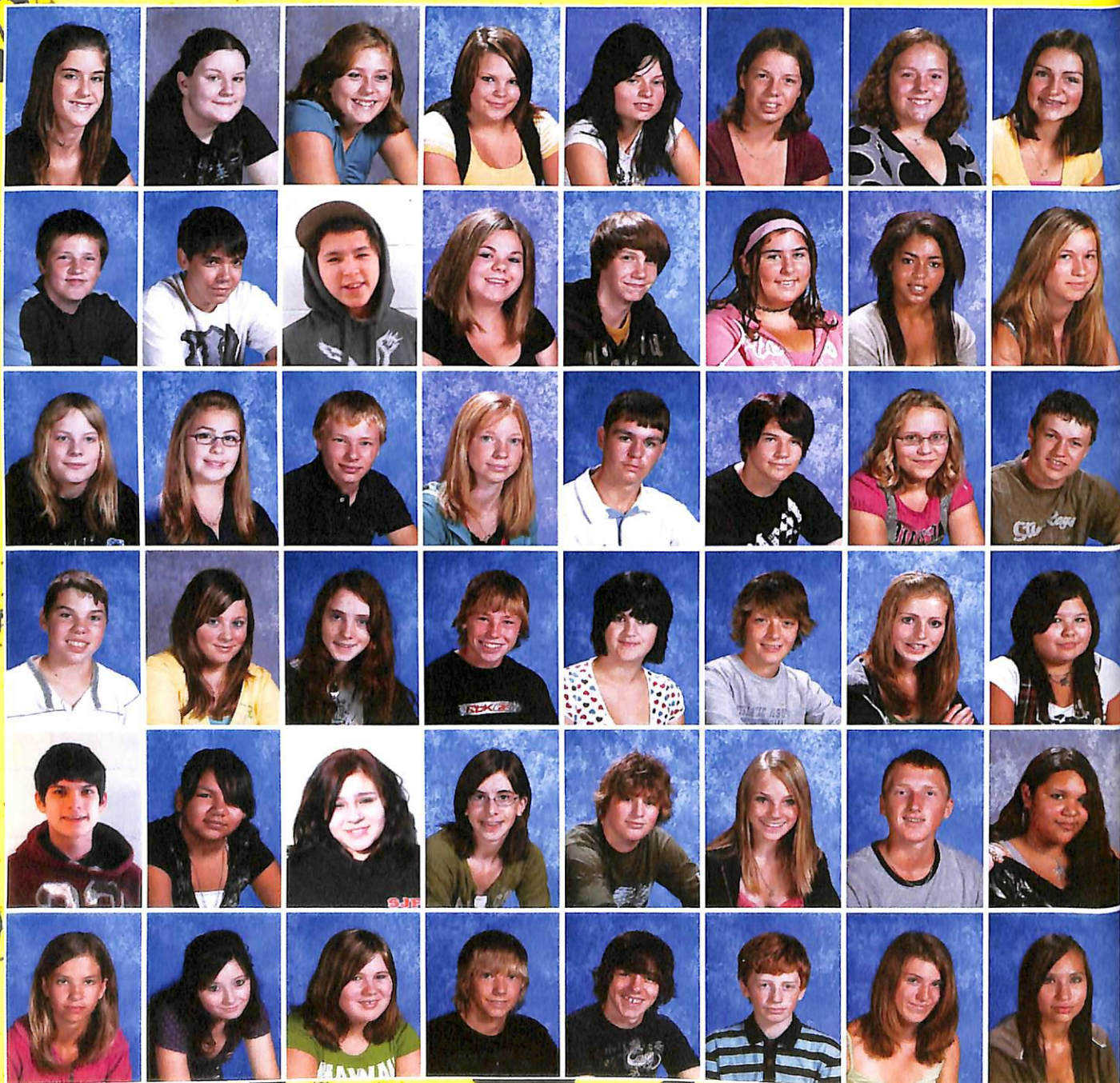
Jonathan Braun
Damon Bressette
Donovan Bressette
Emily Brooks
Hayden Bryan
Julie Butler
Shelly Campbell
Emily Chalmers

Chaz Clark
Katlyn Clark
Ryan Clark
Amanda Cohoon
Joshua Collette
Zack Cronkwright
Nikky Dejeu
Arie Dejong

Ryan Dirven
Emilie Dudman
Dani Edmondson
Arian Finnemore
Rebecca Fleming
Cameron Fraser
Rachel Geerts
Bridget George

Cameron George
Charly George
Richelle George
Alex Gordon
Tanner Gowan
Taylor Harrower
Jordan Hayes
Marjorie Henry

Kassidy Hick
Dayna Hicks
Emily Hoefnagels
Corey Huff
Jordan Humphries
Nicholas Hunt-Beach
Tessa Hutt
Cheyenne Jackson





Lauren James
Breanne Janzen
Chuckie Jefferson
Cody Johnson
Dillon Jones
Jamie Karn
Andrew Kelly
Logan Kember

Grant Kerrigan
Matthew Laforge
April Laird
Martin Latourneau
Brady Leggate
Kyle Leyten
T.J. Lichty
Jonah Macko

Michelle Martin
Monica Mayer
Travis McLeod
Corey McCulloch
Tyler McGregor
Josh McIntyre
Kyle McKenzie
Bradley McLean

Caitlin McLean
Alisha McPhedran
Morgan Miller
Will Milliken-Wentz
Jonah Mills
Lindsay Morgan
Allison Nickles
Daniel O'Hagan

Tesha Oliver
Mikayla Pegelo
Holly Pelletier
Darby Pembleton
Shannon Plant
Tyler Prong
Keenan Redskye
Abby Richter

Sara Rooney
Joshua Rouse
Eric Schrijver
Jay Schrijver
Jenna Seanson
Jerry Selinger
Sarah Shepley
Kyra Shipley

Megan Acton, Sara Rooney, Lindsay
Morgan, and Shannon Plant



Charlotte Shone
Megan Simpson
Rachel Smith
Ruby Smith
Angelica Smithson
Bryan Soetemans
Caitlyn Soudant
Danielle Steven



Mitchell Steven
Joline Teeple
Megan Thomas
Bailee Thompson
Courtney Thompson
Lindsay Thompson
Tanner Thompson
Nicholas Thuss



Cody Trowell
Nicholas VanBeek
Ashley VanBree
Cory VandenBoer
Ryan VandenHeuvel
Jason VanEngelen
Christopher VanHaaren
Michaela VanKessel



Eric Vanos
Ryan VansteenKiste
Jessica VanVliet
Brett Varley
Julia Verberk
Clint Walker
Jake Waller
Doreen Watson



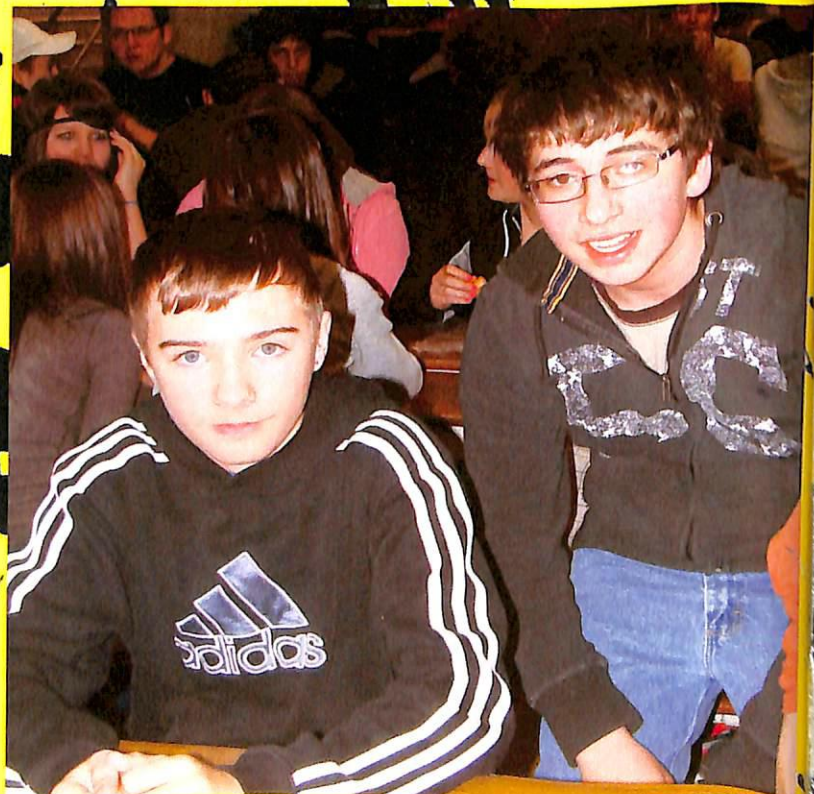
Lèah Wellington
Courtney Wiendels
Kristen Wight
Ryelle Wight
Emily Wilcox
Laura Williams
Jennie Wilson
Brandon Wolfe



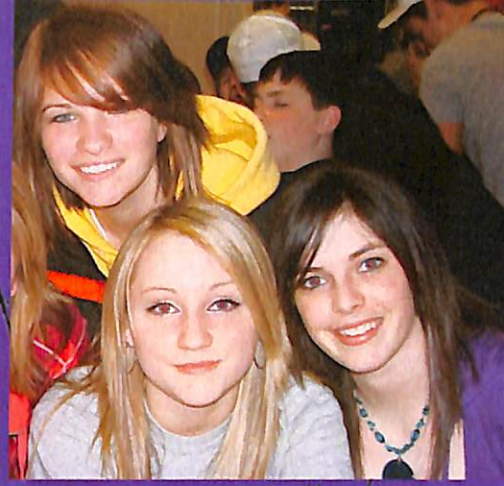
Cassidy Wolfe
Evan Wolfe



Kyra Shipley, Emily Wilcox, and
Monica Mayer



Kyle McKenzie and Nick Thuss



Meghan Kelly and
Ashley General

Emily Mellon,
Charleen Burman,
and Shannon Veeke

Painting Away

Grade Ten

Kyle Allen
Obidiah Atkinson
Elijah Bailey
Jesse Bleackley
Eli Born
Morgan Breeze

Brad Brouwer
Cody Brown
Robert Brown
Mitchell Bullen
Charleen Burman
Caitlyn Cain
Jessica Campbell
Kelsey Campbell

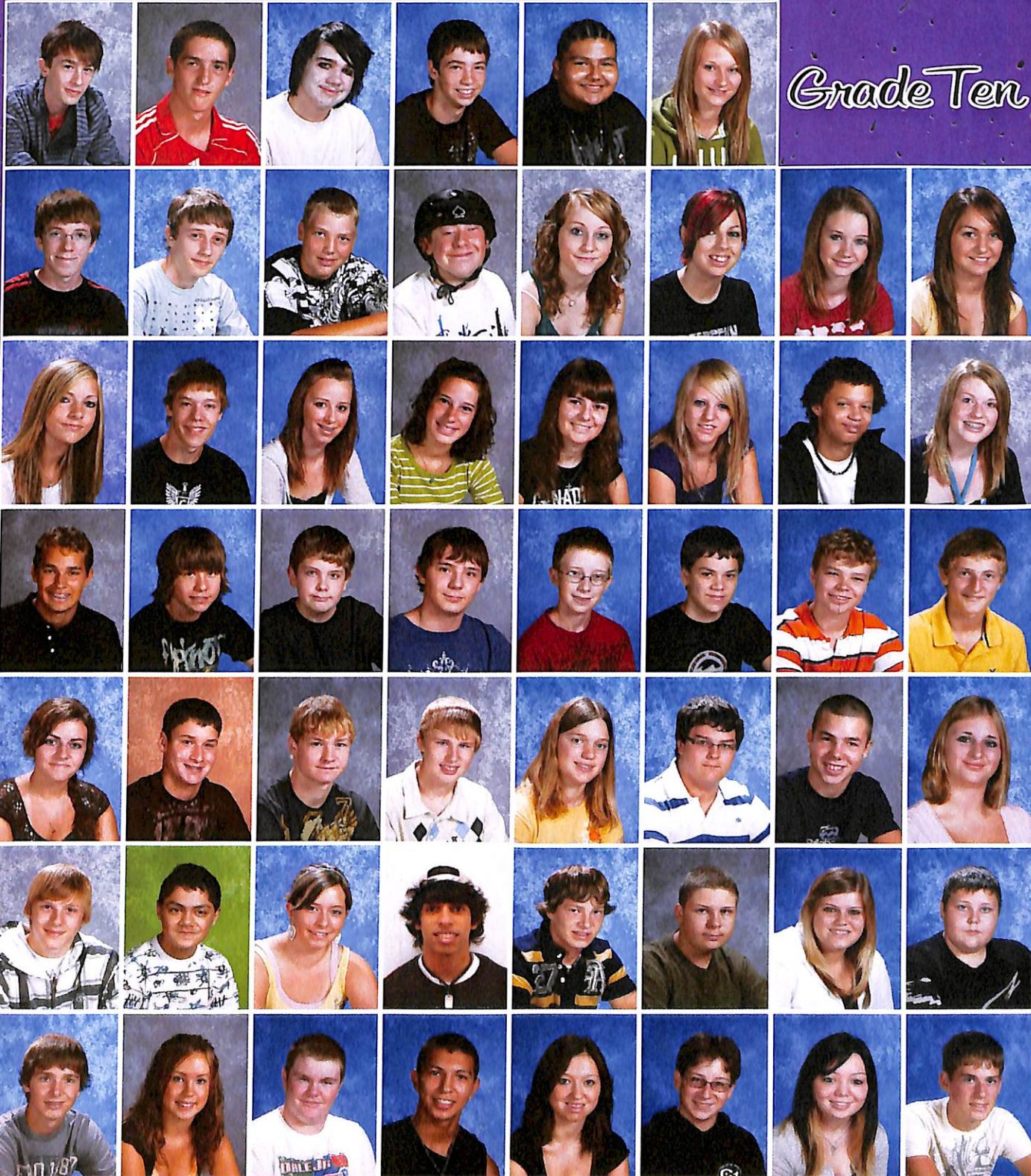
Tanner Carrothers
Aaron Cassidy
Nicole Cassidy
Megan Cates
Natasha Collette
Rachel Collier
Brent Cookson
Stacie Core

Mike Cornelissen
Andrew Cox
Ryan Dacunha
Taylor David
Jonathan Dayman
Joe Degroot
Jimmy Dejeu
Antony Delitala

Katelyn Delmage
Michael Delmage
Brett Dew
Kaelin Dew
Kerrie Dirven
Michael Dolmage
Alex Dortmans
Sarah Dumais

Ryan Eastman
Dylan Eisnor
Jordanne Estergaard
Tarrick Fakira-Martin
Tanner Ferguson
Derek Few
Ashley Fisher
Alex Fraser

Jordan Geerts
Ashley General
Cody George
Dylan George
Nola George
Robbie George
Kellie Gill
Michael Gordon



Caitlyn Cain, Melanie Williams, Meghan Van-Moorssel, Alicia Veens, Kaitlyn VanEngelen, Nola George and Kelsey Worsfold

Jordan Goulet and Chris Srokosz

Jordan Goulet
Serena Gray-Nahmabin
Katey Hackney

Brittany Harris
Nikki Heater
Charlotte Henry
Winona Henry
Paige Herrington
Dustin Herrmann
Ben Himes
Jacob Holbrook

Mike Holmes
Elizabeth Houle
Curtis Humphrey
Justin Hurkmans
Jane Johnston
Jan Johnstone
Meghan Kelly
Tyler King

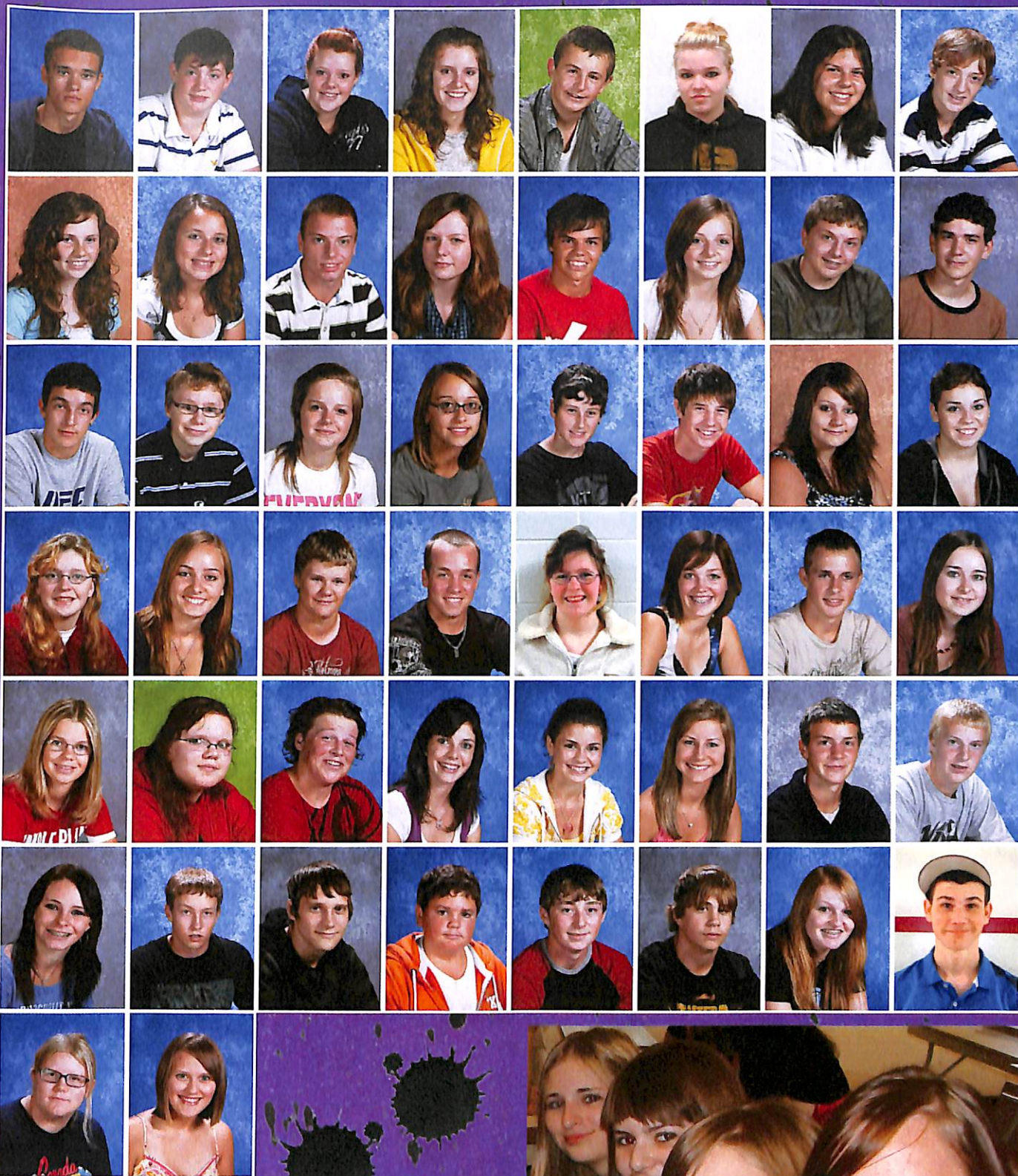
Olivia Kraft
Nicole Lacey
Chris Laforge
Chris Lane
John Lean
Brett Mackenzie
Douglas Maclean
Lakota Mandoka

Connor McEachern
Tyler McEachern
Allison McGee
Jessi McGregor
Michelle Medellin Salas
Emily Mellon
Laura Melville
Laura Mennen

Kelly Morgan
Gaurav Nakhwal
Brittany Nethercott
Jesse Nethercott
Megan Newman
Daniel Noel
Steve Oleniuk
Shelbi Parizeau

Sean Parker
Shamus Parsons
Dustyn Pegelo
Nathan Perry
Kelsey Pettigrew
Chantel Picken
Evan Porter
Samuel Reckman





David Riedel
Shawn Rutten
Becky Ryan
Nichole Savoie
Culley Schmid
Erica Scholte
Amanda Shawnoo
Greg Sheppard

Michelle Slaughter
Kaleigh Smith
Dan Smits
Justine Soepboer
Dylan Soetemans
Monique Soetemans
Chris Srokosz
Clay Stewart

Jerad Storr
Jeffrey Strain
Telsi Szanyi
Jilanda Szmielt
Cory Taylor
Nathanael Teeple
Jasmine Therrien
Sarah Thompson

Charlotte Van Der Hoek
Anne Vanadrichem
P.J. Vanbree
Chad Vandenheuvel
Charlotte Vanderhoek
Kaitlyn Vanengelen
Colin Vanmoorsel
Megan Vanmoorsel

Alex Vanvalkenburg
Melody Vanvliet
Parker Vanwolde
Shannon Veeke
Alicia Veens
Christina Veens
Jeff Veens
Bart Vermeer

Stephanie Waddington
Jacob Weaver
Travis Wernham
Brent Wessels
Briar Wight
Jesse Wilcocks
Melanie Williams
Spencer Williams

Ashley Williamson
Kelsey Worsfold

Sarah Thompson,
Laura Mennen and Nicole
Lacey

Sarah Dumais, Natasha
Collette, Telsi Szanyi, and
Nicole Cassidy



Almost A Masterpiece

Grade Eleven

Randall Leggate and Ashley Gordon

Patrick Elrafih, Chris Stevens, Tayler Sradbrow, and
Jack Vandenberk

Rachel Acton
Tyler Adams
David Aitken



Zachary Aitken
Holly Andrew
Andria Atchison
Amanda Augustine
Maximillian Bailey
Brodie Balcom
Amy Batten
Matt Besito



Ashley Beuerman
Sean Bond
Melissa Bosch
Daniel Boyd
Tyler Boyd
Willy Boyd
Magdalena Braun
Gordie Bregman



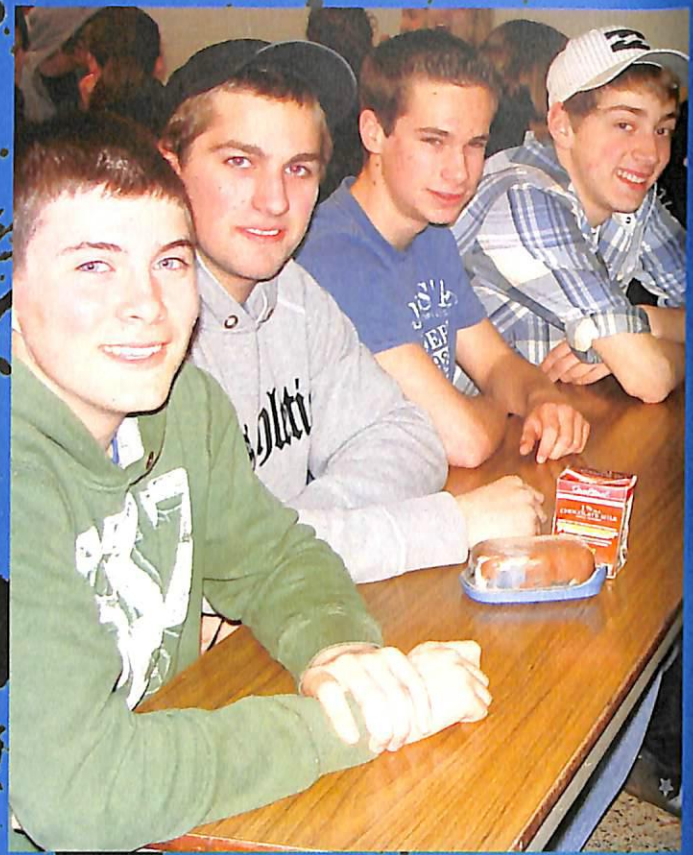
Hilary Bressette
Nathan Bressette
Brandi Brown
Brenden Campbell
Dillon Campbell
Jordan Carrothers
Connor Caughy
Jody Chalmers



Bradley Clark
Carlee Clark
Courtney Clark
Garett Cloud
Celine Comley
Travis Copeland
Curtis Datema
Ben Davies



Spencer Dicesare
Haeden Donald
Jolene Douglas
Chad Dudman
Kimberly Eastman
Patrick Elrafih
Mitchell Emmons
Sam Estergaard





Maxwell Fisher
Stacey Gale
Mitch Geerts
Dustin General
Eli George
Joe George
Reg George
Randa Gillatly

Ashley Gordon
Erin Gordon
Jacqueline Gosnek
Colten Gowan
Cody Griggs
Amanda Hayes
Ryan Houle
Emily Jackson

Robert Jefferson
Katie Jordan
Max Joris
Joshua Kember
Shaun King
Shane Kirby
Travis Lagerwerf
Joe Larmond

Halie Leech
Randall Leggate
Gavin Letourneau
Harland Lichty
T.J Little
Cody Lockrey
Tyler Lockrey
Mitchell Lowrie

Michael Lucier
Meaghan Lunn
Jessica Macduff
Krysta Maher
Moe Mahmood
Rich Mason
Jamie Mayer
Ben McIntyre

Jaime McKellar
Katie McLean
Grace Mellon
Ben Melville
Rob Morris
Prachi Nakhwal
Rebecca Nixon
Kyle O'Grady

Gracie Melon, Kelsey
Prong, Amy Wilson, and
Stephanie Thuss

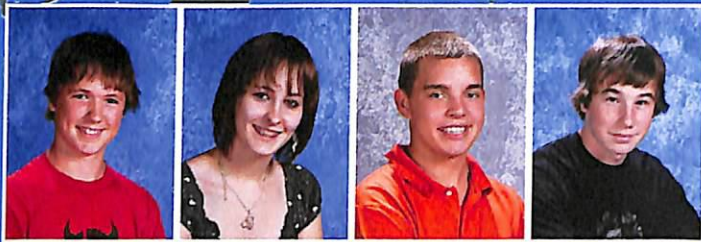
Katie Stutt and Jamey
VanHaaren



Haeden Donald, Brodi Balcom,
Brenden Campbell, and Tyler
Adams



Taylor O'Neil
Taylor Pargeter
Garrett Pedlar
Dakota Pettit



Kelsey Prong
Kyle Reeve
Paige Rinker
Stephanie Robinson



Jillian Rutten
Tim Schrijver
Matt Shone
Robyn Skinner
Mathew Slegers
Simone Smith
Jesse Soetemans
Tayler Spradbrow



Breanna Stead
Chris Steven
Jodi Stewardson
Sean Stewart
Katie Stutt
Brock Surette
Willy Szanyi
Stephen Szmielt



Doug Tabor
Robbie Taylor
Kyle Tedball
Hannah Teeple
Cody Thompson
Stephanie Thuss
Shawna Trowell
Cody Ulrich



Tanner Ulrich
Theo Vanaert
Jack Vandenberg
Aaron VanderBent
Adam VanEngelen
Mitchell VanEngelen
Chad VanHaaren
Jamey VanHaaren



Keyin VanHaaren
Felicia Vankoughnett
Rebecca Vanos
Andrew Veens
Sarah Veens
Holly-Vossen
Krystal Waller
Kristen Ward



Maygin Ward
Xander Ward
Bev Watson
Beth Wiendels
Chantelle Wight
Nicole Wilcox
Amy Wilson
Nancy Wilson



Finishing Touches

Grade Twelve



Meghan Gilfoyle and Krista Delmage



Meika Cates and Karley Charrette



Nicole Archer and Jessica Page



Melissa Aguirre Salas
Alec Anderson
Tyan Bailey



Danielle Beachey
Amanda Blyde
Colin Bressette



Jesse Brown
Tyler Bryan
Cole Burnley



Kelcy Campbell
Gabo Contreras Darvas
Luke Dale-Hicks



Amber Dellow
Melina Douglas
Ryan Downie



Michael Fisher
Andrew Frayne
Joanna George

Dylan Haight
Ashley Harburn
Jaylyn Harrower
Mike Huyben
Jordan Johnstone



Hector Ketash
Rolanda Ketash
Chris Kettleson
Scott Kingston
Dan Lacey



Derek Lichty
Matt Loubert
Shayne MacGregor
Ryan Marsh
Ian Maw



Jesse Morgan-Mulderrig
Brody Morris
Ryan Murray
Chelsea Nethercott
Katie Osborn



Steven Page
Jennifer Parsons
Adam Prong
Rob Rogers
Vincent Rogers



Ali Sarrazin-Lawrick
David Smeekens
Alex Smith
Brandon Smith
Eric Soepboer





Brendon Soetemans
Haley Sterling
Nathan Taylor
Rusty Tedball
Luke Teeple



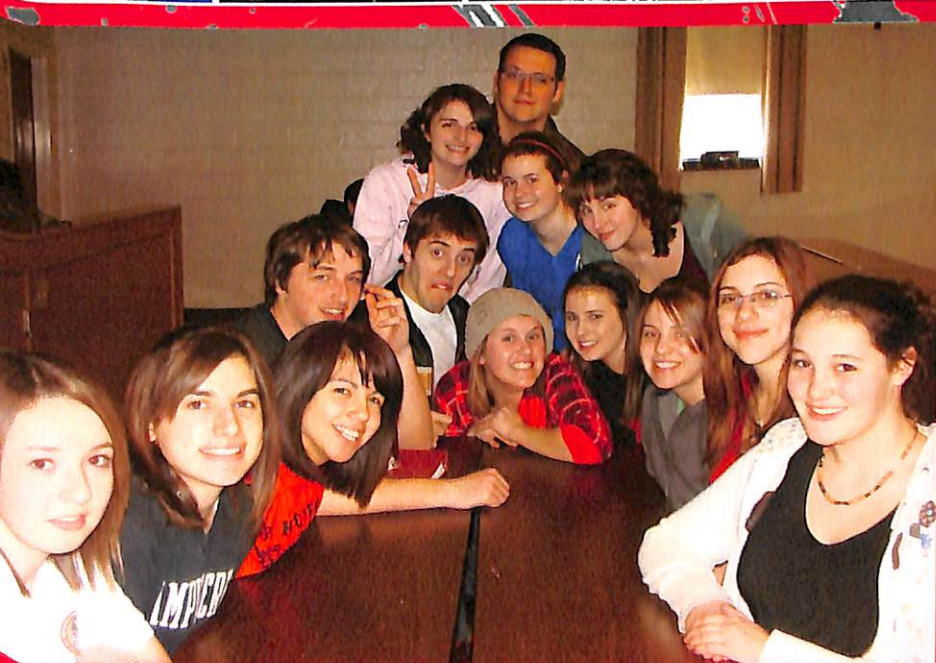
Mike Thomas
Katie Thwaites
Jysten Trevall
Jessica Trumble
Greg VanAert



Jackie VanBree
Charlie Vanderhoek
Christina Vanderhoek
Anne-Marie VanEngelen
Kayla VanHaaren



Sari Vossen
Alex Waters
Mark Wilcocks
Melissa Zavitz



Shannon Kelly and Luke Teeple flex their muscles in the halls.

Taylor Thompson, Emma Delitela, Tarra George, Nick Slegers, Maggie Richter, Michael Vanhevel, Karley Charrette, Brittany Britton, Karla Kerrigan, Reg George, Sara Gillard, Donna Pawson, Emily Melo and Cheyna MacKenzie.

The Final Canvas

2009 Graduates



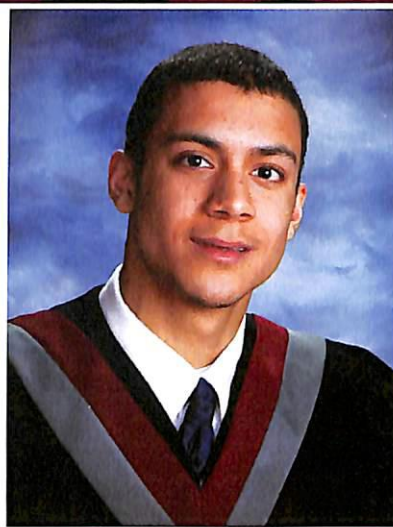
Bryanne Wouters, Bridgette Somers
and Ben Stubbs



Jenna Armitage



Billi Beierling



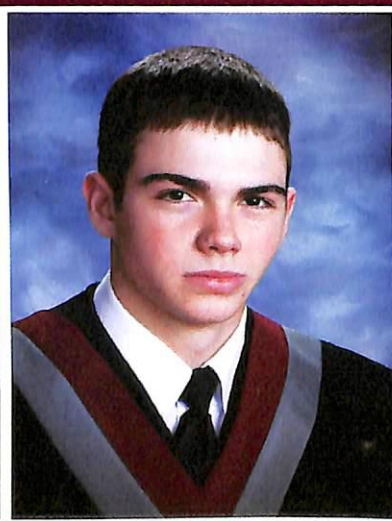
Brennan Boris



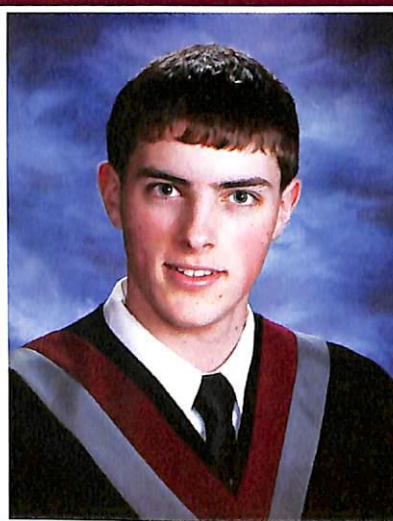
Mason Bresett



Caitlin Byrns



Forest Cable



Kurtis Campbell

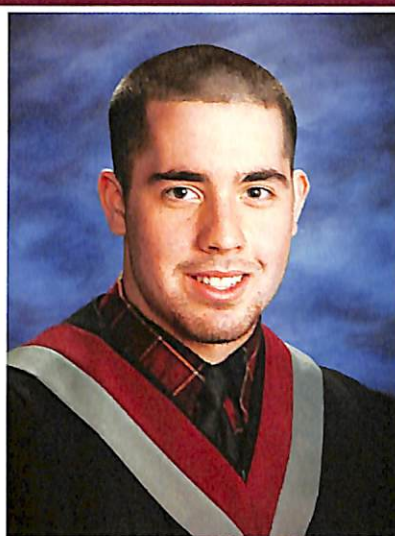


Meika Cates

*It is not the length of life, but the
depth of life.*



Kyle Alexanders



Brent Andriash

Straight Edge



Nicole Archer



Wyonna Bressette



Brittany Britton

Lets get real nuts!



Jake Brown

Clear eyes. Full hearts. Can't lose.



Travis Brown

DURPA DERP



Karley Charrette



Kayla Clark

The future belongs to those who believe in the beauty of their dreams



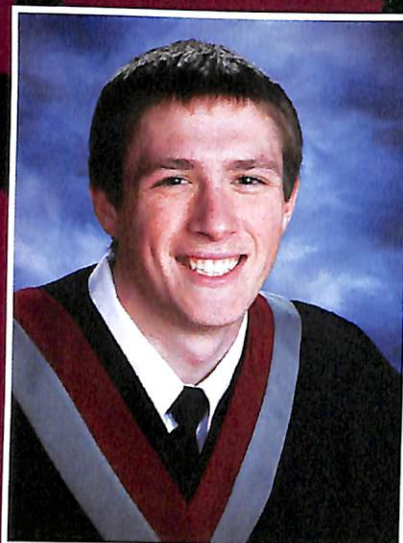
Jory Cloud

Everyday spent daydreaming and writing song and stories



Kyle Cahoon

Carry me to the shoreline. Bury me in the sand. Walk me across the water. And maybe you'll understand.



Ryan Cook



Craig Copeland



Dustin Cronkwright



Cassandra Dare



Carmen Dirven

*A quitter never wins a winner never
quits & eat bananas when they're yellow*



Kymber-Lei Evans

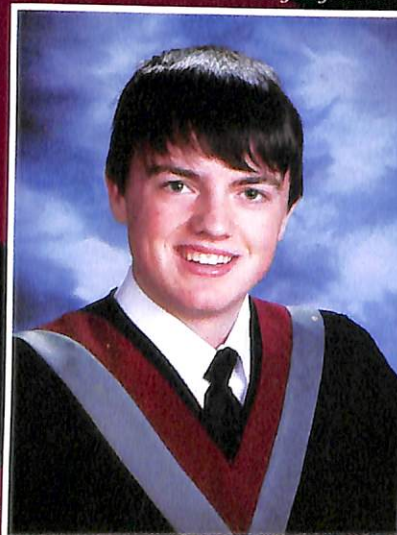


Amanda Ferguson



Tasha Ferguson

*This is your world. You're here. You
matter. The world is waiting for you.*

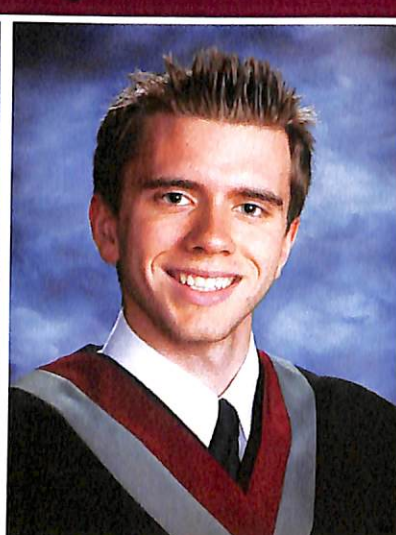


Chris Geerts



Jenn Geerts

*Everything you are today, is what
you want to be.*

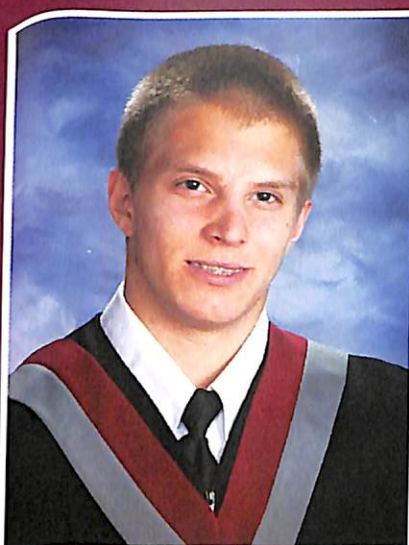


Thomas Genovy

*Truth handed down is insufficient. You
must draw your own conclusions.*



Jacqueline George



Ryan Dekker

*Words To Live By "Bones Heal But
Glory Is Forever."*



Emma Delitala

*Yesterdays are numbered, but
tomorrows are infinite.*



Krista Delmage

*Happiness is not a state to arrive at
but rather a manner of traveling*



Melanie DeSchutter

*Friendship isn't a big thing, it's a
million little things!*



Candace Flater

*"If the world didn't suck, we would
all fall off" Larry the Cable Guy*



Zack Fleming



Ashley Gallant

*"Sometimes you got to look yourself in
the mirror and say when in Rome"*



Brittnee Garrett

*Make the most of yourself, for that is
all there is of you-Ralph Emerson*



Tara George

*I feel like a slice of butter melting
over a big'ole pile of flapjacks*



Meghan Gilfoyle

*If you can imagine it, you can achieve it.
If you can dream it, you can become it.*



Sara Gilliard

*See Jamie Moore's For a
Breathtaking Quote*



Jennifer Gordon

*If opportunity doesn't knock, build
a door*



Morgan Hamilton

Learn From Yesterday. Live For Today. Hope For Tomorrow.



Jessica Hart



Jessica Hodges

Wherever you go, go with all your heart. -Confucius



Baleigh Hoekstra

When words fail, music speaks



Shannon Kelly

I am with you always, even unto the end of the world. -Jesus Christ



Karla Kerrigan

Wherever you go, go with all your heart



Jeremy Kersey

Hard work never killed anybody, but why take the chance?



Courtney Koolen

It's never too late to reach for the stars!



Melissa MacGregor

Learn From Yesterday, Live For Today, Hope For Tomorrow.



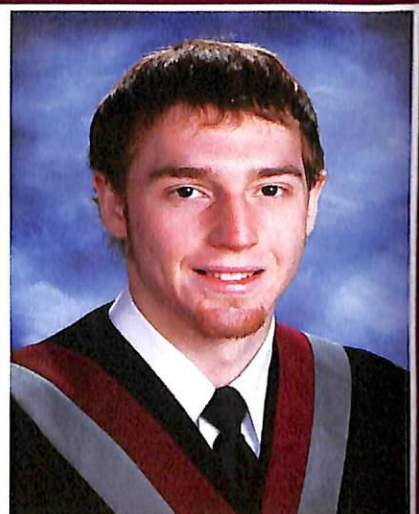
Michelle MacGregor

Look at life through the windshield, not the rear-view mirror



Cheyne MacKenzie

Nobody said it would be easy, they promised it would be worth it.



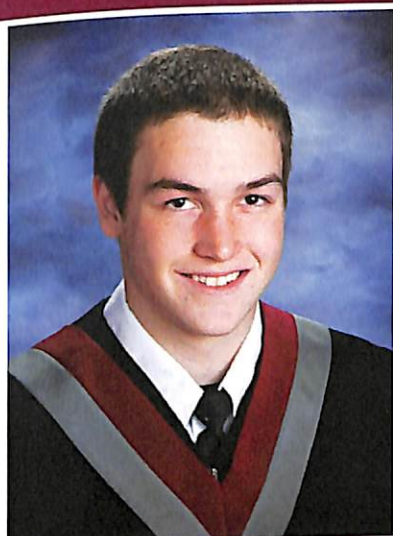
Logan Manhout

Go for it now the future is promised to no one.



Shelby Holmes

*Learn From Yesterday, Live For
Today, Hope For Tomorrow.*



Tyler Hughes

To live is to die but to die is to regrow.

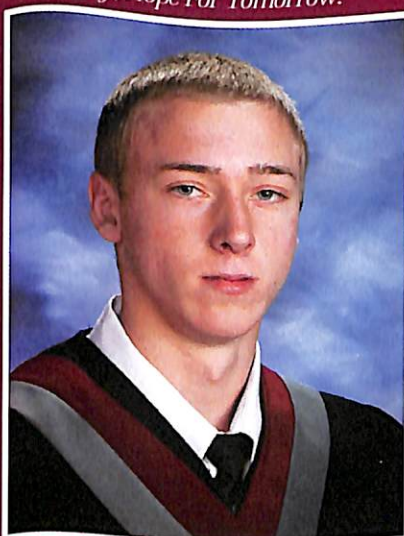


Jerrica Jackson



Meghan Jennings

*We get mad at the people we trust because
we know they'll never stop loving us.*



Bryan Lacey



Jenny Laird

*Have a good time. The sun can't shine
everyday*



Ashley Looman

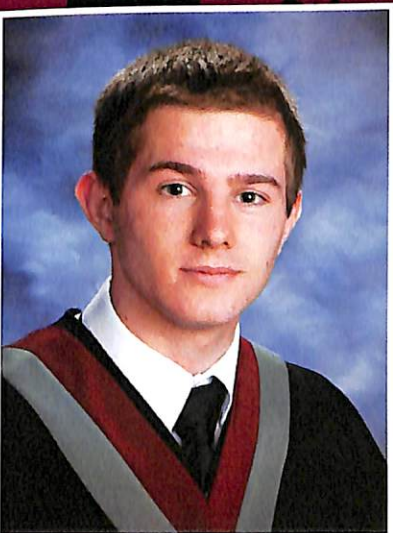
*Laugh as much as you breathe and
love as long as you live*



Tracey Louks



Kaytie Martin

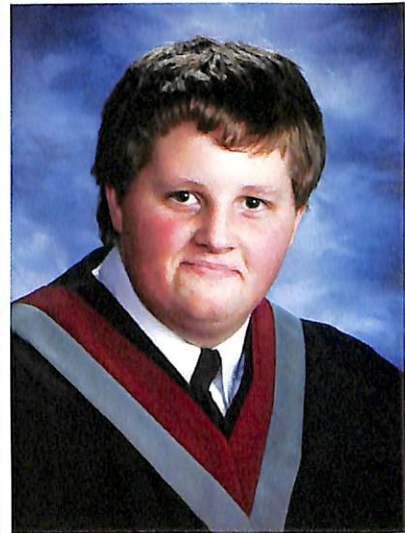


Kevin Martindale



Chantel Masfrank

*Had some times I wouldn't trade for
the world*



Shawn Maxfeild

Dirt Squarl



Ashleigh Maxwell

It is better to be hated for who you are, than loved for who you're not.



Paige McDonald

*Put your future in the best hands.
Your own!*



Colleen McLean



Emily Melo

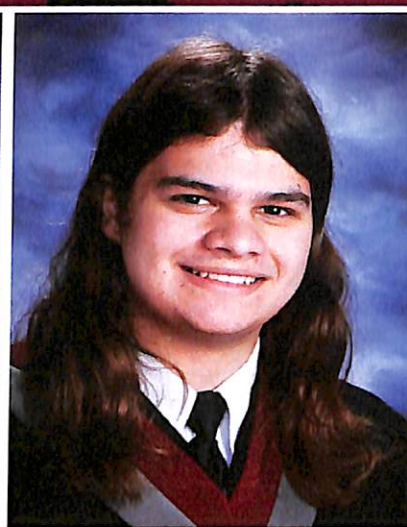
*See Sara Gilliard's Quote for
amazingness!*



Shelby Moseley



Prachi Nakhwal

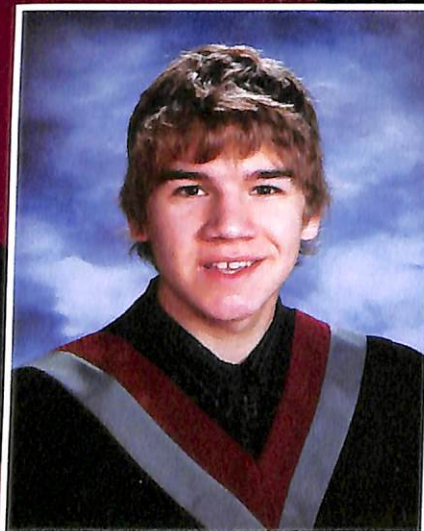


Abraham Neustaeter

*I accidentally my entire high school
career*



Christie Newman



Dalton Pettit



Jolene Plant

*Ubuchushi Kunuma Insansa
Shikakusanga.*



Dein Ploeg

*Sometimes life just seems like
chapters of goodbyes.*

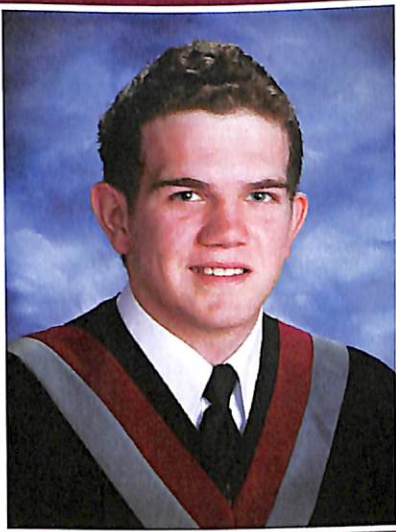


Dayna Rawlings

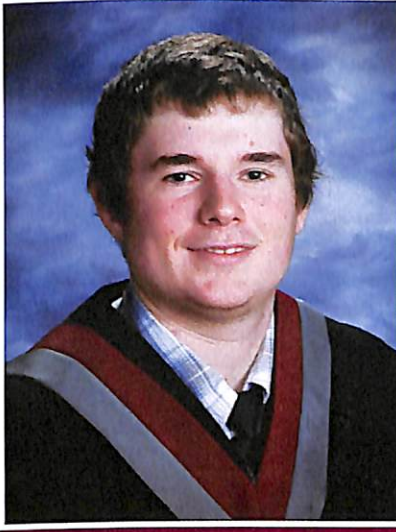


Brooke Memme

Music is the language of our souls.



Cameron Mennen



Dale Miner



Jamie Moore

Look at Nicole Archer for a Spectacular Quote.



Leah Newman

Live life with no regrets, just lessons.



Lindsey Noble

The doors we open and close each day decide the lives we live. T.W



Jessica Page



Donna Pawson

"Animals are my friends...and I don't eat my friends." G. Bernard Shaw



Timothy Reckman

And thus we are prepared to begin our education.



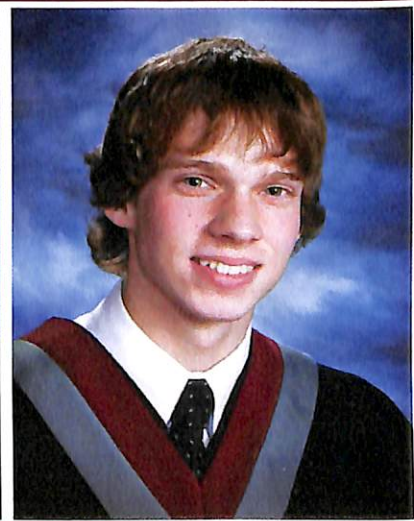
Maggie Richter

Lets get real nuts!



Janna Rutten

For the nights I can't remember with the friends I'll never forget



Andy Ryan

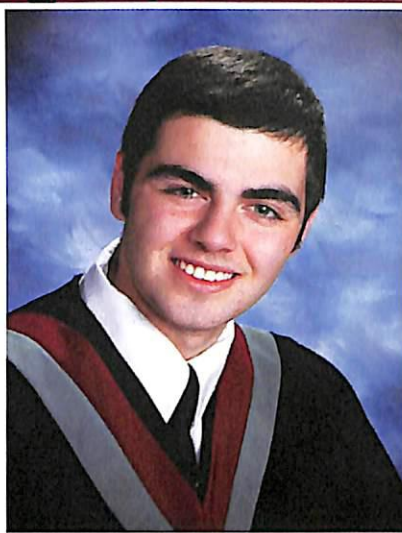


Kaylea Sercombe



Justin Sheppard

It's better to burn out than to fade away

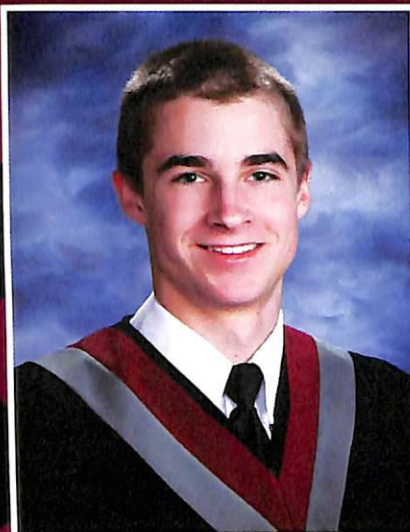


Alex Shone

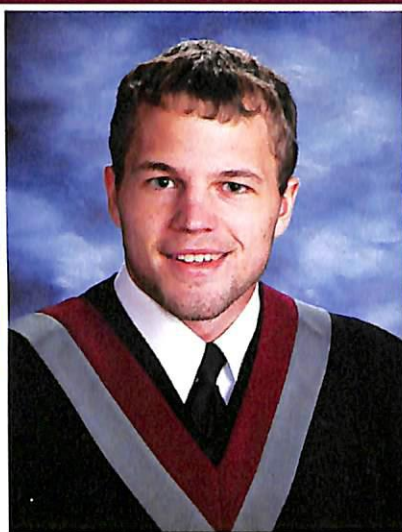


Steph SkowGeertsen

Life is too short, so love the one you got -Sublime



Kevin Smith

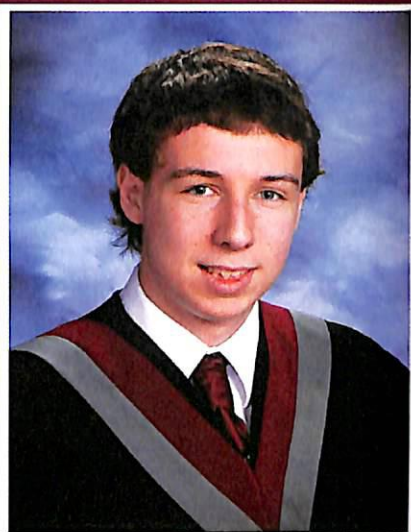


Derek Soetemans



Bridgette Somers

If you're going make sure you wear some flowers in your hair. John Phillips

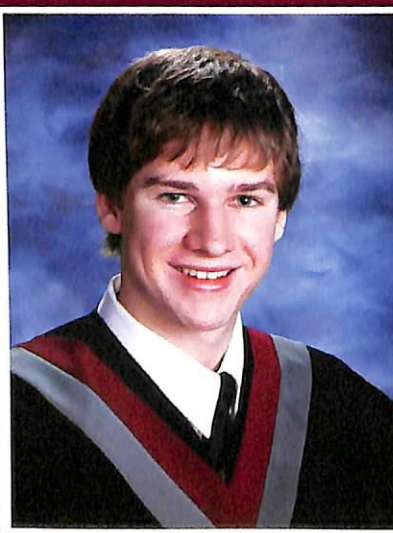


Joel Spitse



Julia Struyf

Life is pleasant. Death is peaceful. It's the transition that's troublesome.



Ben Stubbs



Jodi Stutt



Taylor Thompson

"You may say that I'm a dreamer, but I'm not the only one."



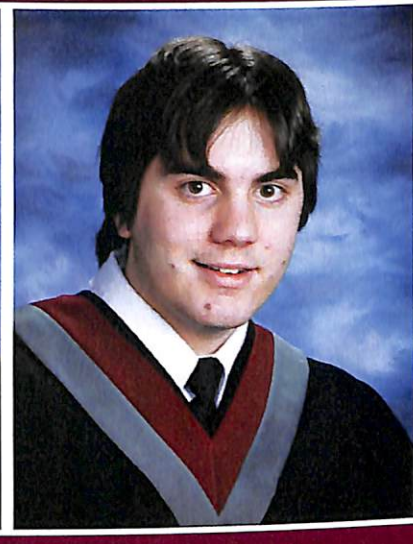
Nicholas Slegers
Laughter is the Best Medicine.



Courtney Smith
Believe!



Jade Smith



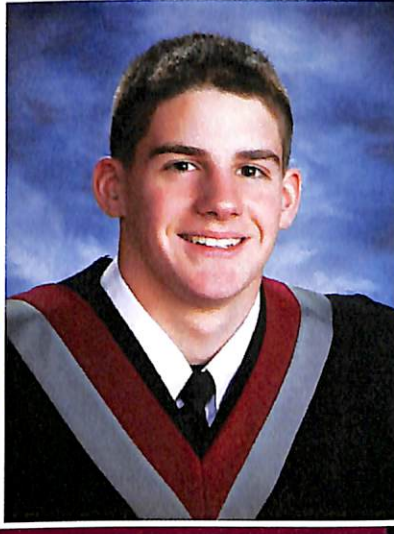
Keith Smith
Anybody can get knocked down, it's all about who can get back up.



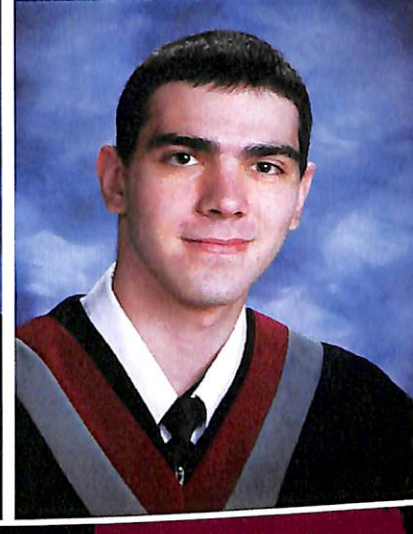
Cari Srokosz



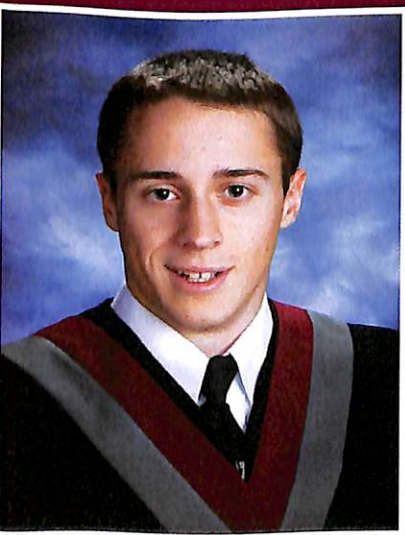
Allison Steven
"After all, tomorrow is another day."



Dylan Stewardson
Don't cry because its over smile because it happened.



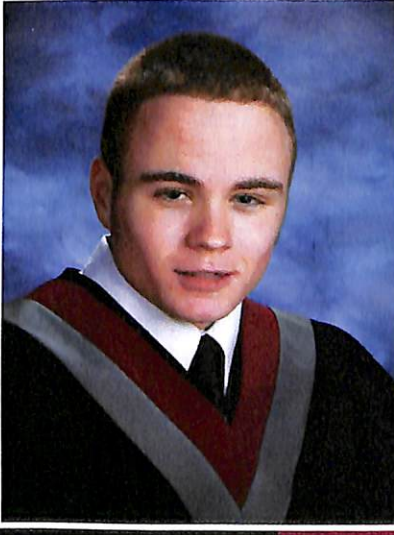
Scott Stewart
Winning isn't everything, but it sure beats the daylights out of losing.



Winston Tidball
Every time I do it, I do it for my hood.



Karlee Timmermans
Great friends are hard to find, harder to leave, and impossible to forget.



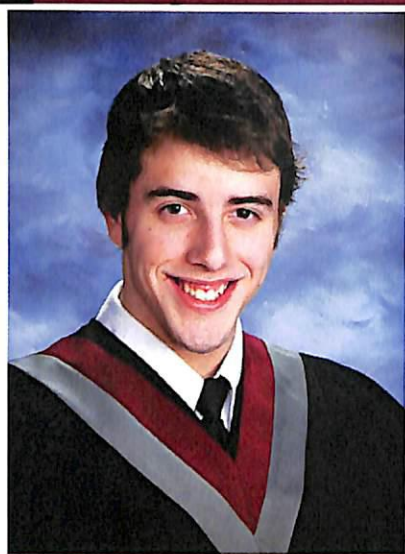
Geoff Travis
Don't judge each day by the harvest you reap but by the seeds that you plant.



Kelli Vandenboer



Alyssa VanEngelen



Michael VanHevel



Kelsey VanKessel



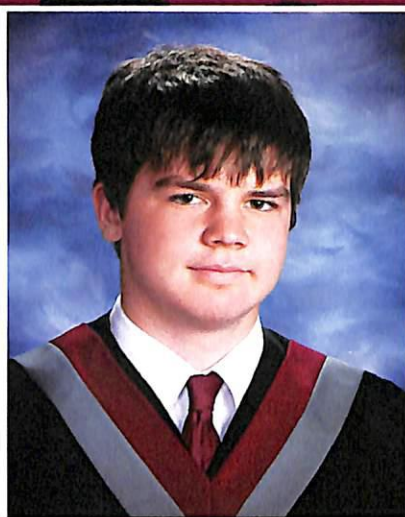
Danielle Vanos



Jamie VanRiel



Jenna Veens



Justin Veens

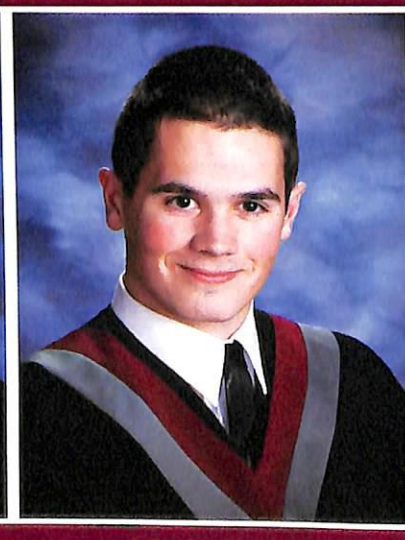


Tanisha Wayner

*Four years gone, a lifetime left.
JohnBoy and Lindzee bff!*



R.J. Wessels



Mark Wight

*Most people agree that kicking babies
is bad! - Mr. Perry*



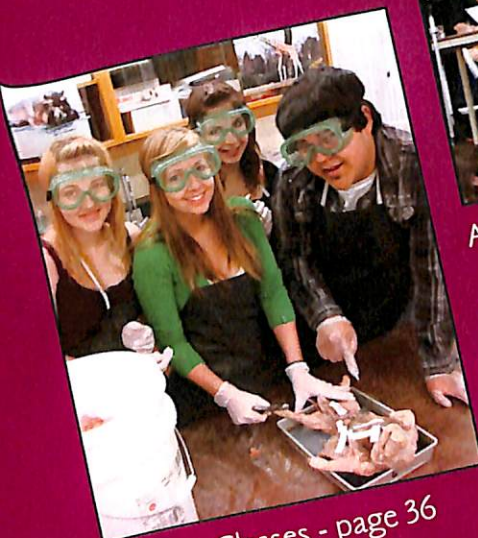
David Willsie



Bryanne Wouters

*Sometimes it's the smallest decisions
that can change your life forever.*

Academics



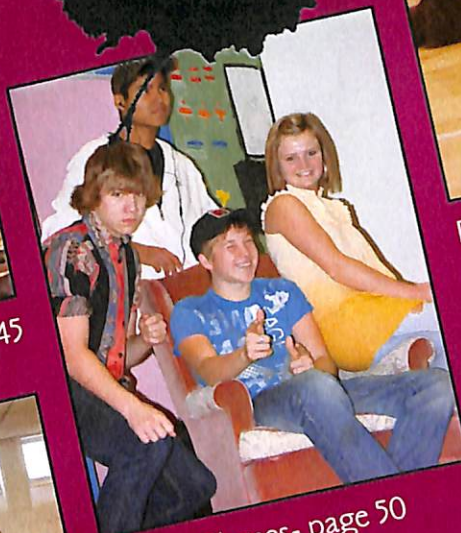
Science Classes - page 36



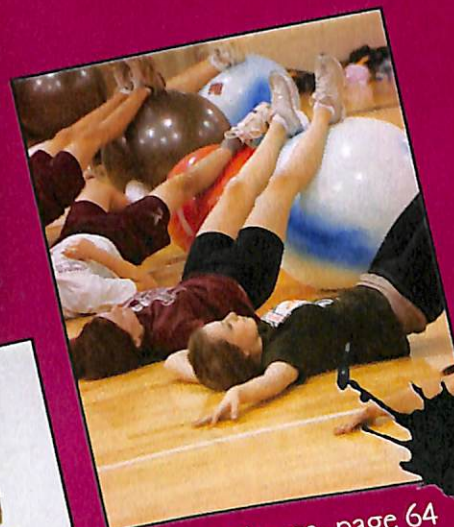
All Candidates Event- page 45



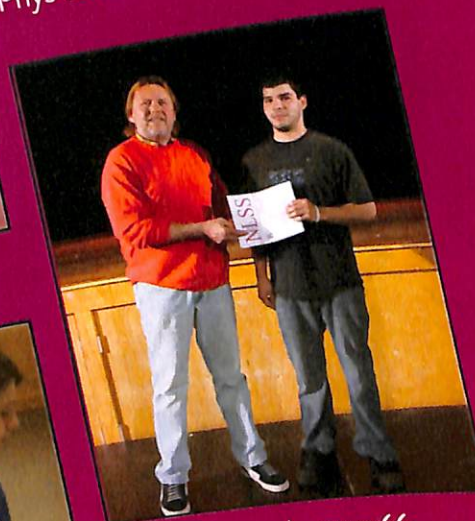
Music Classes - page 48



Drama Classes- page 50



Phys Ed Classes- page 64



Academic Awards - page 66



Art Gallery - page 42



Foods/Iron Chef - page 60

Class of 2009





Commencement for the Graduates of 2008

Mural for Life

Vanita Campbell receives the: Rotary Club of Forest History Award as well as the St. John Fisher Instrumental Music Award.

There was a sense of excitement in the air as the former students filed in for what would be one of the most memorable nights of their lives. On October 10, 2008, the graduates returned to N.L.S.S. for an evening of celebration and recognition of their efforts over the past four years. "I felt as if I had accomplished one of the stepping stones in my life," said Rusty Tedball.

The packed gym applauded for the procession of 2008 graduates. The former students received their diplomas from Mr. Morton, Mr. Lynch, Mr. Jackson, Mrs. Bryce, and Mrs. Ferguson as their pictures were taken.

A special part of the night's festivities was the awards received by many grads as well as those who were recognized as Ontario Scholars. "Although I was very proud to be recognized as an Ontario Scholar, I was preoccupied with the tassel of my cap violating my eye space," joked Luke Teeple.

The night wrapped up as the valedictorian Jarret Van Kessel gave his speech. He reflected upon good memories and revelations shared by many of the graduates. He inspired laughter as well as hope in his fellow graduates, saying, "I know that no matter what you choose to do, as long as you're happy, you will be successful."

A round of applause was followed by the traditional tossing of the caps at the end of the ceremony. "For me [graduation] was the ending that I needed to begin my new life. Seeing the smile on everyone's faces when we all threw our caps up in the air together, I felt for the first time in my life that I actually did it and I made it!" said Kirstie Boyd.

Afterwards many more photographs were taken as family, friends and graduates socialized. It was another memorable commencement for the students of North Lambton Secondary School.



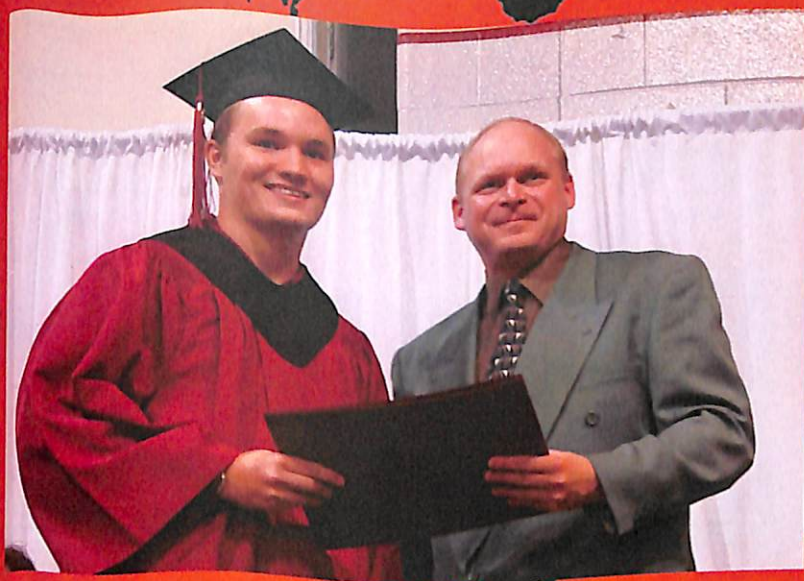
Emily Burns receives the: Amtelecom Award and Order of the Eastern Star-Forest Chapter Award.



Ryan Stevens receives the Order of the Eastern Star-Forest Chapter Award.

Chelsea Fraser, Kelsey Johnston and Jannelle Melo.





Mike Huyben receives his diploma from Mr. Morton.



Candice Worsfold receives the: Connie Harrower Memorial Scholarship, East Lambton Secondary School Foundation Scholarship, F.W. Savage Scholarship, Kiwanis Business Award, Libro Financial Group Scholarship-Watford, and the Women's Institute of North Lambton Award.



Candace Farr receives her diploma from Mrs. Bryce



Dustin Van Dinther receives the: Forest Kiwanis Club Bill Kelly Excellence Award, John Prout Memorial Award and the R. Gordon Stevenson Scholarship as well as his diploma at graduation.



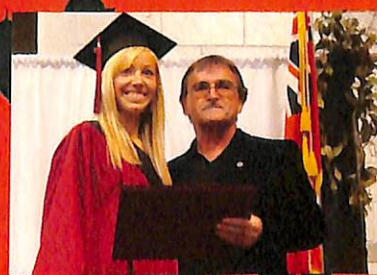
"...I felt for the first time in my life that I actually did it and I made it!" Kirstie Boyd.

Jarret Van Kessel gives his valedictorian speech after receiving the: Amtelecom Award, Colt Engineering Excellence Award, Dr. Donald Thompson Physics Award, General Proficiency Award, Governor General's Academic Medal, I.O.D.E. Pro Patria Proficiency Award, I.O.D.E. Pauline McGibbon Award, Nova Chemicals Proficiency & Citizenship Award, Ontario Power Generation Award, Rotary Club of Forest Science Award, Royal Canadian Legion Branch 176 Poppy Memorial Award.



Joanna McCandless receives the: Amtelecom Award, I.O.D.E. Bluewater Scholarship and the NLSS Library/Resource Award.

Those graduates who earn a minimum of eighty percent in their grade twelve courses are recognized as Ontario Scholars. The following graduates of 2008 received this recognition: Erika Acton, Brittany Anderson, Elizabeth Boekhorst, Emily Burns, Stacey Butt, Jordan Campbell, Vanita Campbell, Vanessa Emmons, Alannah Fanset, Candace Farr, Tracey Fisher, Kaleigh Forbes, Holly Galbraith, Kristina Geerts, Riley Gillatly, Kasey Gordon, Justine Goulet, Jaylyn Harrower, Darryl Heater, Kayla Hurkmans, Jordan Johnstone, Katie Kemp, Meghan Letourneau, Joanna McCandless, Meagan McGregor, Tyler Parsons, Wilko Ploeg, Adina Potter, Justine Sheppard, Jordan Sisler, Bryan Smits, Gregory Soepboer, Karl Soetemans, Marci Soetemans, Nicole Stewardson, Samantha Sullivan, Hailey Surette, Rusty Tedball, Danika Teeple, Luke Teeple, Cassie Thuss, Kaitlyn Thuss, Jacqueline Van Bree, Jenny Van Bree, Dustin Van Dinther, Jarret Van Kessel, Mark Van Moorsel, Eileen Watson, Shelby Watson, Katelyn Wilson and Candice Worsfold.



Riley Gillatly, Meagan McGregor, Alannah Fanset, Brittany Anderson, and Kaleigh Forbes enjoying refreshments after the ceremony.

Janie Vandenberk receives her diploma from Mr. Lynch

Tracy Fisher, Shelby Watson, Candace Worsfold, Jarret Vankessel, Jenny Vanbree, Justine Shepard, Nicole Stewardson, and Eric Soepboer laugh as their picture is taken.

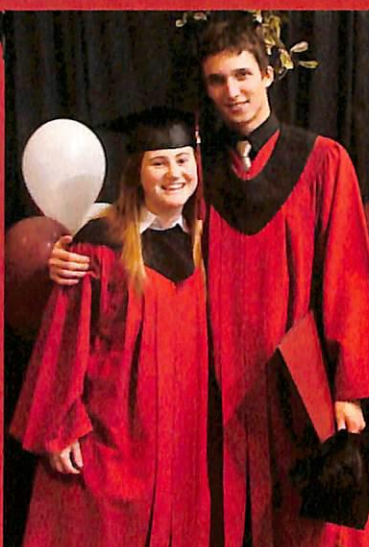
Single Award Winners:

Erika Acton: *Ontario Power Generation Award*
 Elizabeth Boekhorst: *Libro Financial Group Scholarship Award*
 Mitch Emmons: *Bluewater Ford Technical Proficiency Award*
 Kaleigh Forbes: *Optimist Club of Forest Art Award*
 Holly Galbraith: *Compass Group Award*
 Kori Garside: *OCEA Certificate of Achievement*
 Kristina Geerts: *Rotary Club of Forest Webster Scholarship*
 Phillip Grover: *NLSS Library/Resource Award*
 Jordan Johnstone: *NLSS Senior Drama Award*
 Katie Kemp: *Chatterton/MacDonald Memorial Award*
 Bryan Lacey: *Forest Automotive Technical Award*
 George Larmond: *Brandon Frederick Memorial Award*
 Adina Potter: *East Lambton Secondary School Foundation Scholarship*
 Doug Ripley: *Ontario Youth Apprenticeship Award*
 Roy Schrijver: *Richard Moore Memorial Scholarship*
 Tim Schrijver: *LR Davis Scholarship*
 Brian Smits: *NLSS History Departmental Award*
 Marcie Soeteman: *OCEA Certificate of Achievement*
 Cari Srokosz: *Writers Craft Award*
 Ryan Steven: *Order of the Eastern Star-Forest Chapter Award*
 Nicole Stewardson: *Forest Veterinary Clinic Award*
 Kaitlyn Thuss: *Royalty Rebekah Lodge*
 Charlie Vanderhoek: *NLSS Senior Drama Award*

Danika Teeple received the *Association of Principals Student Leadership Award*, *Canadian Merit Scholarship*, *Canadian Millennium Award of Excellence*, the *Rotary Club of Forest Award*, and the *Royal Canadian Legion Branch 176 Geography Award*



Kevin Downie, Parker Lindsay, Adina Potter and Doug Ripley try to pose for a snapshot.

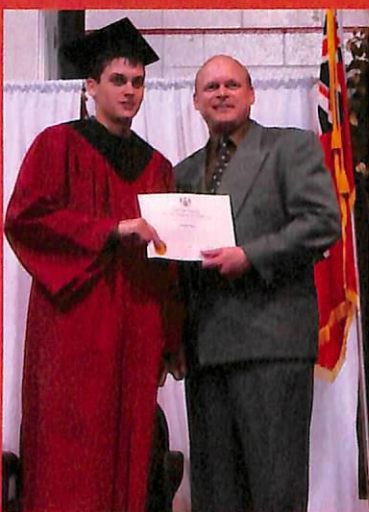


The Graduates celebrating by tossing their graduation caps in the air

Jordan Campbell was the recipient of the *Dr. William F. Hutton Award*, the *Forest Masonic Lodge Award* and the *Rotary Club of Forest Mathematics Award*.



Darcy Vanderboer receives the *Catholic Women's League Progress Award*, the *Foster Thompson Memorial Award*, and the *Ontario Youth Apprenticeship Award* from Mr. Lynch



Jordan Sisler receives the *Ontario Scholars Award* from Mr. Morton



Shelby Watson receives the *Bob Purves All-Round Student Award* and the *Forest Community and School Involvement Award*



Cavin VanWolde receives his diploma from Mr. Lynch

Class of 2009

MESSAGES TO THE GRADUATES



Congratulations Bryan!

We are very proud
of you !!

Love Mom, Dad and Brad

Experimental Colours

SCIENCE CLASSES

Crazy Experiments, dissections, chemical mixtures and more... Everyday in science class something interesting is going on. Physics, Biology, Chemistry and overall General Sciences were all on the go at NLSS and students had no shortage of experiments to conduct.



Dr Reid with his cleaning supplies from the messy egg drop.

Katie Stutt and Tyler Boyd working on pig dissection during science class.

Felicia Vankoughnett, Amy Batten, Carlee Clark and Carett Cloud identifying the body parts on their fetal pig.

Grade 10 science class out collecting objects for a project.





Jimmy Dejeu preparing his slide for the microscope.

Grade 10 girls studying and recording their results.

Felicia Vankoughnet and Gerett Cloud helping the environment and gathering things for science class.

Jordan Ceerts looking through the microscope during science class.



Mark Wilcox throwing his egg container for his messy results.

Kim Eastman trying out the "Static Ball"

Olivia Kraft viewing her slide through the microscope

Fetal Pig project done in science class

Mr Singh participating in a class lab.



NLSS Math and Science students compete in Academic Contests

Bright Colours on the Palette

Each year, various universities throughout the province provide students with the opportunity to compete academically in specific subjects. This year, students competed in two subject areas: Math and Physics.

Students did an amazing job with the academic contests throughout the semester; there was a lot of ambition and confidence from all the students who participated. At the Academic Awards ceremony in June, the participating students were presented with certificates of achievement outlining their standing in the competition. Taylor Spradbrow and Xander Ward were giving the Sir Isaac Newton Physics award from Waterloo University. Max Fisher and Rachel Acton received the grade 11 Physics contest award from the Ontario Association of teachers. Dr. Reid must be very proud of his physics students.

Several students also participated in the Math Contest this year. Two students were given awards for their academic skills, and a few of our students were presented with Certificates of Distinction. We all should have guessed that our fellow students would do their very best, especially with Mr. McBain as their math coach. All of the students that participated in the academic contests put their heart and soul into their work. Our students must really enjoy this competitive side of Math.

Chris Geerts, Keith Smith, Dan Boyd, Brock Surette, Benjamin McIntyre and Tim Reckman receiving their Math contest certificates and medals from Mr. McBain.



Taylor Spradbrow, Xander Ward, Dr. Reid, Max Fisher and Rachel Acton are presented with their Physics contest certificates from Dr. Reid.



Painting the Buzzer

Reach for the Top

Originally a TV game series on the CBC, Reach For The Top took place in British Columbia in 1961. High school students then began playing the game within their schools across Canada and it didn't take long for Reach For The Top to catch on as a venue for fun. The North Lambton

Reach for the top team experienced a lot of that fun during regular and playoff action throughout the year. Our team played 3 regular season matches at St. Clair Secondary School for a total of 12 games all together.

The team competed in both

intermediate and senior divisions. The intermediate team finished in 5th place with 3 wins and 9 losses and the senior team placed 6th with 3 wins and 9 losses. The teams tried their best and competed in a very challenging league throughout the year. Even

though both divisions fell short of the championship, they still held their own and finished the season proud of themselves and their fellow team mates. Mr. McLean was very pleased to see the many new faces on the team; he is always looking for new recruits for the upcoming seasons.



Obidiah Atkinson, Aaron Cassidy, Colten Gowan and Mr. McLean.
Justine Soepboar, Nicole Cassidy, Jolene Plant, Jordan Johnstone, Eric Soepboar, Melissa Zavitz and Mark Wight.

Creating A Colourful Palette

Visual Art Classes



(above) Taylor David, and Kayla Clark working on their personal art projects.

(right) Grade Nine Forest Fair winners with their entries.



(above) Grade 9 students pose during a gesture drawing exercise.

(below) Rydie Wright working on a pencil drawing in class.

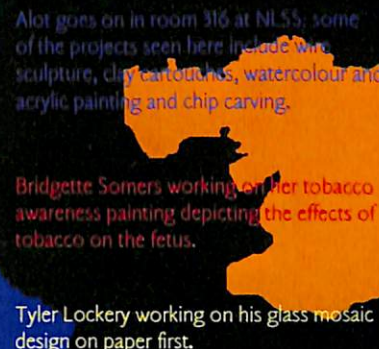
Dani Edmundson working on her horse wire sculpture.



Cory Taylor working on a glass mosaic.
Harland Lichty working on paper collage.

T.J. Blyde cutting glass for his mosaic.





Alot goes on in room 316 at NLS5; some of the projects seen here include wire sculpture, clay caricatures, watercolour and acrylic painting and chip carving.

Bridgette Somers working on her tobacco awareness painting depicting the effects of tobacco on the fetus.

Tyler Lockery working on his glass mosaic design on paper first.



Jen Laird beginning her grade 12 painting on a social awareness subject - smoking.

Jamie Mayer, Mike Laucier and Doug working in class.

Tim Redman working on their paintings.



(above) Kate Delmage working on her end of the year personal artwork.

Jamie Mayer begins his first painting of the semester.

Carl Srokosz working on her guitar painting as a homage to her brother.

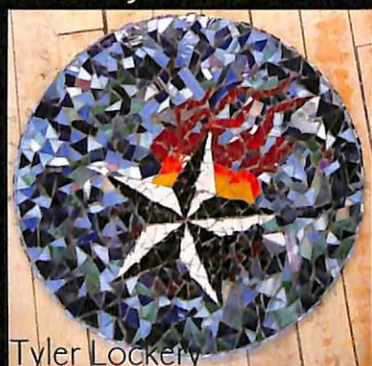
In The Gallery



Ashley Gallant



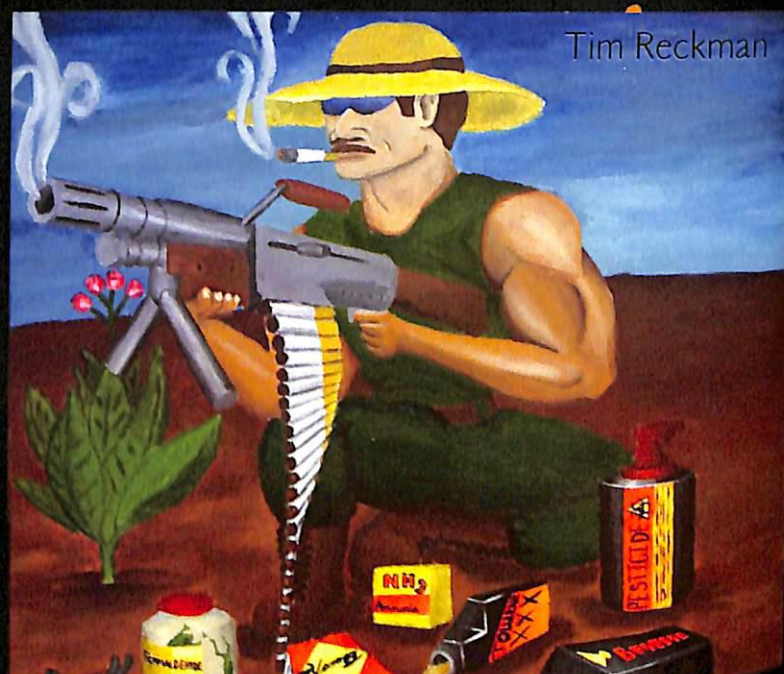
Nikki Dejeu



Tyler Lockery



Carl Srokosz



Tim Reckman



Jacqueline George



Kristen Wight



Beth Wiendal

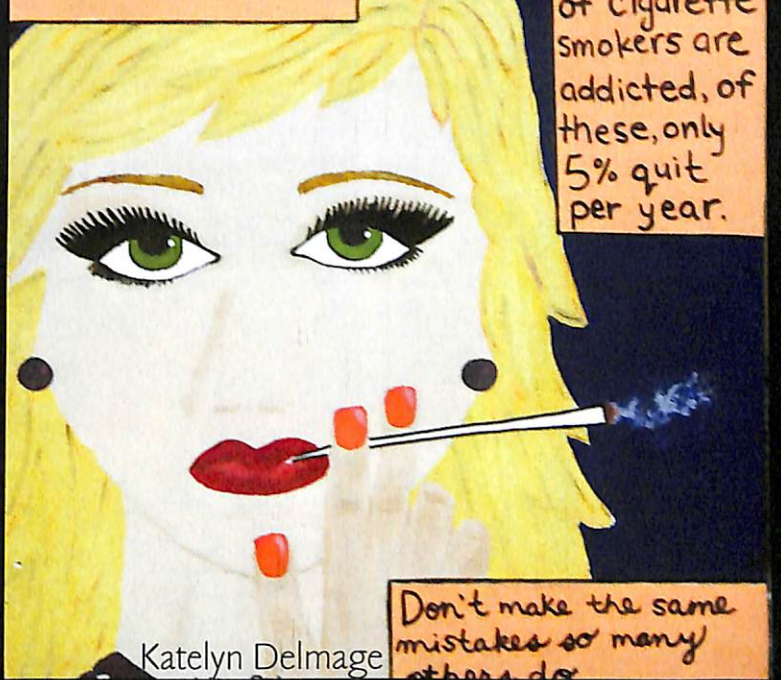


Harland Lichty



Kayla Clark

How did I become
another culprit of
this terrible addiction?



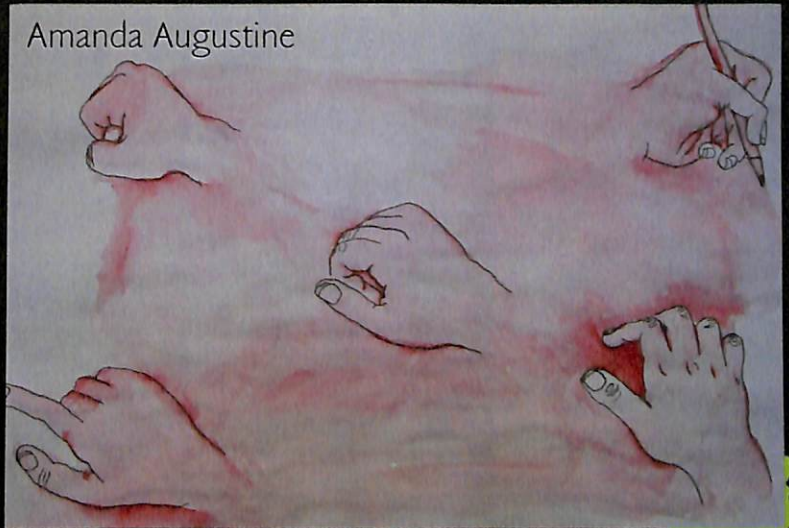
Up to 90%
of cigarette
smokers are
addicted, of
these, only
5% quit
per year.

Katelyn Delmage

Don't make the same
mistakes so many
others do



Amanda Cohoon



Amanda Augustine



Kristen Wight



Rachel Geerts

Taking Art to the Next Level

Media arts is a class that teaches you about new art technology. It also includes digital art, computer graphics, computer animation, virtual art, internet art and many more. They students learn things both on the computer and out of it. This class can prepare some students for the future.

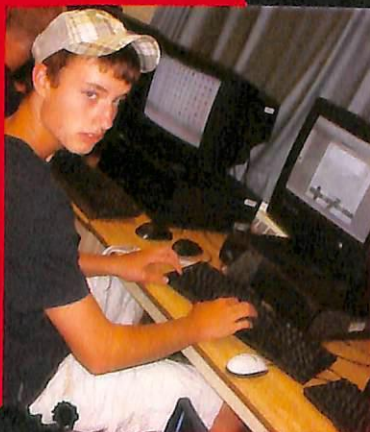
You learn how to make claymation art work which is when you create a great piece of art with plasticine clay. The students have made many things for example they had made a worm set that looked very real they also made a hula set and they had done some CD cover that looks very great. The claymation is a very unique idea and if you want to ever make a movie to do with clay this class would help you do a lot.

James Davidson is working on his masterpiece to get it finished as soon as he can.



What is this "New Kid"? Can you guess the movie he is used to make this portrait by Nathan Taylor.

Sean Parker is at work in the computer room.



Nichole Savore in 2nd, Natasha Collette in 1st and Tehi Szanyi in 3rd place for the media arts division at the Forest Fair.

Michelle Medellin-Salas, Shane Johnson, Sean Parker, and Ginger Carter worked in space on the characters for their claymation.



Charleen Burman and Kyle Allen working on their project together finishing up the worm project.



George MacLean, Stephen Marking, Jessica Campbell, Jordan A. Estep and worked on the bus and ended up with a master piece.

Printing Politics!

Let's Get Political

Students were lucky enough to have the federal electives come to the school on Friday October 3, 2008, to give speeches and answer any questions the students had. The grade tens, elevens, and twelves

sat in the cafeteria through an intense period D class. In that 70 minutes of hot topics the students and electives both got worked up, with disagreements, discussion, and entertaining questions.

The students got to learn a lot about what each party had to say and their opinion on how they would change things.



(top) Mr Singh, Reg George, Jim Johnston (Green Party), Joe Hill (NDP), Mike Janssens (Christian Heritage Party), Jeff Wesley (Liberal Party), Bev Shipley (Conservative), Mr. McLean, Mike VanHevel, Abe Neustaeter, Alex Shone, Dalton Pettit, Tom Genovy and Jaylyn Harrower.



Tom Genovy introduces the candidates for our provincial election assembly.

Jessica Dorman and Emily Jackson asking questions referring to the student body.



Jaylyn Harrower asking all of the candidates an interesting question.



Colour With A French Twist

Trip to St. Donat, Quebec

Students in the junior and senior french classes once again got to experience Quebec. Madame Leclerc and Mrs. Sander took any students in the french classes who wanted to go on a four day trip to St. Donat, Quebec. There was a chance to downhill ski, snowboard, cross country ski, and even snow shoe. The purpose of this trip was to expose the students to everything that is french every year as a tradition. The students learned a french

song and this year was no different. The song was later showed to the school at the morning announcements. The students and parents on the trip all enjoyed the dance, shopping, and all the fun in the snow.

Paige Herrington with their tour guide teaching the basics to the other students.

Showing off how tough they are, some students enjoyed the road hockey.





For the students who really enjoy music, making their own french song was the best part!

Danielle Stevens playing one of the many fun games the students played in St. Donat.

Two students at a yed lots of delicious food and then they were the students looking out the fire of the

The Art of Sound

MUSIC CLASSES

Throughout the halls, it is common to hear loud noises reverberating. The sounds come from the variety of places, most notably from instruments and voices from room 115.

Mrs. Williams, Mr. McGregor, and Mr. Dumais form the music team, with special guest visits from now retired Mr. Williams. The music team shares their wisdom with interested students school

wide.

The junior and senior vocals classes create beautiful melodies, while jazz, junior band, and senior band classes create catchy symphonies to tap along to.

At homecoming, in the main foyer of the Lambton Shores Arena, Mrs. Williams' class performed for the spectators of the Eagle hockey games. "The music set

the mood when everyone was walking throughout the foyer," Emily Melo, a grade 12 student comments.

A trip to New York in April was held for dedicated music students, where they visited a number of tourist sites. "The trip was so great! It was a once in a lifetime experience! I'm so glad that I had the chance to go," states grade 12 student Shannon Kelly. Melina Douglas tells of

her experience in New York, "Looking down at the city at night from the sky scraper was the greatest part of the trip. I am so glad I took vocals and was able to go."

On music nights, all the music classes perform for an audience of parents, fellow students, and community members.

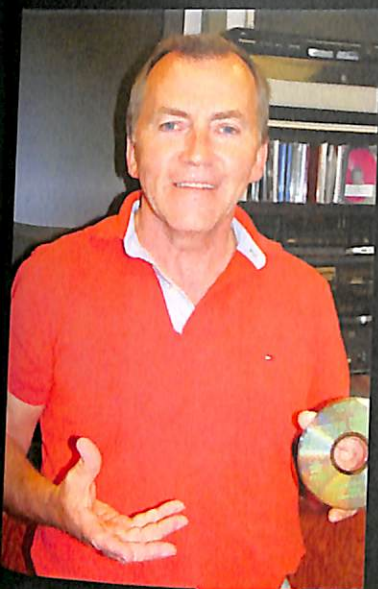


Kyle Tedbak plays the drums in Mr. McGregor's senior instrumental class.

Jack Vanderberk, Charlie Vanderhoek, Karly Charrette, Dalton Pettit, and Luke Teeple make some noise!

Reg George takes a moment from guitar playing to reflect on his skill.





Mr. McGregor gets ready to show the class a preview of their next song.

Mrs. Williams directs the senior vocals class as Mr. Williams keeps the beat on piano.



The senior vocals class sings to the beat as Tyan Bailey prepares for her solo.



Ian Maw, Dalton Pettit and Paige MacDonald take a break from singing to show their enthusiasm for vocals class!

Tasha Ferguson, Chris Geerts, and Joe Larmond play the trombone together.



Jack Vandenberg rocks his solo as the seniors vocal class backs up his act.



Hannah Teeple and Emily Jackson face-off with their saxophones.

Dalton Pettit and Will Szanyi play some percussion in Mr. McGregor's class.



The Dramatic Side Of Art

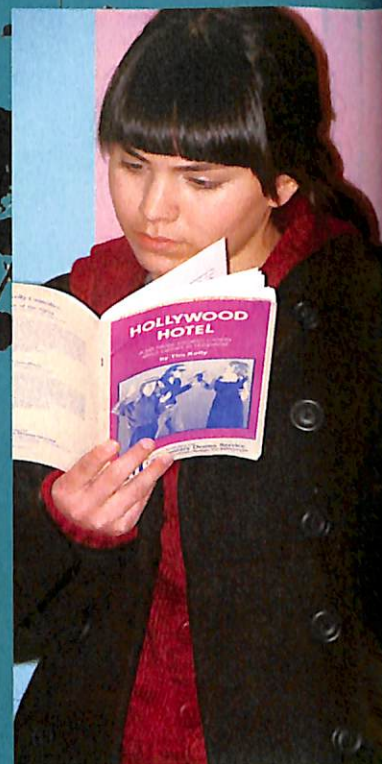
NLSS SENIOR DRAMA CLASS PRESENTS HOLLYWOOD HOTEL

The drama department here at NLSS has so many great students wanting to participate. From Hollywood Hotel, to "Grease", to just day trips to see a play,

there is usually always a large group of students willing to join in. Hollywood hotel was a small play put on by the senior drama classes. The spring play

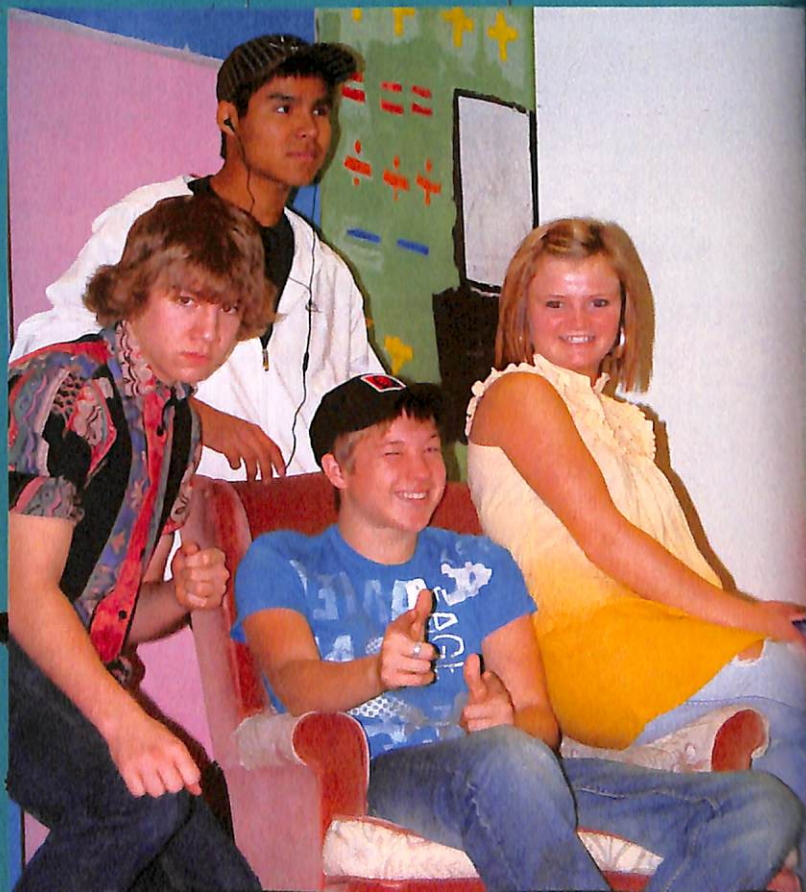
this year was "Grease" and was one of the most favoured plays done so far by the students. There is no denying that these students work hard for these acts.

Melissa Aguirre knows what to do and is studying up on her lines before she makes her debut.



The way Sharmen Kelly and Michael Van Nessel can act, you would never know it was just a play!

Dalton, Ryan, Kiana, Kaitlyn, Tyler, Aaron, and Cayla are taking a break out to pose for the camera.





Hecker Keshish and Dallas Padgett prove they know how to act with their performance in Hollywood Hotel.



You can't be too serious when your in drama. Jack Vandenberg and Michael VanHevel liven things up with a little dance.



Technical Strokes

OUR EAGLES IN MANUFACTURING USING THEIR TOOLS AND BRAINS



Mike Cornelissen, Brett Dew, and Greg Sheppard picking out a winner from the Back-the-Track calendars.



Megan Cates working on her measurements in class and pausing to smile for a picture.

Manufacturing is a class of learning and building on your own ideas. Students build and create projects using welding and glass works.

"EVERYDAY IS FRESH AND NEW," MRS. WARD SAYS. "EVERYDAY IS FUN AND YOU GET TO KNOW YOUR STUDENTS AND HAVE A BALL!"

But don't get too relaxed! Manufacturing is a tough course. When mistakes happen it can be very dangerous; you have to be very precise, smart, aware of your actions. Also, make sure you clean up after yourself or Mrs. Ward will crack down on you! Remember that 600 word essay you had to write, Sean Stuart?

"MY FAVOURITE PART OF MANUFACTURING WAS THE WELDING AND CREATING YOUR OWN DESIGNS. IT'S A GREAT WAY TO EXPRESS YOURSELF," SAYS CHAD VENDERHEUVEL, A GR. 10 STUDENT.

Some awesome projects made this year were by Jasmine Therrien and her stain glass window panels, Kate Delmage and her- motorcycle, and Sean Stuart with his Trans Am symbol. These projects were made with creative minds and a lot of dedication.

The differences between construction, tech/design, and auto to manufacturing are that in manufacturing it is more of a process, you can use any material, there are less rules to follow in designing, less guidelines, more ideas and tons of building! Manufacturing is a skill you can take anywhere. Even if you decide to follow through in a different career, it's a skill that you can use and take with you to do home projects in many ways.

Manufacturing is a great way of exploring your ideas and building skills! It is a fun course, a great way to interact with people and work together, but also a great way to be independent with your designs.



Jake Waller working on his stained glass work and posing to get a great picture in class.



Kate Delmage showing off her amazing stain glass artwork she made.



Daniel O'Hagan grinding glass and getting a pretty picture taken for the yearbook.



Cody Thompson, Jesse Nethercott, Alex Waters, and Justin Hurkmans working as a team and very concentrated on their work in class.



Mrs. Ward won a cake on K106.3 from Sticky Fingers for the class for being great!



Will Milliken-Wentz giving the thumbs up manufacturing while having fun in class!

BUILDING THE CANVAS

Construction Students Using Hammers and Nails to Build Art

In the year 2009 the construction class created houses, stools, adirondack chairs and bridges. These projects required focus, precision, and total hands on skill. "All projects turned out great. I was really impressed with everyone's input and effort." Mr. McGregor said.

Students were also very happy with the final product. "I did really well I think. My bridge was really strong and I tried really hard. It was actually a lot of fun" Tanner Ulrich says.

Another project created this year was the adirondack chairs. They were created to be strong, comfortable, and look awesome! "The chairs turned out really nice, we got to sit on them and relax after a class of hard work." Adam VanEngelen says.

The construction course offers experience, knowledge, fun, and everyday skills; a great course for all ages.

At NLSS, construction courses are available to all grades. The course becomes more challenging with every advancing year. Gr. 9 introduces you to a variety of new frontiers for your learning experiences. It involves construction, manufacturing, horticulture, auto and computer technology. In grades 10 to 11, construction courses requires you to design, build and evaluate each project using design instruments, machines and hand tools. In Gr.12 the course advances into more residential construction and more complex construction systems.

Ryan Dekker putting together his Adirondack chair in class.



Chris Stevens showing off his masterpiece with Dale Miner posing behind.



One of the major projects of the year was the stools. The students made stools that fold and were all very proud of their final product.



Alex Fraser, Chris Laforge, Bart Vermeer, Brent Andriash, & Cam Fraser showing off their man made stools.



Tanner Ulrich showing how strong his bridge is and Dale Miner there for support.



Mr. McGregor giving thumbs up to his students for their excellent, hard work.



Garrett Cloud building his project with complete focus.



Scott Kingston being very precise with the machine he's using.

Engines & Oil Paints

The Auto Class Hard at Work

While the students in our auto classes are learning how to do an oil change, repairing lawn mowers engines or just washing cars they are always listening to the BX 93 radio station. Many of the students really enjoy auto like Scott Kingston who said, "I have taken auto all four years of high school and plan on continuing after I graduate". Even for the students who are taking the class for the first time and are still learning the basics along with getting to do hands on work. This year all of the tech classes at NLSS go to travel to Detroit to visit the

Henry Ford Museum on May 13th. The classes got to spend all day looking at old cars, tractors, airplanes, and tractors. They spent the lunch hour at the Michigan Cafe. "I learned a lot at the Henry Ford Museum, I would definitely go again", said Chad Dudman. Our auto teacher Mr. Ryan has been with us at NLSS for the past 2 years. He was a mechanic for twenty years. Mr. Ryan is a big supporter of the eagle's nest. His knowledge of cars is legendary at NLSS. He is able to fix almost anything. According to Mr. Ryan "If I can't fix it with a

sledge hammer it's an electrical problem". The auto students really enjoy their time in the auto shop. According to Cody Ulrich "This was my first year taking auto and I am taking it again next year". Kevin Smith said, "Everyday is a class in auto class". Cole Baerley was a peer tutor a grade ten class this year. "I was able to help the students out a lot and also taught them a few things as well." "Bowles garage supports the auto class." Said by Brandon Smith.

Tylor O'Neil patching up a tire with pride.



Tyler VanDer, Shane Kelly, Robert Tuck and Bradley Clark are trying to get an engine up and running.



Max Bailey and Conner Caughy using a wrench to solve their issues.

Mr. Ryan giving a hands on lesson about the art of welding.



The Mustang GT 40 was one of the cars that was on exhibit at the Henry Ford Museum in Detroit.



Joey Degroot and Jeff Veens using teamwork to solve an engine problem.



Eagle's Green Team in action with ... NATURE'S ART

Our horticulture class helps keep NLSS clean and colorful. They plant flowers and they raise money for the horticulture program. The students in this class learn a lot about planting flowers and the responsibilities that come with a plant. They learn the difference between annual and perennial flowers also about the flowers that can be in shade and the ones that need to be in full sun. They also get taught how to grow a proper flower bed and the different ways to plant specific plants. "Life's a guardian dig it" said Alex. "Life of a seed and how much you have to care for it. It's a sweet class, I learned a lot about flowers." Said Tanisha Wayner.

The Students have gone out into the community and help prune plants and fix some guardians in the parkette. The students also get taught how to prune plants and how to landscape and what plants look good together. They also get taught how to weed a garden and how to keep the weeds out. They also learn about plant propagation and the students have learned to take care of their own guardians and how to keep them for a long time. Also how much you water your plants indoor and outdoor. "If you want to increase your knowledge about plants take horticulture." Said Justin Hurkmans. The horticulture

class will help a lot if you are looking into going to be a landscaper when you graduate. The horticulture class is a great start for a new guarding. "Life is like a guarding you work on it all the time but you still get weeds" Said Mrs. Hilborn.



Ian Maw closely examining the earth and it's properties.



Tyler Brian, Andrew Frayne and Justin Hurkmans preparing for some manual labour.

Amy Batten and Garette Cloud showing of a long day of hard work cleaning up te area.



Andrew Frayne and Alex Dortmans keeping the foliage alive in the greenhouse.

The horticulture class of 2009.



Tanisha Wayner, Tyler Brian and Mrs. Hilborn working hard to keep a clean enviroment.



Justin Hurkmans exiting the greenhouse with one of the former inhabitants.

Andrew Deletela surveying the sence for his future project.

Students Mentoring Students Helping to stretch the Canvas

Students teaching students? Peer tutoring is a course students can take at NLSS; the course prepares the student to take on leadership and peer support roles. It's a chance for the senior students

to mentor other students that are in grade 9 and 10 classes.

"Students are involved with other students." Says Mrs. Willick, teacher in charge of Peer Tutors. "Students usually pick the subjects

they do well in to peer tutor."

The peer tutors help the classroom teacher by taking attendance, doing one on one mentoring, as well as group mentoring small groups.

About 50 students a year take peer tutoring and enjoy doing it. "It's awesome, because I help students." Says, Candace Flater, a peer tutor in Mrs. Sanders gr. 9 math class.

Celine Comley helping out Cassidy Wolfe in Mr. VanKessel's grade 9 English class



Brenden Campbell is a peer tutor in Mr. Wilson's grade 9 Phys. Ed class



Cole Burnley and Ryan Eastman. Cole is a peer tutor in Mr. Ryan's grade 10 Auto class



Candace Flater peer tutors students in Mrs. Sanders grade 9 Math class.

Melissa Zavitz peer tutors Megan Johnstone, Caitlin McLean and Morgan Miller in Mr. Dumais grade 9-drama class.



Gavin Letourneau is a peer tutor in Mr. Hoornweg's grade 9 Business class.



Peer tutor Kelsey VanKessel with Adam VanEngelen posing for a picture in Mrs. Johnson's grade 11 Fitness class.



Testing the Canvas

Co-op is a good start for students

About 80-100 students take Co-op every year at NLSS. "It allows students to experience a profession or a job they express an interest in". Says Mr. Schalk. Co-op course requires 220 hours and is worth 2 credits. Some students

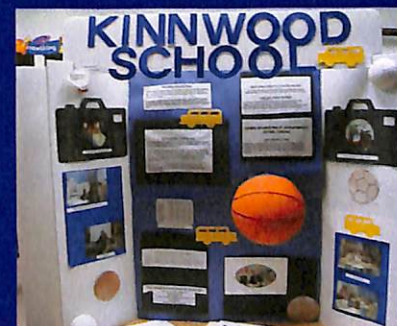
of NLSS that had taken that co-op course before have been offered an apprenticeship toward the trade they are interested in. Co-op courses are placed everywhere the student takes interest in like hospitals, farms

and automotive shops, some college courses require students to have done a co-op as part of the entrance package like vet technician, x-ray technician and

Katie Osborn had coop with North Lambton Rest Home.

nursing. So if you take an interest in any type of trade, take the co-op course next semester or year.

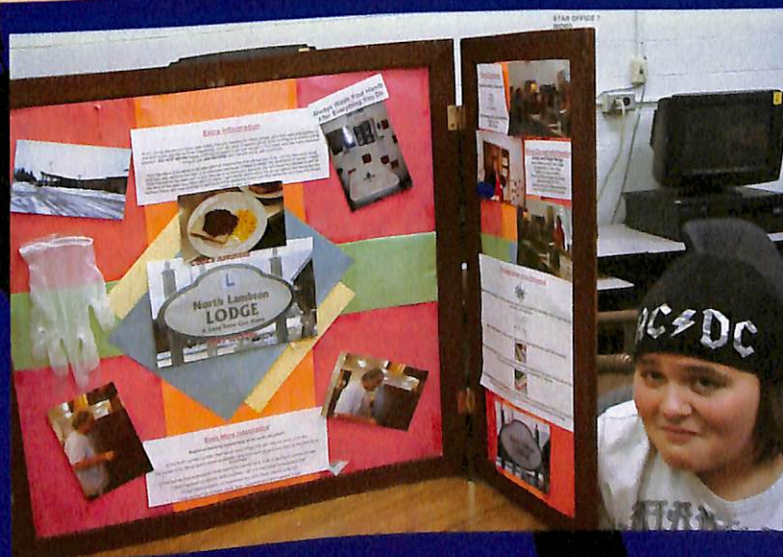
Kyle Tedball's co-op project on Kinnwood School.



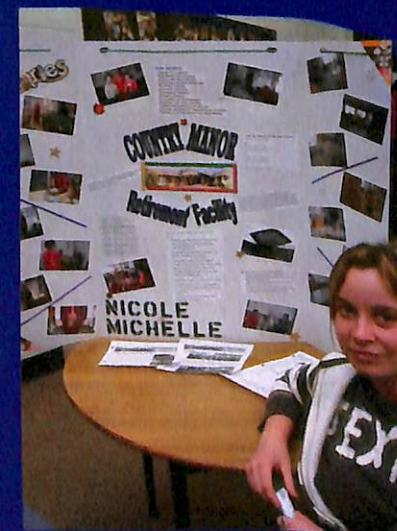
Tylor O'Neil working on a tire in co-op.



Cheyne MacKenzie did co-op with Ontario Early Years Center.



Tyler Lockery had co-op at North Lambton Lodge.



Michelle MacGregor had Country Manor Retirement Facility as her Co-op.



A SPLASH OF GOODS

FROM OUR EAGLES - NEST, CLOTHES, CANDY, AND MORE

We sell it all: name brand clothes, cookies, candy, popcorn..." Mrs. Robinson tells students as they walk through the halls of the school. You can get it all and get it cheap here at our Eagles' Nest.

The Eagles' Nest is a little Good Will store run by the D.D. class. It is located in the front foyer of the school and runs during lunch. Its purpose is to teach the D.D. class about life skills, how to run a store and how to work with money.

Clothes, candy, cookies, and little ornaments are sold everyday of the week and popcorn once a week. Bargains can be had with prices ranging between \$0.25 and \$10.00, everything from Garage to Tommy Hilfiger. So check out this neat little store and you're sure to be pleased.



BACK ROW: Left to Right: Mrs. McPherson, Christina Vanderhoek, Dylan Eishor, Mrs. Starkman, Charlene Vanderhoek, Mrs. Robinson and Jake Holbrook

FRONT ROW: Left to Right: Mitch Bui, Tracey Louks, Kayea Sencombe and Megan Simpson



Kelli Vandenoer and Mike Vanhevel are buying some cookies for a snack at break time from Megan Simpson outside of the Eagles' Nest.



Entrepreneurship class takes a risk

Painting the Business World

"In the business world you have got to be touch" explains Mr. Douglas, Entrepreneurship teacher to Garrett Pedlar.



The one and only, Mr. Douglas taught entrepreneurship class. He did a great job of teaching his students how to start their own business, promote it and make it successful. When asked how he believed the students would benefit from this class he replied, "85% of people in the workforce own or work for a small business. The management and business skills learned in this class will help students start their own business or find a job they enjoy!"

A few projects the students did are case studies, researched Canadian

inventions and have done advertising analysis. They decided that it was in their best interest not to put on the entrepreneurship fair. Instead, their culminating activity consisted of creating a venture plan outlining how they would start their own business.

The students who took entrepreneurship were very impressed with how much Mr. Douglas taught them. Krystal Waller said, "This class was great! I learned a lot from Mr. Douglas. Since I'm interested in business this class was great."



Mr. Douglas and his class take a break from learning about businesses!



Krystal Waller, Garrett Pedlar and Rebecca spend much of their time on the computers in the business world.



Ben Davies, Ben Melville and Tyler Bryan following the footsteps of Mr. Douglas into the business industry!



Nancy Wilson and Felicia Vankoughnett working together on an assignment.



Josh Kemmer and Dustin Cronkwright working on their culminating activity.



A student working very hard on their project on the last day of school!

Steve Dorman and Jenny Laird hanging out in Entrepreneurship.



SPICING UP THE PALLETTE Eagles In The Kitchen

The food classes picked up a spatula and cooked their way through the year. Grade 10 and 12 classes began to experience cooking cultural foods throughout the semester.

As Mrs. Hoskins supervised, the grades competed to become the Iron Chef's of their class. On December 11th the grade 10's and 12's put their skills to the test as they competed against each other to win the title of Iron Chef. A variety of delicious desserts were presented to the judges, which contained the secret ingredient, cinnamon.

The panels of judges for the morning Gr. 10's were: Mr. Hales, Mr. Ryan, Mr. Van Kessel and Mr. Reid had a difficult task on their hands. For the afternoon grade 10 classes Mrs. Martin, Mr. Hines, Mrs. Petrus, Mrs. Sanders, and Mr. Reid judged the

Katie Osborn, Haley Sterling, and Caitlin Byrns showing their orange muffins.



Meghan Jennings and Ben Stubbs get ready for a day of cooking.

contest. Taking the win for the grade 10 classes were Laura Mennen, Telsi Szanyi, Brittany Nethercott, Monique Soeteman, and Kelsey Pettigrew, and Megan Johnstone, Kaleigh Smith, Kelsey Worsfold, and Anne VanAdrichem.

Mr. Tichenoff, Mr. Lynch, Mr. Sheeler, and Mr. McBain had the opportunity to enjoy the grade 12's appetizing savories and desserts dishes. The secret ingredient that every dish had to contain was ginger. "The Iron Chef competition was intense yet fun" says Sara Gilliard, Grade Twelve. The winning group called 'Ben & The Ginger Snaps', which included Karlee Timmermans, Kayla Clark, Meghan Jennings, Stephanie SkowGeerts, Tanisha Wayner, and Ben Stubbs, received the honour of Iron Chef.

Shannon Veeke cooking her masterpiece.



The award winning dessert from first semester won by Ben & the Ginger Snaps

Mr. Tichenoff and Mr. Sheeler concentrate hard on making their decision.

As second semester approached the grade 10's and 12's were at it again competing for Iron Chef. Judging this fun and exciting competition on May 14th for the grade 12's were Mr. Mclean, Mr. Tichenoff, Mrs. Ferguson, and Mrs. Hilborn. Each of the grade 12's desserts and savories had to contain the secret ingredient maple syrup. "One must prepare for these kinds of things" says Mr. Tichenoff as he tested all the savories.

The grade 10's had to create a dessert with the flavor of banana. The grades 10's were judged by Mrs. Starkman, Mrs. Martin, Mrs. Parlo, Mr. Morton, and Mr. Ryan. It was a difficult choice but the winning group for the grade 12's were the 'Tree Huggers', which included; Bryanne Wouters, Jen Geerts, Meghan Gilfoyle, Prachi Nakhwal, and Karla Kerrigan. The grade 10 winners, Paige Herrington, Stacie Core, Meghan Kelly, Ashley General, and Rachel Collier won the competition and were named Iron Chef. "It was an amazing class," said Ben Stubbs Grade Twelve.



Amanda Shawnoo, Jilanda Szmielt, Laura Melville, Megan VanMoorsel, Katelyn Delmage, Kelsey Worsfold, Anne VanAdrichem, and Kaleigh Smith working together



Mrs. Sanders and Mrs. Petrus taste testing the competition.

Shelby Holmes giving us a sneak peek at her pie

Meghan Gilfoyle and Jen Geerts showing us their picture perfect salad



Jessica Campbell preparing for Iron Chef.

Bryanne Wouters and Prachi Nakhwal making sure the place is spotless!



Eli George and Gabo Contreras taking a break from class

Stacey Core, Paige Herrington show us how to knead dough.



Mr. VanKessel, Mr. Hales, and Mrs. Hoskin taking a break from judging

Mr. McBain, Mr. Lynch, and Mrs. Hoskin judging away

Alex Waters washing his hands for safety

Stephanie Thuss, Jaime McKellar, and Robyn Skinner waiting anxiously to present to the judges

Jack Vandenberg and Eli Born getting judged



Kayla Clark getting her pumpkin pie ready to bake!



Iron Chef winners: Tanisha Wayner, Meghan Jennings, Karlee Timmermans, Stephanie SkowGeertsen, Ben Stubbs, Kayla Clark, Stacie Core, Meghan Kelly, Ashley General, Rachel Collier, Megan Johnstone, Telsi Szanyi, Laura Mennen, Christina Veens, and Kelsey Worsfold

Taking the First Baby Steps

Students learn life lessons in Parenting

At the beginning of the semester, Ms. Pardo, instructor of the parenting class, made the mistake of telling her parenting classes that when she was younger, she used to get called Jennifer Aniston. For the rest of the year she was known as Jennifer. "Nice!"

The highlight of the parenting class each year would have to be the *Baby Think it Over Program*. The students get to take home a program-mable, very lifelike baby and tend to its needs for a given time period. It is a real lesson in parenthood for our young students.

Another highlight of the class is

"Noelle", the life-size female doll who came for a 'visit' and gave birth in front of the class.

As Ms. Pardo would say, "Got to love that ring of fire! Ouch!"

When Ms. Pardo, aka "Jennifer" was asked how she felt about teaching this class, she replied "I love teaching this class, but would LOVE to see a man teach the class. It would certainly offer a different perspective. I would also like to see it as mandatory course."

Who says what you learn in school won't be used one day!"

Shawna Trowel and Katie Stutt are the baby ready to take home for the weekend.



Emily Mellon and Charleen Burman strike a pose with the baby.



Madame Lefebvre and Katie Stutt doing the belly comparison. Can you tell who has the 'real' baby in their belly?



From left to right are Courtney Clark, Kimberly Eastman, and Holly Andrew with their babies.



Stitchin' It up . . . in Fashion

Jaime McKeller sewing the last few pieces together.



Imagine being in an all girls' fashion class, where you can create your own personally designed accessories and clothing. This is not intentionally an all girls class, it just worked out that way this semester.

Starting off the semester, students worked small creating pincushions. "Don't forget to make them nice and full, with lots of wool!" said Mrs. Hoskin, fashion teacher.

The class got to make their own socks, next, getting to choose their own colours to add that personalized touch. Knitting together scarves was a challenge for some at the beginning but once the methods were understood the class flew through the project.

The final two projects for the class turned out to be the most unique and Jessica Hodges and Shelby Holmes posing in front of their sewing machines.

ultimately the most useful. They were the 'rag bag' and 'pajama pants'. The 'rag bag' using a fun technique which allows students to use a variety of fabrics sewn together with exposed hems to give it that raggy look. The pajama bottoms are always a hit as project as it uses soft flannel fabric to create cozy sleepwear.

The highlight of the semester had to be when Mrs. Hoskins teamed up with the S.C.I.T.S. fashion class to plan a trip to Toronto. The two classes travelled by coach to Toronto and explored high-end clothing shops such as GUCCI, Prada, NIKE, and more. They then ventured to Ryerson University to attend the fashion show put on by the Ryerson fashion students. Of course, on the way home there was a pit stop at the Square One Mall for the "shop till you drop" extravaganza!

Robin Skinner cutting more material for her ragbag.



Erin Gordon knitting together her scarf.



From left to right are Felicia Vankoughnett, Jordanne Estergard, and Kristen Ward.

Dayna Rawlings, Kelli VandenBoer, Brittany Britton and Morgan Hamilton just got done another ride down the hill in gym class.



Mrs. Johnson took her class out to go sledding and decided to try it herself!

Abby Richter and Tessa Hutt flying down the hill while in gym class.

The grade ten fitness class doing a work out at the YMCA.



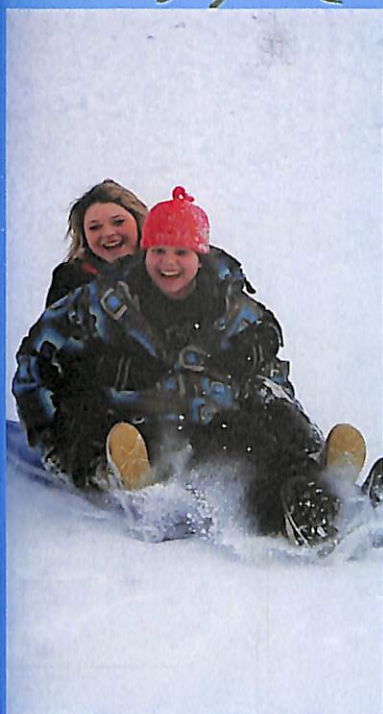
Grade nine Lindsay Morgan doing a work-out with her phys. ed class.

Dylan Soetmans and Shannon Veeke working out in fitness at the YMCA.



Garnet decides he wants to try going down the hill with the grade tens.

Doreen Watson and Emily Brooks seem to be enjoying tobogganing.



Colour Me Active

I Like to move it, move it in Phys Ed!

Lauren Boyd and Jennie Wilson take a break from tobogganing to take a pretty picture.



Phys. Ed and fitness class are a way for the students to get active and have fun at the same time. A lot of students like gym because it's fun and you get to hang out with your friends at school. Students take fitness because they want to get in better shape. Fitness and gym are both really great classes for everyone.

In phys. ed the students play games to be active. Some of the games they play in gym class are flags, floor hockey, kick ball and tennis. Adam VanEngelen said, "Gym is the best class of life! Phys. ed is a fun way to meet people as well. In gym class, you can let loose

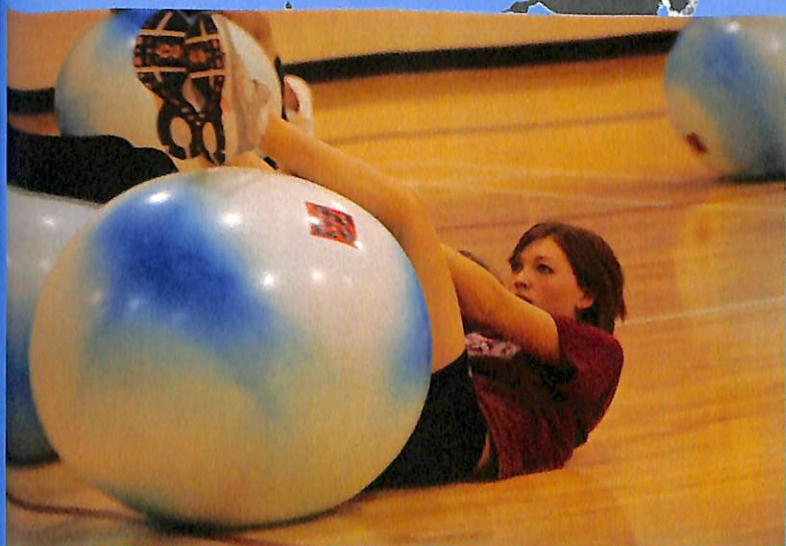
and talk to more people and show them who you really are. Jason VanEngelen said, "Gym is my favourite class! I met so many new people and made great friends."

Fitness class is a little different. You still play games but most of the time you're working out some part of your body or running around town. A few of the workouts that are done in fitness are: 300, Ab Attack and 24. Rebecca Nixon said, "Fitness was the hardest thing I've done this year, but I loved it!" For some students it's really tough and for others it's a piece of cake!

Monica Mayer and Emily Wilcox sledding down the hill with the rest of their gr.9 class.



Chris Lane looks like he's doing the robot when he should be working out.



Sara Rooney doing perfect high knees for the grade nine gym class workout.



Kaitlyn VanEngelen attempting a crunch while in fitness class at the YMCA.



A Gallery of Success

Academic Awards Recognize Achievement

On June 11, 2009 the Academic Awards Assembly took place in the cafeteria. The teachers presented awards to students who achieved academic excellence and displayed leadership throughout the school year. The junior and senior students attended separate ceremonies.

In addition to plaques for specific awards, certificates helped recognize those who were *Top in Class*, *Hardest Working*, *Most Improved* and had the *Best Project Letter Awards* were given to those students who were involved in many aspects of school life. Students had to have earned three points during the school year to be eligible for a school letter. One point was awarded for maintaining at least a 75% average, and one point for every sports team or other extracurricular activity the student was involved in. Those who earned their first letter in grade nine will be able to achieve all four N.L.S.S. letters by grade twelve.

The Academic Assembly is a chance for students to be recognized for their achievements in and out of the classroom. It reinforces the importance of hard work and dedication to one's academic and extracurricular pursuits.

Brittnee Garrett receives multiple awards from Mr. Heinz.



Rob Rogers receives the the Rebecca Persons Memorial Study Hall Award from Mr. Hanson.



Kara Kerrigan receives her award from Mr. Heinz in front of the Senior grades.

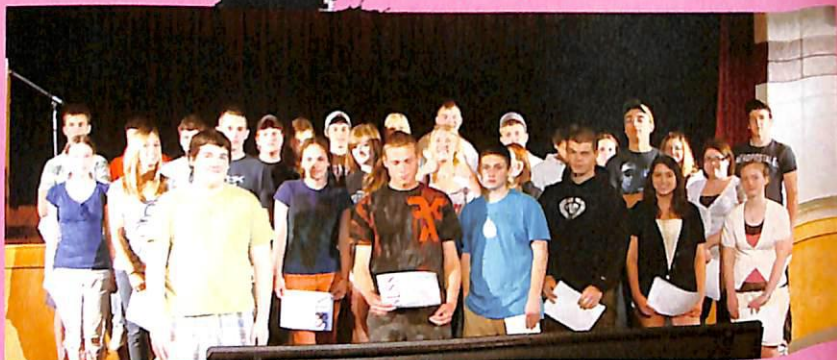


Katlyn Clark receives her Junior Award.

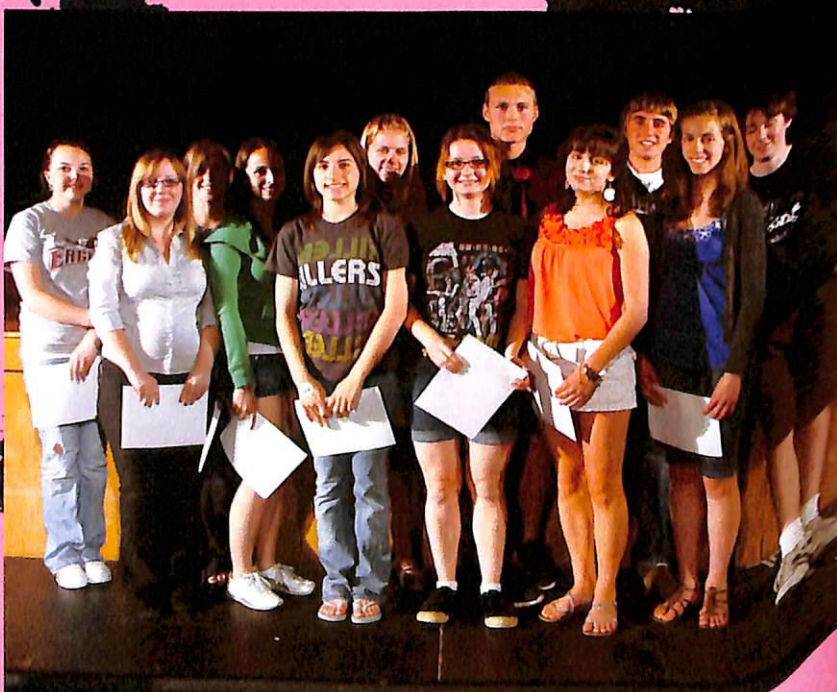
Patrick Elrafih receives the Library Award as well as his Top in Class Award. This award is selected by the library personnel and recognizes a student of any grade that makes good use of the library's many resources.



The grade eleven Top in Class award winners receive recognition for their accomplishments.



The Senior Letter Award winners are recognized for outstanding accomplishments within the school community.





Mitch Geerts, Keith Smith, Dan Boyd, Brock Surette, Ben McIntyre, Tim Rockman and Mr. McBain. These are winners of senior distinction in math. Any student that placed in the top 25% of all contest writers in Canada is presented with a certificate. The top student in each grade for the Fermat and Euclid contests are presented with a medal as school champion.

Katie Delmage receives her certificate at the Junior Awards ceremony from Mr. Heinz.



The Grade 12 Top in Class Award winners. These students strive for excellence and are over achievers. They have the highest mark in their class or course.



The Grade 11 Hardest Working Award winners. These students have been recognized as committed to their academic success. These awards are an important accomplishment and one to be proud of.



Musical Leadership Award: Rusty Tedball; Music Executive Leaders Award: Sari Vossen and Brooke Meeme; Outstanding Musician: Derek Soetemas.



Justin Hurkmans receives his junior award.



Alex Gordon receive her junior award.

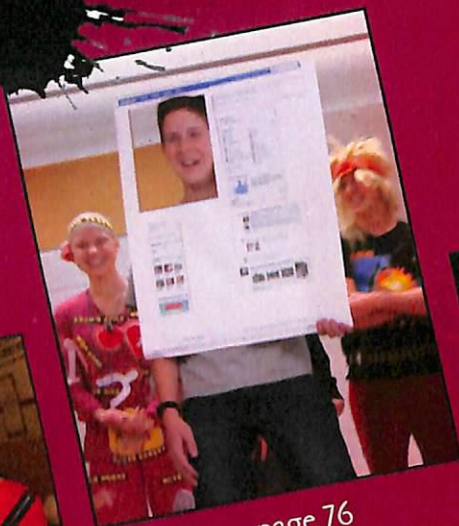


Joe Larmond and Mark Wight receive the Theatre Tech. Award. Tom Genov, Shannon Kelly and Michael Vanhevel receive the Outstanding Performance Award. It is given to the top Sr. performer of the year. Jolene Plant and Ian Maw receive the Shining Star Award for a first time performance in the their senior year. Tyan Bailey receives the Production Award. Aaron VanderBent receives the Golden Ham Award for best comic performance.

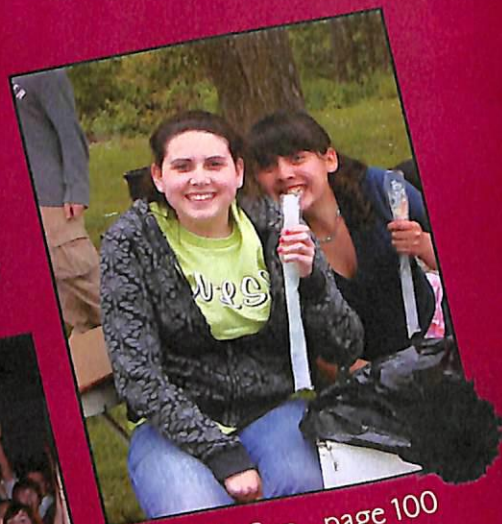
The grade twelve Hardest Working Award winners.



What on @ NLSS



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Fun in the Sun - page 100



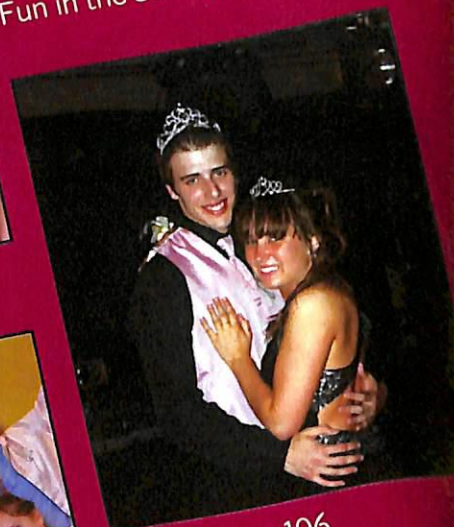
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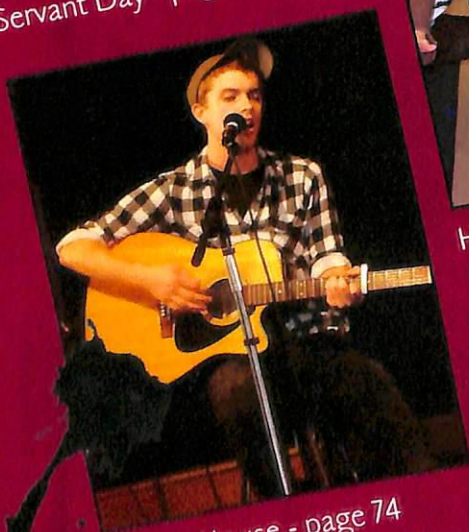
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SAC is busy throughout the year Arranging the Canvasses

SAC, the student activity council, is a group of student that volunteer each year to make the school a better and fun place for you. They put together many of the activities and contests that we have throughout the school year.

The beginning of the year began with our annual Canned Food Drive in support of the local food bank. Our

hardworking students raised over 6000 cans of food and earned the entire student population free admission to our Annual Homecoming at the Forest Arena.

Spirit Days were a hit as usual - with students sporting appropriate attire on such theme days as duct tape day, cowboy day, horror day, super hero day and 80's day. Students dressed up

to earn points for their grade level and got rewarded with candy as the SAC reps moved from class to class to record participants.

Another of the activities, Fun in the Sun Day, held at the school on June 26th was one of the highlights of the SAC organization. This year we were blessed with warm sunny weather as students

made there way from activity to activity on the back hill.

The student activity council changes every year, but one person remains the same - our staff advisor, Mr. Moergeli. SAC met in the SAC room on the lower floor every Tuesdays and Thursdays during lunch. Congratulations to all the students of SAC who work hard each year to make our school a unique one.

SAC Executive- 2008-2009:

Co-Presidents- Shannon Kelly and Brooke Memme

Vice President: Charlie Vanderhoek

Public Relations: Emily Jackson

Treasurer: Keith Smith

Secretary: Sari Vossen

Senior Events: Hailey Sterling



Being on SAC is not always hard work, as evidenced by Emily Jackson here. Sometimes it is just plain old fun.



Candace Flater listens intently as members of SAC discuss ideas for the upcoming year.

Brooke Memme, Hailey Sterling, Shannon Kelly, Keith Smith, Luke Teeple and Sari Vossen at the canned food drive collection



Shannon Kelly, and Keith Smith discussing strategy at the student council meeting



Painting New Faces

Orientation Day at NLSS

The orientation assembly is held within the first week of school for all students, but is especially important for new grade 9 students. Mr. Morton and Mrs. Ferguson welcomed all students to the school and in addition, set out the rules for the school year. Mr. Morton, our

principal for his 2nd year, also presented the student activities council leaders for this year so that students could become familiar with who organizes some of the extracurricular activities at our school. The executive had their opportunity to expand on their job for the student

body. In addition, Mr. Morton's speech recounted his views on our school in his first year and encouraged all students to show eagle spirit by getting involved. New vice-principal, Mrs. Ferguson was also introduced to the student body.



Hampton the school mascot dancing around.



Grade 9's and 10's listening to the inspiring speaker.



Grade 11's and 12's show their listening skills for the presenter.



Mrs. Ferguson, the new vice principal talks about how great our school is.



Students intensely watch while student council presents upcoming events at the school.



Mr. Morton delivering his first day of school speech to the students.

The Art Of 'Slavery'

Servent Day

One day, someone had a crazy but great idea. This person thought it would be a memorable start to the year for Grade Nines to have the ability to boss the senior students of this school around for a full day. Imagine these fearful Grade Nine's in control of the rulers of the roost. Against their better judgment, many Grade 12 students allowed the niners the torment to them for the full day, taking it all in stride.

The Grade Nine's thought of the craziest things they could for their servants, making the Grade Twelves carry their books, wear the most ridiculous

outfits and making them do the most embarrassing things.

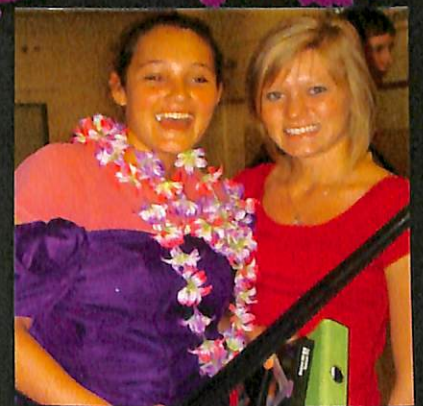
It didn't take long for many of the Grade Nines to take full advantage of such great power and those who did had a great day and even made a friend or two.

For many of us, the first day of highschool is the scariest. The NLSS Eagles welcomed their new eaglets with all the energy and enthusiasm they could muster this Servant Day.

Hector Wassaykeesic, Dylan Stewardson, Jamie Van Riel, Dawna Pawson, Karley Charrette and Courtney Koolen posing in room 213C.



Dylan Stewardson showing his feminine side.



Cheyne Makenzie carries Lindsay Morgan's books all the way to third floor, wearing a silly dress to boot.

Get involved; Be an Eagle Painting up the walls

At the home of the Eagles, North Lambton students are offered numerous clubs. Our school has newly introduced two new clubs that are being offered for students: Gamers' Lair and Dragon boating. Clubs that have continued from the past years include the Athletic Association, Key Club, Student Council, Drama, Manufacturing, Living Out Loud, Vocals, Class of 2009, Environmental Club and the Health and Wellness Committee. All clubs are open to anyone in any grade. If you are interested in planning our school events, you should think about joining the Student Activities Council. They plan everything from school dances, fundraisers, Fun in the Sun, Christmas Assembly, theme days and Matchmaker. Students can go to Club Day to get information about certain clubs that they would like to attend that year. Taking part in a club is a great way to meet new friends and get involved. Dragon Boating and Gamers' Lair are the two most recently added clubs that have been offered this year. Inspired by canoeing in the pinery, ideas began to generate and dragon boating was then made into a club. Many people joined

Mike Vanhevel, Jack Vandenberg, Nicole Cassidy, Donna Pawson, Bridgette Somers and Alli Steven having a blast at dragon boat practice.

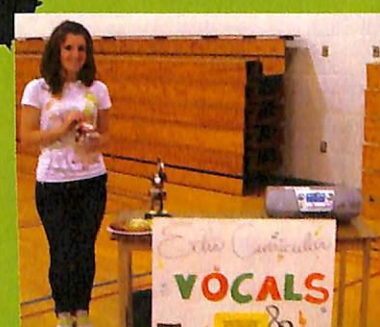
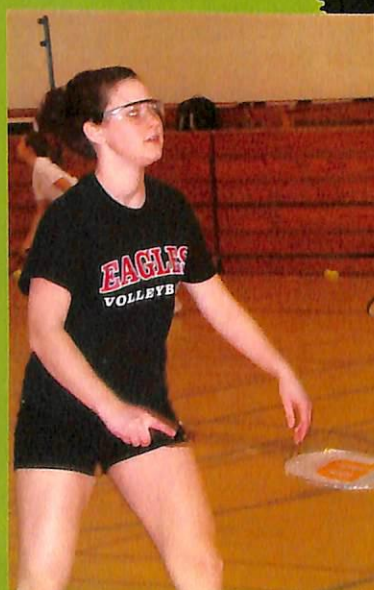
Bridgette Somers in front of the gym making smoothies to help raise money for the health and wellness committee

the club and it's been a great success." It's great to be involved with such a positive and funny team. They make me laugh every practice," said Donna Pawson, the co-captain of dragon boating. Students wanted to enjoy the video game action while at school, so during lunch period the Gamers' Lair is a place for many. Students spend their lunch indulging in non-stop video game action. Students played an intense Rock Band tournament. "Video gaming is a culture in which people can take on a second identity and when that second identity is a sweaty rock star, life is good," said Mike Vanhevel, one of the winners of the Rock Band competition. The lair ton of upcoming tourneys, competition and even Player vs. Player. Bring a friend and play head-to-head with them to see who is the ultimate video game champion. Come out to the Lair and be an Eagle.



Jaylyn Harrower, showing off her creative presentation about the Drama Club to Students on Club Day.

Jenna Armitage, Showing off her skills in the gym as a team member of the badminton club.



Nichole Savoie, Expresses her love for vocals using her presentation for students on Club Day.

Members of Student Council, Shannon Kelly and Keith Smith use their planner to discuss important dates.



THE CLASS OF 2009 COMMITTEE BRINGS SPECIAL EVENTS TO THE CANVAS

The Artists of Events

The members of the Class Of help to create some of the most memorable events of the school year. Class of 2009 meets every Wednesday at lunch in the Career Center to bring such events as Commencement 2008,

Semi-Formal, and Prom to life. This difficult task is reserved for grade twelve students looking to take a leading role in the creation of these special events. "I'm grateful that these students [Class Of] take time out of their busy schedules to help

create memorable nights for the rest of us," said Allison Steven.

With the help of Mr. Morton, the staff advisor, and the dedicated fifteen senior students, these events went off flawlessly. When one becomes a member

of Class Of, the committee helps them build their organizational skills and learn to handle stressful situations.

The committee took shape in September with nominations for executives within the group. The result of the vote placed Maggie Richter as President, Jenna Veens as Vice-President, Melanie Deschutter as Treasurer and Cari Srokosz as Secretary.

On October 10, 2008, Class Of made Commencement a wonderful experience for the graduates of 2008. After they completed this event, Semi-formal was fast approaching. This meant many days of hard work for the committee including hiring a decorator, selling tickets, organizing the Semi King and Queen vote, preparing the guest book and many, many more details that went into the evening of December 5, 2008. Class Of received plenty of recognition for the wonderful night enjoyed by the student body. "I never appreciated all the hard work and time that went into organizing events until I became a member of Class Of," said Brittnee Garrett.

Class of 2009 Members:

Back Row: Maggie Richter, Melanie Deschutter, Bryanne Wouters, Jodi Stutt, Brittnee Garrett.

Middle Row: Tommy Genovy, Donna Pawson, Bridgette Somers, Danielle Vanos, Candace Flater, Karlee Timmermans.

Front Row: Jenna Veens, Jenn Geerts, Cari Srokosz, Meghan Gilfoyle.



The committee discussing the details of prom in the Career Center at lunch.



Kayla Clark and Bryanne Wouters painting the beautiful mural for prom night.

Jenna Veens, Vice President; Melanie Deschutter, Treasurer; Mr. Morton, Staff Advisor; Maggie Richter, President; Cari Srokosz, Secretary.

After a hiatus for holidays and exams, Class Of was back in full force to start preparations for prom: their most high profile event. The committee used the resources of the community and enlisted Marge Rutten for decorating "A Midnight Masquerade". The artistic abilities of Class Of member Bryanne Wouters and fellow grade twelve student Kayla Clark were utilized to create a beautiful mural of the interior of an elegant castle. It is evident that Class of 2009 is essential to the success of these popular events.

A Colourful Palette

Talents, Coffee and Treats

On September 25, 2008, Students of NLSS performed in the cafeteria, with acts of music, singing, and reading poetry. The coffee house was held at 7pm, many people showed up, and supported the performers and drama department.

Many students and teachers had participated, and helped out to make the coffee house a reality. Mrs. Hoskins food class had prepared the delicious treats they had served at the coffee house. Mr. Dumais' seniors drama class had helped set up and organize the event.

The coffee house was a big hit and hopefully more to come.

Garrett Pedlar sang a wonderful song while he played guitar



Luke Teeple singing while on guitar. Gavin Van Wolde also played guitar and Dalton Pettit played the drums in this trio.

Derek Soetemans played guitar as Dylan Soetemans sang and Kyle Tedball played drums



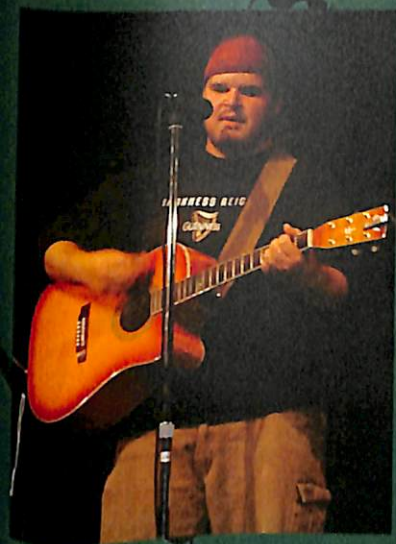
Shannon Kelly sang a solo



Alicia Veens sang a solo



Emily Jackson is played the piano and vocal, also in another act she played guitar



Chris Kettleson on the far left played guitar and sang for his act



Ryan Downie in the middle, played guitar and sang for his act



Mitch Bullen was reading a poem he composed



Zac Aitken played piano and sang.



Connor McEachern was reading a poem he composed.



Chelsea Nethercott played guitar while Hannah Teeple sang.



Nate Teeple and Luke Teeple both played guitar and sang.



Nicole Savoie sang while her mother Cindy Slegers is playing the guitar.



Sarah Dumais did a solo while Mr. Dumais accompanied her on guitar.



Elijah Bailey got into the act and dressed up for his solo performance.

PAINTING IN DISGUISE

A colourful Halloween

Walking into the school on October 30th 2008, you would have seen students dressed up all up and down the halls. The Halloween spirit brought some crazy costumes to NLSS. From fairies to cowboys, everyone was having fun. "The large number of students participating shows that our school spirit is alive and healthy," says principal Mr. Morton. "Halloween is a time to dress up and to show your creative and school spirit," according to Danielle Vanos, a grade 12 student who dressed up as a construction worker. As you walked the halls Halloween day, it was hard to spot one person not dressed up for the occasion. When Kelli VandenBoer was asked if it had took a lot of time to prepare for this

one day, she said, "it had took a lot of time and commitment. It took about a good 3 weeks to get our costumes to where we wanted them," Kelli and the rest of the fairies, Dayna Rawlings, Alyssa VanEngelen, and Jaime VanRiel had won best costume. I was excited and glad that we won, we had put a lot of work into it, Jaime VanRiel had said after they were announced best costume. Mr. Murree was one of the judges and said it was very hard to choose the best costume and was just hard all around to centre them out.

When faced with the question what were her thoughts about the special day? Gracie Mellon said that herself and her

friends and I had fun dressing up. "We thought it was nice to see so many of the school population dressed up." "I had a blast!" were the words that came from Steph Skow Geertsen. This years Halloween at school was a great success with students participating in every way they could.



Rebecca Vanos and Paige McDonald hanging out in the halls..

Jaime Mckeller, Celince Comley, Meaghan Lunn, and Amy Batten are sumo wrestlers



Candace Flater, Brittnee Garret and Karlee Timmermans are 'Getting Physical'



Bridgette Somers and Donna Pawson are two of a kind.



EMaggie Richter the rubic's cube and Brittany Britton cowgirl pose in main foyer



Karley Charrette and Emily Jackson stop for a picture



Kaitlyn VanEngelen on her way to class as a Hershey Kississ



Jenna Veens a construction worker and Cassandra Dare a pirate.

Shawna Trowell, Gracie Mellon, Jamey VanHaaren and Katie Stutt dressed up as pop for the day.



Nick Slegers rockin' out in the gym.

Dale Miner, Jake Brown, Brent Andriash, Kevin Smith and Mason Breset Stand around as cowboys.



Jenna Armitage and Danielle Vanos are also a pirate and a construction worker



Randall Leggate, Hannah Teeple, Kim Eastman, Ashley Gordon are ready to fly away



Emily Melo and Courtney Koolen standing around in the cafe.



Corey McCulloch a Facebook profile

Remembrance Day

PAINTING A PICTURE OF THE PAST



On November 11, 2008 our school observed Remembrance Day with an assembly to honour our veterans. We were lucky enough to have Lieutenant Art Lockhead of the Royal Canadian Legion Branch 176 share a story with us about why we celebrate Remembrance Day.

Mr. Lockhead served as a Lieutenant with the Royal Canadian Navy and

Sarah Dumais and Megan Cates sharing a poem.

The laying of the wreaths.

his wife Mrs. Joan Lockhead was a Lieutenant with the Canadian Nursing Corps.

Many students and staff were involved with the assembly, either with the stage production crew or as part of the audience; everyone showed their greatest respects. Katie Jordan and Simone Smith were the masters

Mr. Art Lockhead, Mr. Dumais, and Mr. Morton stand at attention during the revile.

Mr. Lockhead giving his speech.

of ceremonies. Megan Cates and Sarah Dumais shared a poem with the audience. Laura Williams played the trumpet and Shannon Kelly, Brooke Memme, Kerrie Dirven and Shawn Ritten laid the wreaths.

Special Thanks to Mr. Dumais' drama class and Mr. Arthur's history class for making this day a day to remember to never forget.





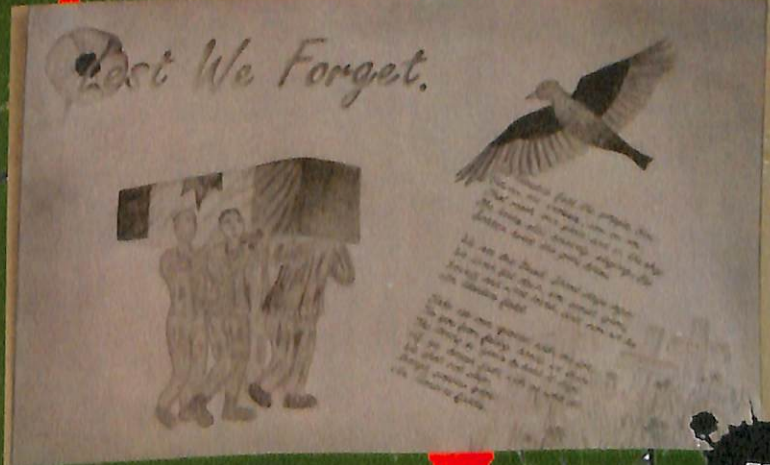
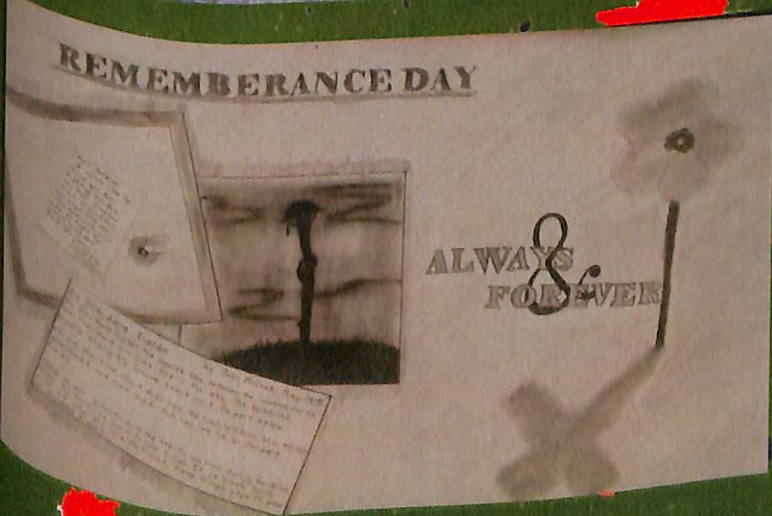
Laura Williams playing the Revile on the trumpet.



Simone Smith co-master of the Remembrance Day ceremony.



Paying tribute at the Kettle Point cenotaph.



A Masterpiece on Skates

2ND ANNUAL EAGLE HOMECOMING



Mr. Wilson gives advice to his boy eagles.



Paige McDonald and Emily Jackson headband it up in the fan stand.



In the arena foyer, Donna Pawson, Karley Charette, Bridgette Somers and Meika Cates strike a pose in their eagle costumes.



After their first game, the boy's hockey teams line up to shake hands.



Katey Hackney steals the puck from an opponent.



Dylan Stewardson, growls, showing his fierce eagle colours.

On November 25 the school held our second annual hockey homecoming. This newly found tradition at our school was a huge success once again. The girls hockey team played LCCVI, and the boys team played Northern. Although we lost both games, spirits were high and everyone had a great time.

There was a puck toss, and mascot Hampton pumped up the crowd. There were even fan of the game tee shirts that could be won. Our very own senior band played music to inspire our athletes.

The can drive was organized by Student Council. This took place the week before homecoming. It came down to a tough battle between Mr. McBain

Mr. Morton and Mr. Sands share a laugh in the foyer after the first two games.

and Mme. Lefebvre, but in the end Mme. Lefebvre's class won. Overall, the school raised over 2500 cans! Good job, NLSS!

Mr. McBain said, "She brought 800 cans in her Hummer on the last day; I couldn't fit that many in my car."

Afterward, Mrs. Johnson said "This is a fun event and truly unique in Ontario."



Taking advantage of a few moments, Mrs. Johnson and Kelli Vandenboer pump up team spirits.



Student council members Luke Teeple, Sari Vossen, Keith Smith, Shannon Kelly, Haley Sterning and Brooke Memme sit by the mountain of canned foods raised for Homecoming.



Kelsey VanKessel sneaks up on her opponent, ready to steal the puck.



Locked in a tough battle, Spencer Williams brushes past his adversary.

In the third period, goalie Cheyna Mackenzie stops the puck just before it goes in the net.

Before he steps out onto the ice, Winston Tidball surveys his opponents on the rink.



Mrs. William strikes up the band.



Tommy Genovi, Jolene Plant and Karla Kerrigan serve hot chocolate.



Hampton gives out Fan of the Game tee shirts to the crowd.

Painting The Town Red

Walking the Hollywood Carpet at Semi-Formal

As you're walking into the school from the front entrance, you see the stunning red carpet that leads you to North Lambton's walk of fame. Hollywood was the semi-formal dance theme, and according to Jade Smith, it was "super fun".

As students made their way to the gymnasium they saw the decorations that class of had done. "It took a lot of time and commitment to decorate and prepare for this one night," explains Karlee Timmermans who is in class of. "This year we sold over 300 tickets" adds

Donna Pawson.

This year's dance was held on November 28, 2008, as it was postponed from November 21, 2008 due to a snow day. This gave students more time to prepare and build up their excitement.

As you looked around the beautiful decorated gym, you saw students having fun. From Grade 9's to Grade 12's you could see the fun everyone was having. "It was exciting, and a very well planned evening," Reg George replies with when he is asked what his thoughts were

about the night.

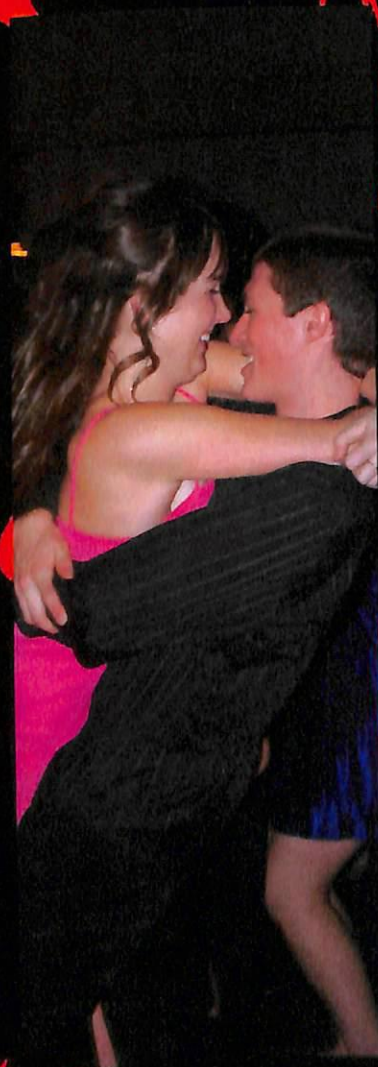
With the gym more than three-quarters full it was a packed house. With loud music, adding flashing lights and lots of students, it was a night to remember.

Over all this semi-formals walk down the red carpet turned out to be a great success.

Garrett Pedlar, Chad VandenHeuvel, and Alex Dortmans stop for the camera on their way to the gym



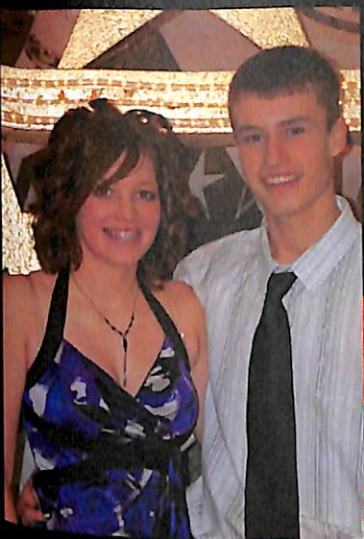
Alyssa VanEngelen and Ryan Cook take in each other's company on the dance floor



Students stop dancing and strike a pose for the camera in the beautifully decorated gym.



Natasha Collett, Winona Henery and Sarah Dumias take a rest and smile pretty.



Kaitlyn VanEngelen and Sean Parker stop dancing for a picture in the main foyer.



Charlie Vanderhoek, Gabo Contreras and Luke Teeple pose for the camera

Grade 12 girls smile for the camera in the middle of the dance floor



Queen and King Gracie Mellon and Jack Vandenberg holding their trophies.



Emily Mellon and Justin Hurkmans get their picture taken at this annual event

Dylan Stewardson making his way through the crowded dance floor



Keith Smith, Shannon Kelly, and Vinnie Rogers dancing the night away

An Ever Changing Palette at NLSS

Every year at NLSS, staff members come, and staff members go and this year was no exception. NLSS was home to a number of new Eagles on our staff and they settled into the nest quite comfortably.

Eagle country gave a warm welcome to our newest member of the administration team with the arrival of Mrs. Ferguson. Mrs. Ferguson joins Mr. Morton as Vice-Principal in the main office.

The English department saw the biggest change over the 2008-2009 school year. Mr. Lynch retired from teaching in the English department and from being a Vice-Principal after nine years at NLSS and many more teaching. Welcomed to the English department were Mr. Van Kessel, whose tenure ended at the end of the year and Ms. MacLaren who replaced Mr. Lynch in a permanent position. We would also like to welcome Mrs. Jackson as Native tutor escort to the school.

As with any school, our palette is unique and never more so than this past year. For the first time in NLSS history, we were able to acknowledge a father/daughter team of teachers, when Mrs. Hilborn



Mr. Hoorweg and his daughter, Mrs. Hilborn, enjoying work together!

joined our staff to replace Mrs. Leystra in Science and Horticulture. Our congratulations go to Mrs. Leystra for her appointment as a new Vice-principal in Wallaceton. Mrs. Hilborn is the daughter of our ever famous Mr. Hoorweg, and it was unique to have so many smiles on his face during the last months of the school year. And all due to the presence of his daughter on our staff. Who would have known it could be so easy. When asked how he feels about teaching in the same school as his daughter, Mr. Hoorweg said, "I thought it was a novel experience."

It was with sadness for our loss and joy for Mr. Hakes that we bid him farewell. Mr. Hakes came to our school 13 years ago and quickly became one of our most respected physical education teachers, as well as volleyball and basketball coach. He blew his last whistle for our school this year and we wish him well in his retirement.

Also retiring this year was Mrs. Barbara Howden, our always cheerful attendance secretary. For many years her smiling face was the first to greet visitors and students alike in the main office. We welcome Mrs. Charbonneau as her replacement and look forward to many years of working with her.

One of our saddest moments of this year came with the passing of Mr. Vriesinga or Mr. V as he was known to many. His passing in December of 2008 has left a hole in many hearts as we will miss his big smile, laughter and camaraderie. He was an excellent teacher and will be greatly missed.

The most exciting additions to our Eagle family came in the littlest packages. Four of our young teachers welcomed little eagles to their families and it is with great joy that we celebrate the births of: Charlize Lefebvre, daughter of Mr. and Mrs. Lefebvre, Jacob Vandenberg, son of Mr. and Mrs. Vandenberg, Kyla Hines, daughter of Mr. and Mrs. Hines, and Allan James (AJ) Wilson, son of Mr. and Mrs. Wilson. We wish you many years of health and happiness with your little one.

Welcome New Eagles



Mr. Van Kessel joins us at NLSS



Mrs. Jackson, our new teachers aid, smiling for the camera!



Ms. MacLaren comes to NLSS to become part of the English Department.



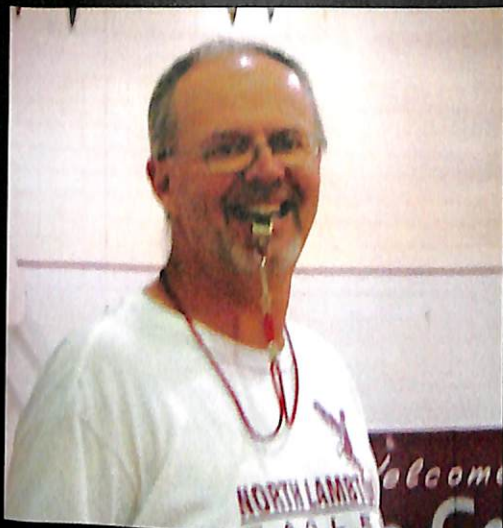
Mrs. Charbonneau joins us as Attendance secretary in the main office.

Principal Morton welcomes new Vice-Principal, Mrs. Ferguson to NLSS



Mrs. Lefebvre and her new baby girl, Charlize.

Some Eagle's are Flying to New Territory



Mr. Hales, our gym teacher, blows his whistle for the last time at NLSS.



Mr. Schalk bids farewell to friend and colleague, Mr. Lynch, our Vice Principal and English teacher who retired after first semester.



Library Clerk, Carol DeBoer moves on to a new school.



Mrs. Leystra has moved on to administration as Vice-Principal at Wallaceburg District High School.



Happy Retirement to Mrs. Leystra, our always cheerful attendance secretary.

Our fondest farewell to teacher Mr. John Vriesinga who passed away from cancer. You will be missed.

New Hatchlings Arrive in the Eagle's Nest



Mr. Hines and his new baby girl, Kyla



Mr. Wilson and his new baby boy, Allan James (A.J.)



Mr. Vandenberg and his new baby boy, Jacob.

The NLSS Manufacturing Club creates *Manufactured Artistry*



Cory Taylor carefully planning his next step in creating a beautiful Mother's Day gift.

Every Wednesday would be mechanics, artists and machinists meet in the manufacturing room to make their own custom creations using the tools provided. Whether it is stain glass, wire figures or a classroom project any student is welcome "It gives me a chance to work on projects and use some cool stuff" said Mitchell Steven when asked why he enjoys manufacturing club.

Under the watchful eyes of Mrs. Ward these students flex their creative

muscles making exciting and unique artistic creations. After a brief training session in which the dangers of the shop equipment is explained the students are let loose. With a veritable slew of exciting hardware at their disposal students ranging from experienced shop professionals to daydreamers with a vision of the perfect present are set loose on the room.

Students get to keep their creations to use as mementos or to be given as gifts to loved ones. Nothing says, "happy



Brian Soeteman taking time off his project to pose for the camera.

mothers day!" like a stain glass heart, hand made, gift. "I love giving students the opportunity to try out the machines and show their creative side. I hope people keep on showing up in the future to keep [Manufacturing Club] alive!" said Mrs. Ward when asked what she enjoys most about having a Manufacturing Club.



Allison McGee putting the finishing touches on her Mother's Day project.



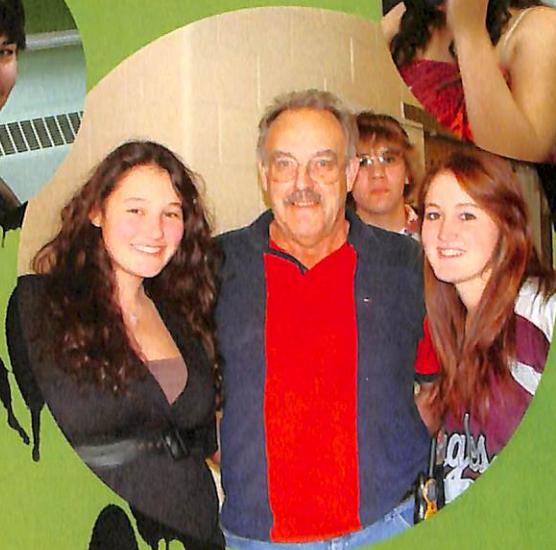
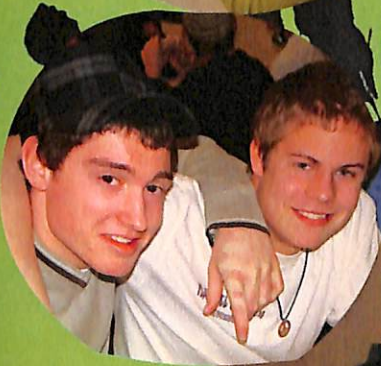
Katie Delmage hard at work on her latest stained-glass masterpiece.



Jesse Soeteman focused on completing his newest creation no matter what.

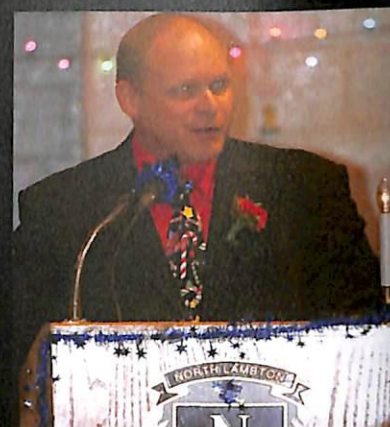


Max Bailey and Conner Caughy working on some overdue projects during lunch.





Extra Curricular Vocals Performing as directed by Mrs. Williams



Mr. Morton keeping the crowd entertained while meeting Music Night

NLSS MUSIC DEPARTMENT PALETTE OF SOUNDS

A wave of tension swept through the performers. "Are we ready for this?" they all asked. After months of practicing their songs it was finally their opportunity to show them off. It was Music Night, the night every young performer dreams of. "This is my fourth music night but every time I get the same feeling", stated jazz band drummer Dalton Pettit, "it's a crazy sensation actually, there's nothing like performing for an audience."

Starting with a bagpipe introduction given by Keley Campbell playing the Star Wars theme flawlessly. After the introductions were out of the way the Grade 9's played two songs followed by vocal rendition of songs from Lord of the Rings and Phantom of the Opera. Mr. Dumais' grade 10 band followed this up with 3 well played songs followed by two more vocals songs to segue into the Jazz Band. With songs ranging from swing to funk to Santana Latin rock they rounded out the instrumental arrangement perfectly. To finish the show the vocal gals did "The New Girl In Town" and the guys did "Good Night Sweetheart". "The audience was beautiful, they just got into the music and let it flow into their souls", stated Reg George when asked about the audiences demeanor.

After all was said and done, it was evident that the



Holly Andrew confidently playing a trumpet solo with the Jazz Band

night was a success. Although fate seemed to shun the performers with a poorly timed fog day; through perseverance and sheer will the music department over came. Mr. McGregor, Mrs. Williams and Mr. Dumais surely out did themselves on this wonderful night of music leaving the audience craving the next time they get to hear the sounds of the NLSS Music Department. "We're thoroughly impressed with our students this year pulling through against all obstacles and hope that people will come again to see our young talent show off their skills", stated Mr. McGregor, conductor of the Jazz Band, when asked for his feelings on the night as a whole.

The trumpet players of the Grade Nine Music Class Blare out their melodies



The grade 9 trumpet section in action as they blare out their melodies directed by Mrs. Williams. These students have learned to play their instruments in only 5 months!

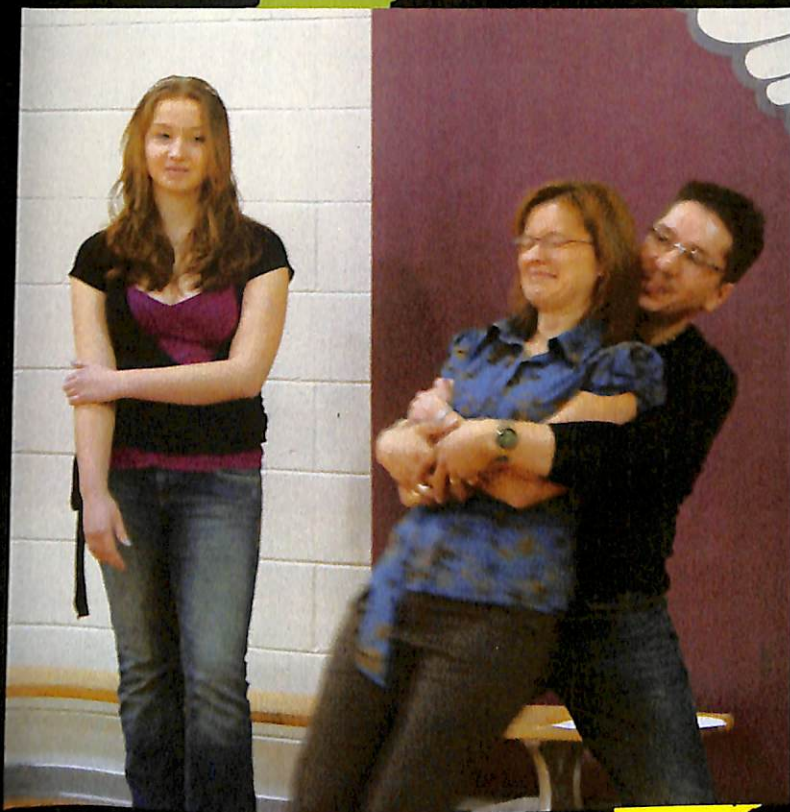




The Junior students lining the bleachers in preparation for the assembly

Actor Dakota House at NLSS Painting D. House

Dakota urging the students to succeed with his unorthodox, but effective, methods



Dakota house catching WDS Chaperone Denise Johnson as Doreen Watson looks on. This exercise is meant to build your trust and to show that you can rely on other people.

Have you ever shaken hands with a movie star? Ten lucky students from nearby schools got the opportunity when the actor Dakota House stopped by North Lambton for a series of seminars with students. The first seminar was with a mere ten students, two of two of whom were Reg George and Doreen Watson from NLSS. The second seminar was with all grades 9 and 10 students.

Dakota brought with him the message that you can do whatever you want to do if you persevere. Using his martial arts background he demonstrated the strength of the human mind. Whether a student was punching him in the stomach or our very own Mr. Morton stood on him while he was suspended between two chairs; he put on quite a show.

At one point during both seminars Dakota lead a trust exercise. For the group of only 10 students he decided to merely stand behind them while giving them a pep talk and telling them to fall backwards. Ending his talk with "You are as strong as steel. You will not bend!" each and every student fell backwards.

without exception, and into the arms of Dakota. "It was a really weird experience," commented Doreen Watson when asked to describe her feelings while falling. "I wanted to put my hands out to stop myself but I had to trust that [Dakota] was there."

With a background as an award winning actor not many people could connect to a group of kids like Dakota House did that day. Giving these students advice that will no doubt successfully guide them through the long voyage ahead of them. When asked for his thoughts on the seminar as a whole Reg George stated, "it was very informative. I felt like Dakota was really in touch with what made him so successful and passed on that information perfectly."

Everyone at the seminar that day came away with a better understanding of what it takes to succeed.



The Grade 9 & 10 students preparing to do their first trust exercise in the gym.



Dakota Showing off another talent as he plays a beautiful flute medley.

The Health And Wellness Committee

It's Crunch Time!

The Health and Wellness Committee is focused on making our school a healthier place. With the help of this year's copresident, Jenn Geerts and Cassandra Dare, and the teacher advisor Mrs. Hoskin, this club has really taken off!

Smoothie Days, the Big Crunch, and your warm Christmas Fuzzies are all thanks to the hard work and dedication of the Health and Wellness Committee. They spend their own time organizing small events that result in tremendous success for our school.

Along with trying to perfect the eating habits of NLSS students, the Health and Wellness Committee also tried to inform the students about smoking. Throughout November the club held "Tobacco Trivia" to test the classes on the dangers of smoking, with a reward for whichever class knew the most information.

On Thursday March 5, the committee and Mrs. Hoskin organized the Big Crunch of 2009. Apples were passed out during period A to all staff and students. An announcement was made at 9:15 am telling the students that it was time to crunch! All leftover apples were generously given to the D & D class for the breakfast program.

The committee members of 2009 are Jenn Geerts, Cassandra Dare, Shannon Plant, Rachel Geerts, Jenna Veens, Bridgette Somers, Donna Pawson, Doreen Watson, Megan Acton,

Emily Brooks, Karley Charrette, Karlee Timmermans, and Kelsey Vankessel.

On Smoothie Day, Megan Acton is doing her part to keep our school healthy.



Grace Mellon, Megan Simpson, and Karlee Timmermans posing on the Big Crunch Day with their apples.



Micheal VanHevel, Kymber-Lei Evans, Leah Newman, Reg George, Mrs. Hoskins, Stephanie Thuss, Jaime McKellar, Robyn Skinner, Prachi Nakhwal, Karla Kerrigan, Caitlin Byrns, Haley Sterling, Bryanne Wouters, Eli George, Gabo Contreras Darvas, Jen Geerts, and Cassandra Dare.



The Health and Wellness Committee members Cassandra Dare, Jen Geerts, Donna Pawson, Jade Smith, and Danielle Vanos showing off their hard work on the Big Crunch Day.

Bridgette Somers making some healthy and delicious smoothies on their Smoothie Day.



On Big Crunch Day, Madame Lefebvre had no problem crunching in to a delicious apple while teaching her grade nine French class.

Health and Wellness Committee copresident Cassandra Dare and Jen Geerts showing support on their second smoothie day.

Ashley Fisher, Tanner Carrothers, and Eli Born enjoying some apples with Ms. Sippel.



Motivational Speaker Andy Thibodeau shares his insights on caring about people

Share Your Caring Colours

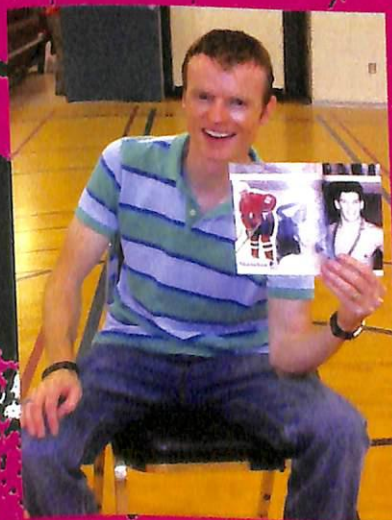
The entire school watches intently while Andy talks to us about caring.

Andy Thibodeau worked his way into our thoughts during the "Share Your Care" assembly on September 10, 2008. Andy is a motivational speaker from London, Ontario. He has been motivating schools across North America since 1992. His assembly was very inspirational to our students here at NLSS. Emily M, grade 12 said, "Andy has inspired me to do great, caring things with my life." His presentation reminded students that we should take the care that we give for our favorite singer or actor

and put it into other things that have a higher value, like our family, friends and school. Sara G, grade 12 said, "He changed my outlook on life." Andy showed us the many benefits that come hand in hand with showing how much you care. The way that Andy showed us this information was very comical. He was very entertaining and kept us kids laughing. "It was hilarious. He was a great motivational speaker," said Alli S, grade 12.



Amanda Augustine and Karla Kerrigan were the MC's for the Share Your Care Assembly.



Andy shows us a picture of one of his high school classmates, now a professional hockey player.



Andy Thibodeau showed us his old school pictures at the Care Assembly in September this year.

Students Perform Hamlet at the Sears Drama Festival

To Paint, or Not To Paint? That is the Question

Every year, approximately 12,000 students from various schools in Ontario descend upon the Kiwanis Theatre in Chatham, Ontario to perform in the Sears Drama Festival. The date of the festival this year was February 26th, 2009.

This year three students from our school went to the Festival. They were Michael Vanhevel, Reg George, and Jack Vanderberk, with Allison Steven as their stage manager. Miss Sippel also attended as the staff advisor and director. This is

one of the largest student drama festivals in the world, with awards, bursaries and scholarships available to be won.

After a long and hard trip to the venue, that involved getting lost for about a half an hour, the drama group eventually made their way to the theater safe and sound. Together, they did an excellent performance of Hamlet. For their excellent performance, Mike, Reg and Jack received the Directing & Acting Award of Excellence. Great job!



Reg George and his puppet friends attempting to get into the mind of the king.



Reg George making the drive to Chatham a bit more enjoyable for everyone!



Jack Vanderberk showing off his flashy side before the show.



Mike Vanhevel threatening the photographer. No flash photography!



Jack Vanderberk, Mike Vanhevel and Reg George strike a pose at the Sears Drama Festival in February this year.

Allison Steven looking excited to go to the Festival.

Ms. Sippel stops for a picture with stage manager, Andre Paradis.



NLSS Drama Students Rock the Stage!

STREAKS OF GREASE

GREASE IS THE WORD! On April 29th and 30th and May 1st and 2nd, NLSS Drama students hit the stage in what was one of the liveliest productions in NLSS drama history. Grease was one of the last big movie musicals, with singers who can't sing, actors that can't act and a crazy plot. It is about true love,

and real teenage situations. There were loads of ways to help out with the play. Many students other than the actors and actresses were involved in ticket selling, stage production, music, costumes and make-up, lighting and

many more areas.

The cast was chosen by auditions, which were done during lunch or after school. Casts were chosen by Mrs. Leystra and Mr. Dumais. Rehearsals for the play were extensive and intense and numbered in the dozens. There were two casts: a red cast and a green cast with different performers taking the lead in each. The plays were performed for the local elementary schools and then again in the evenings for friends and family.



Luke and Jolene surrounded by friends during the play.

Luke Teeple and Jolene Plant as Danny



Mike Vanhevel as Danny Zuko.



Luke Teeple as T Bird, Jory Cloud as Jimmy, Mike Vanhevel as Danny, Ian Maw as Roger, Elijah Bailey as Doody, Tommy Genov as Kenickie, Vinne Rogers as Sonny, and Charlie Vanderhoek as a T bird.

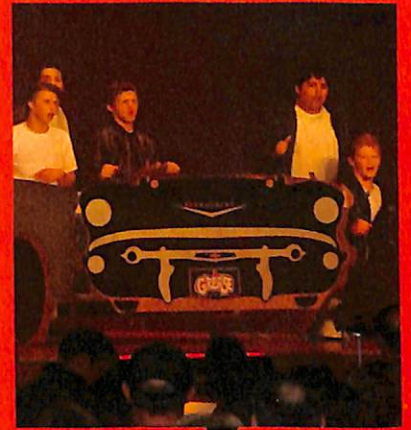


Elijah Bailey as Doody, Tommy Genov as Kenickie, Mike Vanhevel as Danny, Vinne Rogers as Sonny, Charlie Vanderhoek as T Bird, and Ian Maw as Roger.

Tommy Genov as Kenickie, Mike Vanhevel as Danny, Charlie Vanderhoek as a T Bird, and Luke Teeple also as a T Bird.



Jolene Plant as Sandy and Luke Teeple as Danny



Grease lighting and the crew

Vinnie Rogers as Sonny and Andria Atchison as Frenchy.



Mike VanHevel as Danny, and Emily Jackson, as Cha-Cha



Mayrin Ward as Rizzo

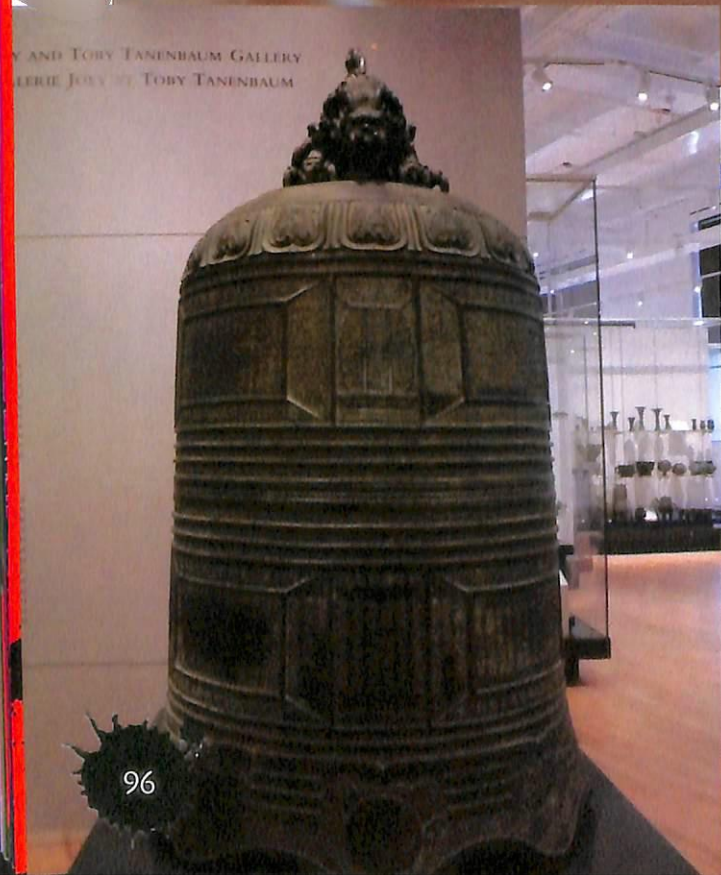


The cast singing the last number "You're the One That I Want!"

Painting the Highway Stripes

NLSS students hit the road on Day Trips

Mr. MacLean and a variety of History students make an expedition of a trip to the ROM - Royal Ontario Museum.

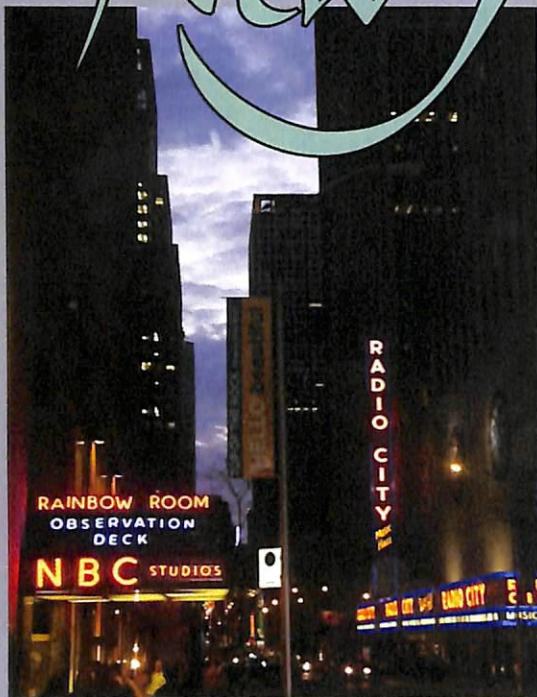




The manufacturing and automotive students made tracks visiting the Henry Ford Museum in Detroit, Michigan.



New York New York



Lego exhibits, street performers, Beatles tributes, and the lady of liberty were some of the sights these lucky music students got to see on their trip to New York. Who said you can't mix business with pleasure because that's exactly what these students did. They played their instruments, sang their hearts out and got to enjoy all the perks of New York in their downtime.



Music Students Painting the Town



Travis Copeland and Jaime McKellar enjoy all the sight seeing in their spare time.

Some may think it's hard enough playing a regular sized piano, but not these music students!



The students even seen a lego exhibit! Karley Charette like the Harry Potter lego people the best.

Carmen Dirven enjoys her super sized double ice cream cone.

Paige McDonald and Carmen Dirven had fun on the ferry.



Shades of Sunshine

Eagles turn on the Heat at Fun in the Sun Day



Raige McDonald and Emily Jackson handing out freezes to everyone.



The day was cold with no sunshine, but that didn't stop the eagles from turning out and enjoying the day. Every class had the opportunity to take part in these exciting activities. The Athletic Association and SAC held this event on Tuesday, May 20th.

Students from each period C class made their way to participate in Fun In The Sun Day, which was located at the back of the school by the track.

Each class was trying to top the class before them in many games that included: Dunk tank, chicken toss, toilet seat toss, seed sorting, relay race, and tricycle race. Many students loved the dunk tank, trying to dunk Mr. Hales, Mrs. Martin, Mrs. Jackson, and Mr.

Students getting ready to race to the finish at the tricycle race.

Kristen Wight and Michelle Martin giving the tongue for fun in the sun day.

Young "The Athletic Association really enjoyed helping SAC this year and can't wait to do it next year" says Jodie Stewardson Grade Eleven.

Every game station was full of exciting students having fun. This day was a chance for kids to have a break and get outside to enjoy the day. "Even though it wasn't the warmest day of the year, Fun in the Sun day was still glorious," explains Michael Vanhevel.



P.J. VanBree skipping to the lead in the relay race.



Charlie Vanderhoek, Cheyna MacKenzie, and Allison Steven taking a race on the tricycles.



The boys team getting ready to spike the volleyball.



Keith Smith and Chuckie Jefferson taking a break from all the excitement.



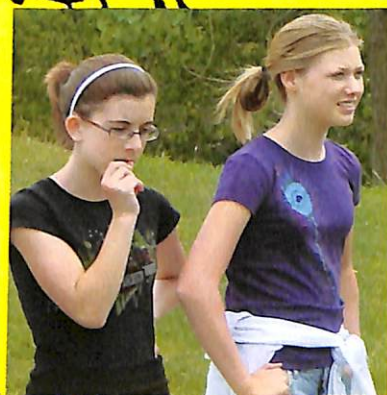
Daniel Nood laughing after Mrs. Jackson got dunked.



Haley Sterling and Courtney Koolen standing proudly by their station
Karla Kerrigan and Krista Delmage resting from all the fun
Doreen Watson, Kyle Leyten, Cheyria McKenzie, and Danielle Steven taking a break for a quick picture
Sean Parker getting ready at his chance at the dunk tank

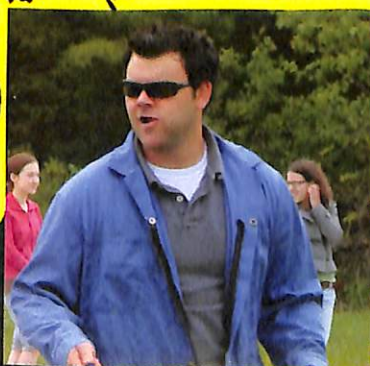


Mr. Young cheering after putting Mr. Hales in the dunk tank



Joline Temple, Alex Gordon watching the relay race

Thomas Genovy taking the lead in the tricycle race



Kyle Leyten getting ready to throw the bowling ball

Charlotte Vanderhook, Tracey Louks, Meghan Simmonson, and Kaylea Sercombe coming together for a great picture
Abraham Mills and Ryan VandenHeuvel waiting for their turn at the chicken toss
Abraham Nick Taylor and Michael Vanhevel smiling for the camera

Jordan Johnstone, Daron Pettit, Melissa Aguirre, and Michelle Medelina Salas lying on the hill

Mr. VanKessel checking out the competition

BROAD STROKES OF CARING

Key Club is the high school branch of the Kiwanis Club, a worldwide organization of volunteers dedicated to improving quality of life around the world. The members of Key Club are students who want to make a difference. They work towards this goal by volunteering and helping around the community. Justine Soepboer describes the reason why she enjoys Key Club: "It's fun and gives us a chance to give back to the community! And convention is an awesome time."

On Friday, April 3rd, Key Club went to their annual convention. This year it was held at the aptly named Waterloo Inn located in the city of Waterloo. The theme of convention this year was Shakespeare with the name being "To Serve or Not To Serve?" This theme was based off of nearby Stratford and their Shakespearian festival. With roughly 500 key clubbers from across Eastern Ontario in attendance it was the highest turnout ever.

When at convention multiple awards were won such as District and Overall Early Bird awards for getting our dues in the fastest. This was due to excellent strategy on the part of staff and Kiwanis adviser Mr. Gordon who paid it completely with his credit card and then collected the funds from the club. Along with this we also won a reward for an essay written by Aaron Cassidy and Chris Lane. "There was some confusion at first but eventually everything was settled. We're one award richer!" stated member Chris Lane when asked about the process of receiving their reward.

Key Club member Reg George showing off the masquerade theme of this year's Convention dance during the formal dinner.

Club President Justine Soepboer reviewing the Early Bird award on behalf of our club from Eastern Canada Key Club Governor Melanie Brister.

The Key Club attends the annual Convention

Various fundraisers were held throughout the year, such as the gum sale for CanFar AIDS research and the wishing well for Sleeping Children

Around the World. Through the wishing well we raised over \$150, which was used to buy bed kits for children in under developed countries. Through

these programs Key Club continues their mission of improving the world with the hope that future generations will be as successful.



The Club roster of: Andrew Kelly, Evan Wolfe, Andria Atchison, Will Milliken-Wentz, Krysta Maher, Reg George, Jessica Hodges, Aaron Cassidy, Taylor Pargeter, Chris Lane, Justine Soepboer and Staff/ Kiwanis Advisor Mr. Gordon.



Justine Soepboer, Aaron Cassidy, Reg George, & Chris Lane at Convention



Aaron Cassidy and Chris Lane accept their award for their masterfully written essay.

MODERN ART

Adventures in Gamers Lair

Super Smash Brothers, Rockband, Guitar Hero. These are the hobbies of the members of The Gamer's Lair, an elite

group of highly trained virtual combatants. Meeting every day at lunch they further increase their skills and compete

for dominance of their art. Gamer's Lair executive Tom Genovy, stated; "It was great how quickly it grew. Word just

spread and within days it [Gamer's Lair] just doubled in size."

During the span of the year multiple tournaments were held, the biggest of which was the Rockband tournament. It came down to Colonel Mustard and the Candlestick Brigade and Nuclear Firecrackers in the finals. The final song was "Enter Sandman" by Metallica. Both bands faltered early, but the Nuclear Firecrackers managed to pull through.

Mike Vanhevel, lead singer of the winning band Nuclear Firecrackers, commented; "It was all blood sweat and tears. There was fire in the eyes of everyone in that room."

The Gamer's Lair has a very strong inner core with executives that care deeply about the events and members of the club. Abraham Neustater, another executive of the club, talked about the planning of the tournaments. "There were a great many setbacks. We originally planned to have the Rockband tournament on the stage in the cafeteria but that didn't work out. Luckily people weren't picky and were alright playing in our room!"

After the success of the Rockband tournament it's become evident that The Gamer's Lair has a secure following in the populous of NLSS. In the words of the club's founder, Mr. Singh, "Video games are an equalizer and bring people together. I hope this can continue in the future. I think this has been very beneficial for the school as a whole and I'm happy it worked out so well."

Super Smash Bros. Brawl, the most recent headline game in Gamers Lair, being played on the club's projection screen.



Gamers Lair founder and staff advisor Mr. Singh plays Magic the Gathering with executive Abraham Neustater, who will win?



Rockband winners Nuclear Firecrackers. From left to right: Jack Vandenberg (Bass), Michael Vanhevel (vocals), Dalton Pettit (Drums), and Vinnie Rogers (guitar)



Vinnie Rogers showing Nick Thuss and Nick V.B., how Super Smash Bros. is played



Jeff Strain and band members Derrek Few, Johnathon Daymon, and Seamus Parsons melt some faces while playing Rockband

Culturas de Mundo: The Cultures of the World!

All the Different Colours of the Palette

On December 4th, 2009, Mrs. Martin and The Enrichment group with help from Mrs. Sanders and Mme. Lefebvre, presented the 5th annual "Culturas de Mundo" workshop within the halls of NLSS. This workshop was filled with interactive, culturally oriented activities that had grade 7 and 8 students from local schools thinking and having fun. With sessions about Paris, Beijing, Tokyo, Lusaka and Rio de Janeiro, there was something to be learned by everyone who attended. Culturas de Mundo gave students the opportunities to become more culturally aware and they came away enlightened.

Four students using teamwork to complete their cultural themed activity.



Two elementary school students looking excited to be learning about Culturas de Mondo.



Jolene Plant teaches an interested group about different cultures.

THE EAGLES ENRICHMENT GROUP

Students Go Beyond the Canvas



Headed up by Mrs. Martin, and School Board representative Roseanne Waldram, the Enrichment group is a group of 33 teenagers who participated in various activities around the community. They met about once a month to discuss upcoming events, and they were all very enthusiastic about their group. This year 6 students from the group presented the 5th annual Culturas De Mundo workshop, which was a huge success. The Enrichment group worked really hard, and their hard work showed.

The Enrichment group is all smiles as they get together and prepare for upcoming events.

Excited to be enriched with knowledge!

The fearless leaders; Mrs. Martin and School Board representative Roseanne Waldram.





Emma Delitala and Charlie Vanderhoek enjoying their time in front of the castle walls.



Taylor Thompson, Jennifer Gordon and Tara George standing under the arbor.



Bryanne Wouters pouring herself some refreshments.

Midnight Prom 2009 Masquerade

The gentlemen of the evening escorted their beautifully gowned ladies down the carpeted hall to the grand ballroom in the Mediterranean castle. That was the setting for the 2009 Prom, themed 'Midnight Masquerade', held on Saturday, May 30th in the NLSS gym.

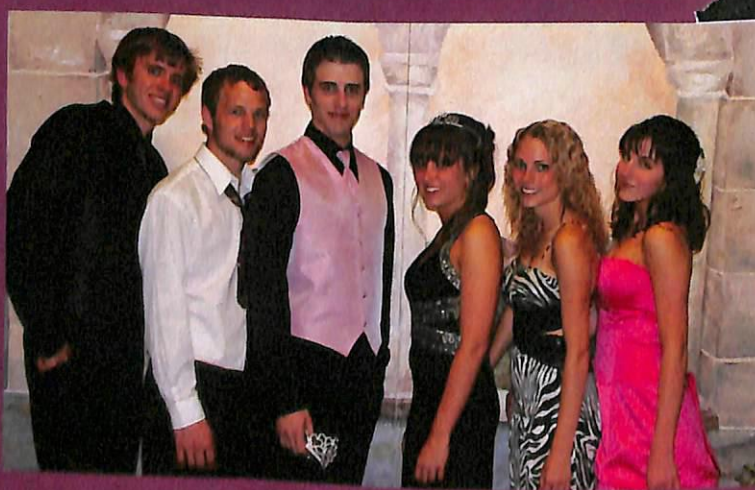
Ladies, and some gentlemen, arriving in limos and horse drawn carriages, adorned in their masks, had their portraits taken against the Mediterranean backdrop and then proceeded to let their hair down at the 'ball'. Slow, romantic

waltzes, well maybe not quite waltzes, gave way to frenzied 'cha-cha's' as the night wore on and excitement grew. The climax of the evening was the crowning of Mike Vanhevel and Alyssa VanEngelen as the Prom 2009 King and Queen.

As the night wore on, jackets and shoes were shed along with much laughter and sweat in the heated 'ballroom'. The prom excitement tapered only to be

replaced by anticipation of after prom parties, and by 11 pm the 'castle' was empty.

Accolades go out to Mr. Morton and his Class of 'crew for all their organization and decorating skills, to the teacher chaperones and to Byranne Wouters and Kayla Clark for their amazing portrait backdrop, painted in the style of a old world castle.



(centre) Prom King and Queen Mike VanHevel and Alyssa VanEngelen. Other Nominees, Tommy Genovy, Derek Soetemans, Danielle Vanos and Donna Pawson.



Jennifer Laird, Ashley Loomans and Janna Rutten in front of the castle backdrop.



Dayna Rawlings and Kelli Vandenboer looking beautiful on prom night.



Tasha Ferguson, Amanda Ferguson, Luke Teeple and Gavin Vanwolde dancing the night away.



Rogers relaxing on the Kings royal chair during the dance.



Hector Ketash, Sara Gilliard, and Jessica Hoskin accompanied by their dates, taking a break and socializing at the dance.



Karley Charrette and Reg George enjoying their night at prom.

A New Batch of Color at the Awesome Eagle Encounter

Friends were made and groups were formed as future and current Eagles worked together enthusiastically to complete various tasks.

May 15th sparked a new journey for incoming students of NLSS. Grade eights from the surrounding schools came to North Lambton for a fun filled and eventful day. This year was the 2nd Annual Awesome Eagle Encounter, designed by Mr. Morton himself. Students from Aberarder, St. John Fisher, Bosanquet, East Lambton, Kinnwood, and St. Peter Cantius visited for the day.

A group of grade eight students from a mixture of schools were placed with our own Eagle leaders. These

group leaders were students from North Lambton of various grades, seen as great leaders in our school. "It was interesting seeing students from different schools become friends in just one short day," grade ten student and Eagle leader Jordan Geerts tells.

Eagle t-shirts for leaders and next years grade nine students were given out. "The t-shirts were a great way to show equality among the students," grade twelve student Sara Gilliard noted. The teams played games and challenged others to become familiarized with our school community and the student population.



The grade eights of Reg George and Allison Nickel team try to get farther on their mat.



Noby Richter gets her group ready to play a game on the floor with tennis balls.



Hilary Bressette leads her team across the parking lot during the scavenger hunt.

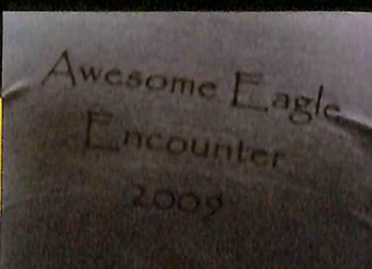
Grade eight student Amanda Melo from E.L.E.S. attempts to get off the floor.



Jessi McGregor and Jordan Geerts help grade eights carry the mat during the game.

The students were given t-shirts to show their participation in the days' events.

The grade eight group with leaders Jory Cloud and Jessi McGregor, hold hands for a game.





Hampton shows his fierceness toward the grade eights.



Jessi McGregor and Laura Melville motivate their group to cross the mats.



Speakers begin the days' events by giving a speech to all of the students present.

Jordan Geerts and Jory Cloud get their team enthused for the next event.

Kelsey Worsfold keeps her team in line as they attempt to stand up with locked arms.

Charlotte Henry helps her team of grade eights get off the floor.



Jory Cloud gets ready for a game by wrapping himself in gym mats.



Always try to Live Out Loud Lend a Helping Hand



Eli George, Jolene Teeple, Rachel Acton, Alex Gordon, Aaron Vanderbent, Kim Eastman, Hannah Teeple, Sam Reckman, Tim Reckman, Clay Stewart, Kevin Furtney, Kyle O'Grady

Living out Loud is a club started to help others. This year the Living Out Loud students had a christmas fundraiser to send christmas presents to the less fortunate children who can't usually get their own gifts. They brought shoe boxes around to each classroom asking students to take a box, fill it with anything they thought a

child might want or need and donate it. To make it interesting and to really get students into donating the Living Out Loud group said that the winning class would be given a pizza party. All classes worked really hard, filling as many boxes as they could. Mrs. Pardo's class ended up donating the most boxes. Thanks to everyone who

donated, it was greatly appreciated by all the children who recieved them!



The NLSS Eaglets Wipe the Canvas Clean

Student/Staff Volleyball Game Replaces Annual Hockey Game

The volleyball game was a replacement for the staff-student hockey game and the OPP hockey game. Even for the first annual game, there was a great turn out. Before the first ever game of staff vs. students volleyball game started, Mr. Hales awarded the students two points because Mr. Douglas and Mr. Hines had bad hair, bad clothes, and again bad hair. A point was also giving out to Tom Genovy for being on the front page of The Forest Standard for the big crunch that was a week before the game.

Both students and teachers showed how bad they wanted to win, and dove multiple times to bump the ball to stop it from giving the other team a point. Mr. Douglas even lost 'his hair' in the process of saving the ball. By the middle of the game, the score was 48-47 for the teachers. And just when everyone thought the teachers would keep the lead, Jack Vandenberg got the crowd to

do the wave multiple times to boost the spirits of the student team members.

Almost all the seats on the gym's benches were filled! Close to the end of the game, Mr. Hales announced he was feeling much better from his illness and would be returning to teach again. In the end the student beat the teachers 88-84. But by the end of the game everyone was smiling and laughing. The teachers were good sports about their loss and

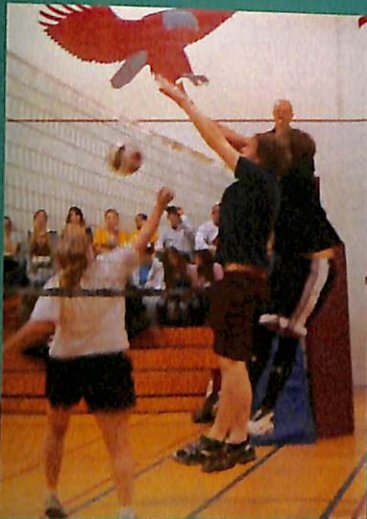
gave handshakes to everyone, and took a great group picture!

Jack Vandenberg leading the wave to boost the spirits of the student players.

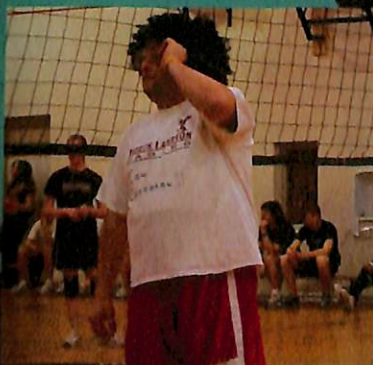


Derek Soetemans making a serve to keep his team in the lead.

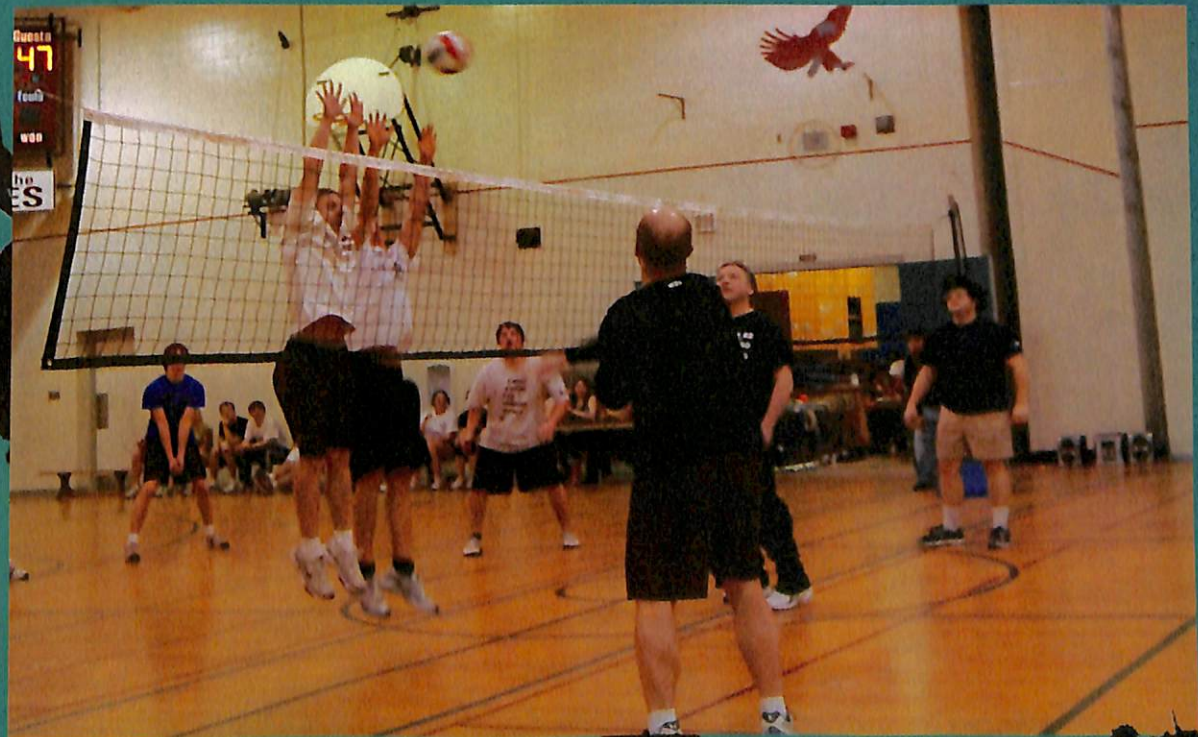
Karley Charrette, Jolene Plant, Reg George, Meghan Gilfoyle, and Justine Soepboer at the announcing booth.



Ben Stubbs and Nick Slegers working as a team to spike the ball passed Mrs. Johnson.



Mr. Douglas attempting to talk Mr. Hales into giving the staff a point.



Eric Soepboer and Dylan Stewardson working together to block a strong hit from Mr. Wilson.

Grade 9 Students Attempt New Adventures During Try Day

A FIRST TRY AT THE CANVAS

On Wednesday, September 24th, just 3 weeks in their first year, over one hundred grade nine students boarded school buses for the adventure of their grade 9 year. It was Grade 9 Try Day.

Grade nine Try Day was a great way to get used to being in a new school, meet

new friends and most of all try some awesome new outdoor sports. It was an opportunity for grade nine students exclusively to participate in activities that are not be part of the normal curriculum, such as orienteering and canoeing.

Try day was held at the Pinery

Provincial park, located just outside of Grandbend and it turned out to be a beautiful fall day. On this trip, the students were put into three groups that rotated between three different activities. One of the activities was canoeing, the second was a survival game

and the third was orienteering.

Try day was an excellent opportunity for grade 9 students and was organized by the athletic department and supported OFSAA and the Ontario Trillium Foundation.



Dan Ohagan and Brian Soetemens in the water.



Shelly Campbell and Alex Gordon

Hayden Brian helping Emily Dudman out of the water.



A group of grade 9 boys working on their compass skills during an orienteering exercise.



This is probably not the best way to ride in a canoe but it does work for righting one after a tip.

Switching places to try something new.

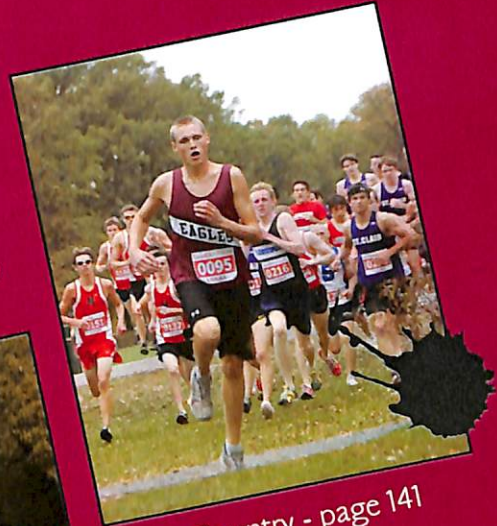
Corey McCulloch, Jay Scrijver, Emily Chalmers, Lauren James, Margerie George, and Lindsey Thompson participate in a survival exercise.



Athletics



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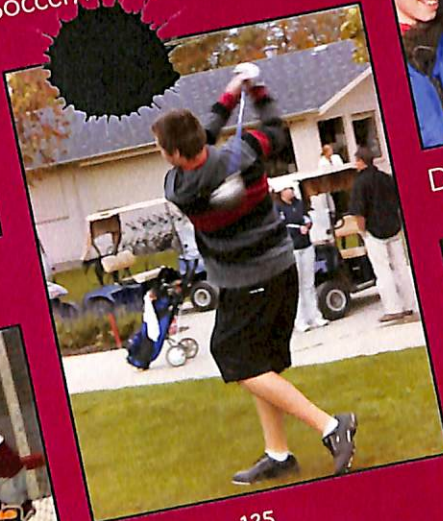
Dragon Boating - page 136



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Golf - page 135



Badminton/Tennis - page 138



Hockey - page 118

Stretching the Canvas

Athletic Association Nation

The Athletic Association is a club that helps raise money for the NLSS sports teams. The money raised goes toward tournaments, league fees, buses and uniforms. This year they have also taken on a new project they are trying to raise money for a new track at the back of our school. They call this, Back The Track. The Athletic Association- president, Meghan Gilfoyle, vice president, Jodi Stewardson, and secretary, Beth Wiendels- meet every Monday in the girls change room. AA is a great way to make new friends and get involved in the school and you don't even need to be on a sports team.

Meghan Gilfoyle says, "I very much enjoyed AA throughout my high school career, I learned a lot of new things and met new people. Definitely worth my while."

Fundraising for 2008/2009 included: selling meat pies, BBQ's at lunch, having tournaments at the school and the annual Athletic Auction. For Back the Track they did Cash Calendars, The Back the Track in Black Valentines Day Dance, and a food booth at the LSSAA cross-country meet. The BBQ's usually take place on Fridays or during

tournaments held at NLSS and they make around \$100 at each barbecue.

The Athletic Auction this year raised over \$8,000! Melanie Deschutter, the chairperson, did a lot to help organize this year's auction as well as many others. Maggie Richter says, "It was really organized, but there was a little pressure without Mrs. J's guidance." Although Mrs. Johnson could not attend

this years auction a few teachers decided to help out. These teachers were: Mr. Wilson, Mr. Douglas and Mrs. Leystra.

All of these students have put a lot of effort into raising money for our teams and they have raised about \$10,000 this year! They all appreciate Mrs. Johnson because she is a big part of AA. She's always there to help out and just to show her how much they appreciate her, some of the students said that they will organize her office for her!

Rebecca Nixon and Paige Rinker bringing in the cash before the auction.



Meghan Gilfoyle and Krista Delange working hard at the auction.



Bryanne Wouters, Krista Delange, Kelly Morgan and Emily Mellon serving hot dogs at the auction



A gift basket and a waffle maker are up for auction!



Nicole Cassidy and Kevin Martindale setting up for the Back The Track in Black Dance.



Maggie Richter and Meghan Gilfoyle take a break from setting up the Valentines Dance.



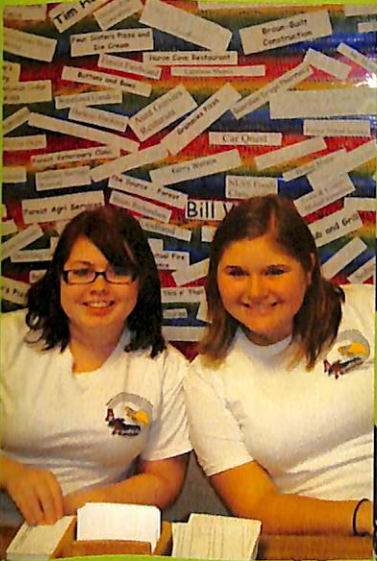
A beautiful painting and a fake tree are just waiting to be bought from one of the bidders



Meghan Gilfoyle, Melanie Deschutter, and Maggie Richter take a break from all their hard work running the auction.



Bryanne Wouters and Krista Delmage listening attentively at their weekly meeting.



Paige Rinker and Jodi Stewardson take a picture in front of the sponsor names at the auction.



Kelly Morgan and Danielle Stevens waiting for their AA meeting to begin.



Kevin Martindale and Eric Soepboer attend their usual meeting in the change room.



Mrs. Johnson and Meghan Gilfoyle assigning games to everyone for Fun in the Sun Day.



Mitch Bullen and Ingrid Boekhorst eagerly awaiting the auction to begin.

A few students help the auctioneer while the people in the crowd start bidding.



Athletes honoured at the Athletic Awards Banquet

RACE ACROSS THE PAINTED LINE

As in every other year, the Athletic Association along with Mrs. Johnson held the Athletic Awards to honour our many sports teams and their players. Every sport from badminton to basketball and from dragon boating to track and field were called up to have their fifteen minutes in the spotlight.

Meghan Gilfoyle, Mrs. Johnson, and Mr. Morton gave speeches along with the team coaches sharing some personal thoughts and some highlights of their seasons. A new award was presented to and in honour of Mr. Hales as he retires from teaching and coaching. It will be awarded in his name for the next ten years to the most outstanding coach.

Danielle Vanos and Derek Soetemans took home the Colin Hood award, which is presented to the students with high academic achievement as well as strong athletic involvement. Danielle

also won the top senior female athlete award along side Adam VanEngelen as top senior male athlete.

Grace Mellon, Kelsey Prong, and Meghan Gilfoyle all received their Honor Award for earning over one hundred and fifty points.

Adam VanEngelen and Danielle Vanos receiving the senior male and female of the year awards from Mrs. Johnson during the academic award ceremony.

Although it was tough, Mrs. Johnson pulled through and delivered the first ever Tom Hales Spirit of Coaching award to Mr. Hales.



One or two members from each sports teams are awarded with the Spirit of Sport Award. This could go to someone who improved over the season, the team clown, or just a dedicated player. Here they are:



Spirit of sport award winners are:

Dillon Campbell	Sr. Boys Volleyball
Danielle Vanos	Sr. Girls Volleyball
Nate Teeple	Jr. Boys Volleyball
Alicia Veens	Jr. Girls Volleyball
Monique Soetemans	Jr. Girls Volleyball
Lindsey Morgan	Mid. Girls
Volleyball	
Grace Mellon	Sr. Girls Soccer
Derek Soetemans	Sr. Boys Soccer
Alicia Veens	Jr. Girls Soccer
Obidiah Atkinson	Jr. Boys Soccer
Mike Lucier	Sr. Boys Basketball
Candace Flater	Girls Basketball
Obidiah Atkinson	Jr. Boys Basketball
Kyle Alexanders	Golf
Cam Mennen	Golf
Xander Ward	Curling
Jamey Vanhaaren	Curling
Jordan Hayes	Jr. Boys Hockey
Taylor Thompson	Girls Hockey
Carmen Dirven	Girls Hockey
Sean Parker	Boys Hockey
Clint Walker	Tennis
Jenna Armitage	Sr. Badminton
Cassandra Dare	Sr. Badminton
Martin LeTourneau	Jr. Badminton
Jordan Hayes	Jr. Badminton
Brad Brouwer	Cross Country
TJ Little	Track and Field





All Recipients of their senior letters. These letters are given out when a student has earned one hundred points or higher through athletic achievements.

As the winner of Athletic/ Academic Excellence award, Emma Delitla received a plaque and her name on the school trophy.



Amy Wilson received the second ever Eagle Excellence award, which is given to a student who earns over two hundred points through athletics.

In honor of Mr. Hales' retirement he was awarded with the Tom Hales Spirit of Coaching award that goes to a dedicated LSSAA coach. You will be greatly missed.

Mrs. Johnson presenting the Colin Hood award to Danielle Vanos and Derek Soetemanns. This award is for a high academic average and athletic achievements.

Nicole Cassidy along with her brother Aaron Cassidy won the top female and top male junior athlete of the year awards.



PAINTING BETWEEN THE LINES

Girls Hockey



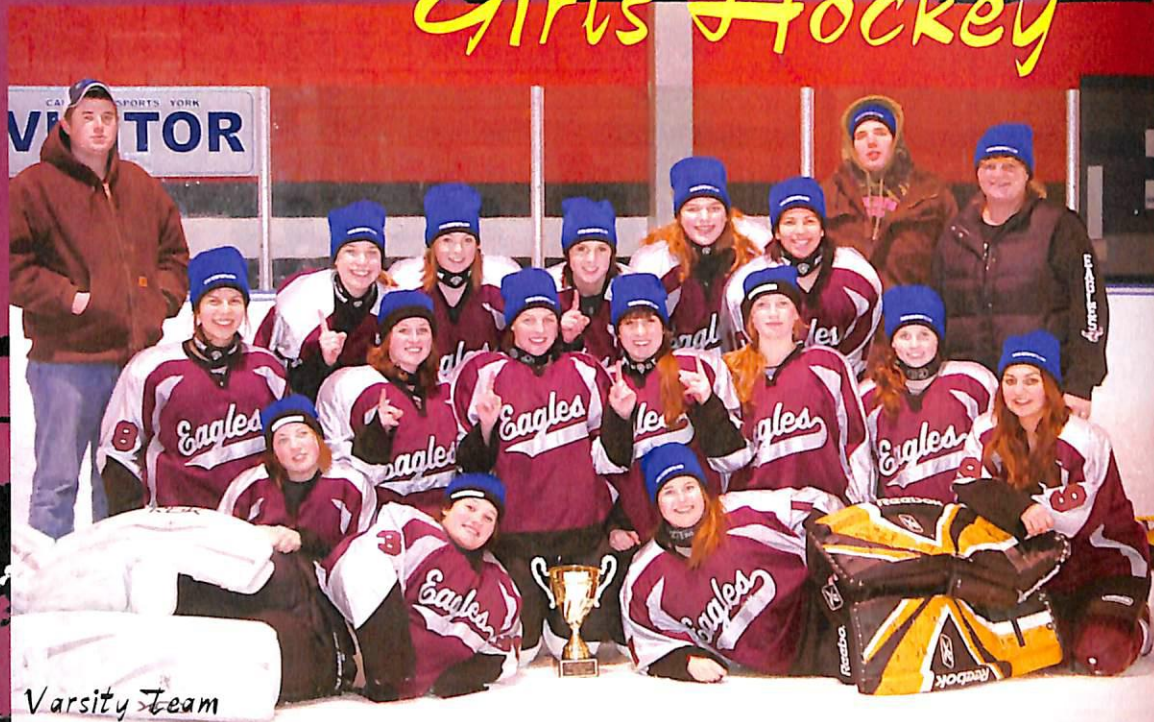
Above: Goalie, Kelsey Pettigrew, watches the game and waits for her turn to sub in.

Below: Michelle Slaughter puts all her effort into the game.



Above: RJ Wessels, coaches the team from the sidelines.

Below: Cheyna MacKenzie is ready to block the puck.



Varsity Team

Dale Miner, Mason Bressette, Mrs. Johnson, Carmen Dirven, Taylor Thompson, Shelbi Parizeau, Kerrie Dirven, Tara George, Amanda Shawnoo, Kelsey VanKessel, Kelli Vandenboer, Alyssa Van Engelen, Amy Wilson, Michelle Slaughter, Kelsey Campbell, Kelsey Prong, Cheyna MacKenzie, Karla Kerrigan

Most of North American secondary school ice hockey teams are the Eagles girls hockey teams: the team and the varsity team. The team is a mix of a non-competitive environment for less experienced players who are just playing for fun while the Varsity team is very competitive for girls who have been playing hockey for a long time. The Varsity team is used to compete against many other teams across Ontario.

This year the Eagles Varsity team captured the CC Division Championship at the Cardinal Classic in Toronto. The Eagles began the tournament with a victory over the St. Catharines team. The Eagles then won the final game of the tournament against the St. Catharines team. The Eagles were the only team to win all three games. The Eagles were the only team to score in all three games. The Eagles were the only team to have a player named MVP. The Eagles were the only team to have a player named MVP. The Eagles were the only team to have a player named MVP.

period. Kelsey Prong opened the scoring followed by Shelbi Parizeau and then went on to score the game winning goal. Goals were scored by Kelli Vandenboer, Amy Wilson, Carmen Dirven, Amanda Shawnoo and Kelsey VanKessel. Karla Kerrigan was recognized for her outstanding performance.

The girls determination and spectacular teamwork really stood out. The Eagles represented our school very well. Congratulations to the Girls Eagles Varsity team for winning this championship.



Above: Janna Rutten smiles for the camera as she puts on her hockey gear.

Below: Kelli Vandenboer cheers after a goal for the Eagles.





Farm Team

Mrs. Ward, R.J. Wessels, Jennie Wilson, Michaela Vankessel, Allison Nickles, Monica Mayer, Emily Chalmers, Haley Sterling, Lauren Boyd, T.J. Little, Janna Rutten, Courtney Thompson, Danielle Stevens, Kelly Morgan, Shannon Veeke, Caitlin Byrns, Alex VanValkenburg, Jessie McGregor, Kelsey Pettigrew



Above: Kelly Morgan and Shannon Veeke stop to pose for the camera.



Above: Some intense play by the Eagles.

Below: A perfect save by Alex VanValkenburg.



Below: A fallen Eagle struggles to get back up.



Painting The Ice

Senior and Junior



Back: Mr. Hines, Mr. Schalk, Tanner Ferguson, Mason Bresett, Dillon Campbell, David Willsie, Chris Stevens, Colin VanMoorsel, Tanner Thompson, Cody Curtis, Chad Vandenheuvel, Mr. VanKessel, Mr. Wilson
Middle: Winston Tidball, Kevin Vanhaaren, Spencer Williams, Brodie Balcom, Adam VanEngelen, Tyler Prong
Front: Sean Parker, Haeden Donald

The Senior and junior boys hockey teams have started off with a great beginning. They have one many games and of course have lost some to. They fought through the troubles with scheduling games, but they came through and showed up in the end. We are really proud of our boys and hope to see some next year. The future looks good for the Eagles hockey.

"Cam Fraser was the most improved player this year. "Stal at home defensemen"" Said, Mr. Schalk

The junior boys have had a great season this year winning tournaments and games. They have brought out the Eagle in the their game. This year's edition of the junior boys hockey was probably the most talented ever. They played as a team and won as a team they came to the ice with game faces and left the game with the same face. With a great mix of the grade 9 and 10 hockey players. Unfortunately due to scheduling conflicts they were only able to play as a select team in the warriors cup in wood stock. Where the Eagles captured the "B" division title with a 3-10 record.

Adam VanEngelen doing the face off.



Colin VanMoorsel taking the puck to the Forwards protecting his goalie.



The team huddling around the goalie giving each other support.



Mr. Van Kessel following Mr. Hines to watch the boys play the game.



The senior boys shaking hands at the end of the game.



And The Score Board Boys Slicing The Ice

"The MVP this year would be Sean Parker with "solid, consistent play""
Said, Mr. Wilson

The senior boys have had a great season with only 6 loses and 12 wins and one tie great job guys. They fought through their games and finished third in league standings. The senior boys fought to win the semi-finals but lost to Northern. They had came back to the game and beat Wallaceburg in SWOSSAA showing they wouldn't give up for anything or anyone. They than loss to Amhurstburg in the SWOSSAA final but win or lose we are proud of our Eagles. The boys proving that eagles have got talent won a few games and had become the C champions Irish Tournaments. The most improved players were both Dillon Campbell and Winston Tidball.



Back: Mr. Hines, Mr. Murree, Mason Bresett, Kevin Smith, Brent Andriash
Third: Mr. Schalk, Cam Fraser, Tyler MacGregor, PJ VanBree, Brett Dew, Brett Mckenzie, Anthony Delitala
Second: Greg Sheppard, Ryan Eastman, Chris VanHaaren, Tyler Prong, Jordan Hayse, Cody Trowell, Tanner Thompson
Front: Cody Brown, Cory VandenBoer, Chad VandenHeuvel



Sean Parker in net and Chad VandenHeuvel making sure the puck doesn't get near it.



Cody Trowell taking the puck to the net to get a goal

Tyler Prong taking action in the game saving the puck from his net.



Cody Trowell in the face off waiting to take the puck from the other team.



Anthony Delitala checking out the ice to see every ones place.



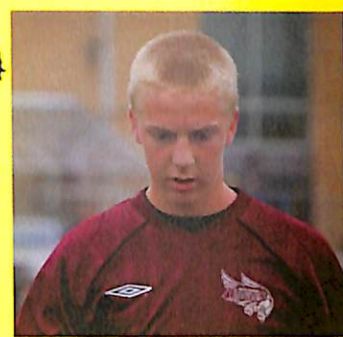
Josh Collette



Obidiah Atkinson

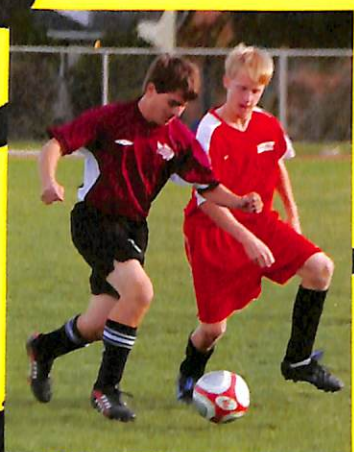


Ryan VandenHeuvel



Bart Vermeer

Junior Girls & Boys Soccer Painting Goals...



Josh Collette just playing the game.



Ryan VandenHeuvel kicking away.



Mr. Arther, Obidiah Atkinson, Bryan Soetemans, Ryan VandenHeuvel, Ryan Clark, Shane Johnston, Cory VandenBoer, Dylan Soetemans, Spencer Williams, Jeff Veens, Aaron Cassidy, Bart Vermeer, Daniel O'Hagon, Antony Delitela, Josh Collette, T.J. Lichty



Cory VandenBoer aggressively kicking the ball away from the net.

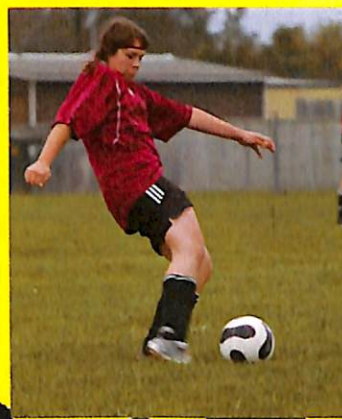


Jeff Veens performs an intense jump to stop the ball.





Morgan Breeze defends the Eagle's net.



Monica Mayer concentrates deeply.

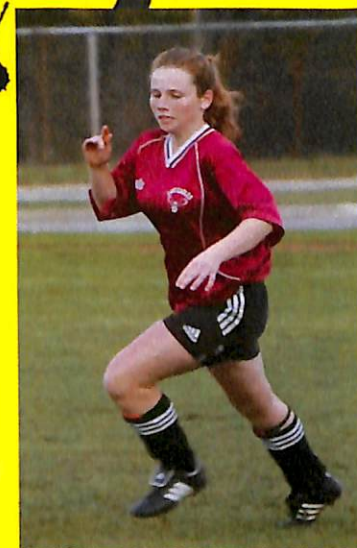


Michela Van Kessel takes a joyful fall for the team.

One Brush At A Time



Mr. McBain, Joline Teeple, Alicia Veens, Monica Mayer, Anne Van Adrichem, Michelle Slaughter, Caitlin McLean, Hannah Teeple, Meghan Gilfoyle, Rachel Geerts, Nicole Cassidy, Michela Van Kessel, Shannon Veeke, Kelsey Campbell, Morgan Breeze



Michelle Slaughter going all out.



Michelle Slaughter struggles to keep the ball from the opposing player.

The girls team huddles to make a game plan and to do their Eagle cheer.



Kelsey Campbell going for the goal.

MARKING UP THE FIELD

Designing A Memorable Season

The girls put together a team at the last minute. Although several times they were left at the field with nearly not enough players to compete, the exhausted players continued to fight hard game after game. All of their hard work was shown to pay off ending the season with a couple of victories. Newcomer Alyssa VanEngelen said, "The highlight of my season was scoring my first High school soccer goal ever."

All of the girls showed enthusiasm about playing the game. Grade 11 student, Gracie Mellon said, "I liked playing half back because I got to play in both ends of the field". Overall the girls showed a lot of school spirit. Overall everyone who took part had fun and showed a lot of school spirit. Great job representing our school girls!

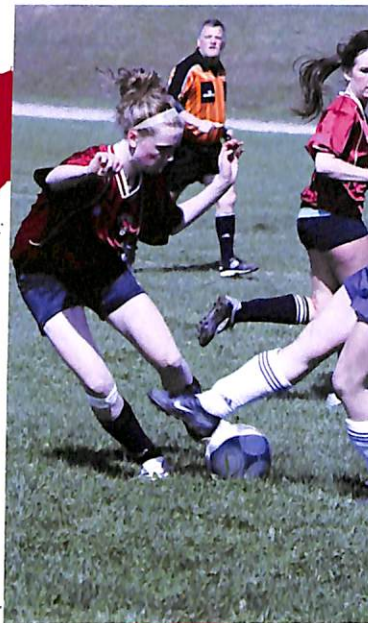


Kelsey VanKessel showing how happy she is to take the ball away from the other team.

Gracie Mellon proving she has skills as she moves around her competitor.



Jaime VanRiel using all her power to throw in the ball.



Amy Wilson showing off her soccer skills, as always.

Carmen Dirven practically performing the splits to get the ball from the other team.



Kallee Timmermans kicking the ball away from the other team.

Jill Rutten stretching to reach the ball at the last minute.



Coach Simon VanRiel, Carmen Dirven, Jaime VanRiel, Amy Wilson, Alyssa VanEngelen, Jill Rutten, Kallee Timmermans, Coach Mrs. M. L. Delitala, Gracie Mellon, Brittany Britton, Raleigh Hoekstra, Kelsey VanKessel, and Rebecca Vanos.

CREATING UNIQUE MOVES

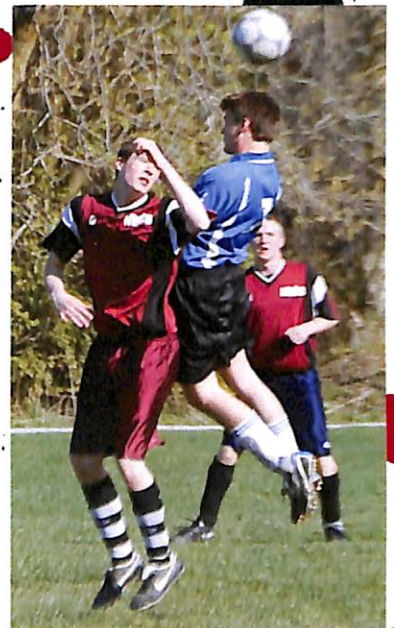
Painting Unforgettable Moments

The boys got off to a great start, staying undefeated for their first three games. Although they were not able to keep the undefeated streak they showed a lot of hard work and determination. The teammates created an unbelievably entertaining season that all who watched will remember for many years to come. Newcomer at soccer, Brent Andriash stated, "I had the time of my life."

The team consisted of several boys who have never played but showed a great deal of talent. The boys strived each game to be the first person to score a goal. This was because whoever scored first was treated to a "Big Mac" at MacDonalds by coach Mrs. Johnson. Grade 12 student Kyle Alexanders said, "The highlight of my season was winning the first Big Mac of the season." Overall it was a fun and entertaining season.



Ben Melville showing off his amazing soccer skills.



Ryan Cook putting his head in the game.



Derek Soetemans drop kicking the ball to his players.

Our fellow "red" player, Kyle Alexanders shielding the ball.

Gavin Letourneau fighting hard to win the ball.



Brennan Boris making playing soccer look easy.

Tim Schrijver attempting to get the ball, or trip the other player?



Justin Veens, Kyle Alexanders, Tim Schrijver, Travis Copeland, Brennan Boris, Brent Andriash, Tyler Adams, Ryan Cook, Dylan Stewardson, Coach Jim Gilliard, Tylor O'Neil, Mitch Emmons, Ben Melville, Cam Mennan, Gavin Letourneau, Andy Ryan, Adam VanEngelen, Chris Geerts, Coach Mrs. Johnson and Derek Soetemans.

Painting Gold

Highlighting The Way to The Finals

The girls had a 3-0-1 record going into the final game, and they did not want to go home empty handed.

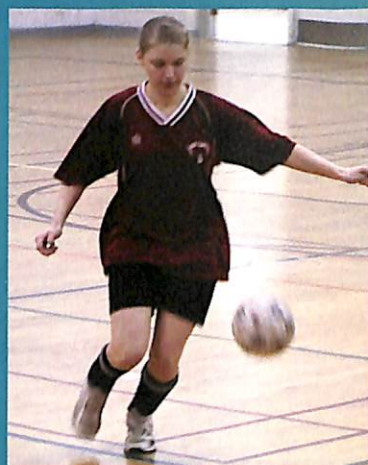
The clock stopped, it was tied 2-2.

There was no turning back now. The winning team was going to be decided by shoot outs. Three shots, four shots, finally with the fifth shot they broke the tie and took home the victory.

Kelsey VanKessel, who scored the final game's winning goal said, "It felt

good to finally win something!" Also newcomer Alyssa VanEngelen said "It was fun and fast, I liked it so much I play soccer now too!"

Kerry Dirven who was a wall in net said, "I had a lot of fun. When it turned into shoot outs I was nervous, but excited!" The girls participated in one tournament and their hard work and determination at this event showed to pay off. Great season girls!



Carmen Dirven controlling the ball and bringing it up the court.



Kallee Timmermans shielding the ball for her goalie.



Kerry Dirven saving the opponents shot and capturing the win for her team.



Amy Wilson fighting hard to win the ball from her competitor.



Jaime VanRiel passing the ball to her teammate.

The team cheering and getting ready for the finals.



Coach Simon VanRiel, Carmen Dirven, Jaime VanRiel, Alyssa VanEngelen, Amy Wilson, Danielle Vanos, Coach Mrs. Johnson, Kerry Dirven, Emma Delitala, Kelsey VanKessel, Kallee Timmermans, and Kelsey Campbell wearing the jerseys they won.



Obidiah Atkinson fighting hard to win the ball.

Jeff and Justin Veens showing brotherly love, stretching together before the big game.

Painting Bronze

Highlighting With Their Feet

The boy's team fought hard throughout the season. They took part in an International Tournament, as well as a Tournament held at our school, winning bronze in both. They had a young team this year that consisted of dedication and great talent. All who took part showed commitment and team spirit.

"The highlight of my year was scoring NINE goals in an International Tournament in ONE game".

The team's coaches, Mr. Vandenberg and Mr. Arthur both feel that this team was an honour to coach. With just a few seniors on the team, the boys will be a team to watch in the future. Who knows what next year will bring? Congratulations on a good season boys!

A senior of the team, Ben Melville said,



Antony Delitala shielding the ball from his competitor.

Goalie, Jeff Veens making an intense save and keeping the boys in the game.



The team brainstorming up a masterpiece of a plan.

Ben Melville dribbling the ball up for his team.



Mr. Vandenberg, Ben Melville, Jeff Veens, Obidiah Atkinson, Bryan Soetemans, Justin Veens, Mr. Arthur, Aaron Cassidy, Bart Vermeer, and Antony Delitala.

Art Has Gone Active

They Shoot, they Score - on the basketball team



Back: Hector Ketash, Tim Schrijver, Mike Lucier, Ryan Marsh, Ryan Dekker, Mr. Douglas, Ben Stubbs
Front: Zack Fleming, Andy Ryan, Kyle Alexanders, Nick Slegers, Tom Genovy in "Toronto for Tournament and Raptors

Michael Gordon and Brett Mackenzie try and break free from the other team to assist their team mates.

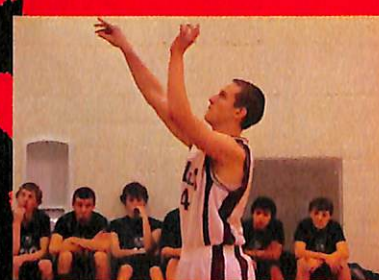
Mr. Douglas: Holly Pelletier, Carrie Dirven, Candace Flater, Kátey Hackney, Hailey Sterling, Alex VanValkenberg, Shannon Kelly, Brittnee Garrett, Miss Brown
Front: Nicole Savoie, Kristen Ward, Beth Wiendels, Jill Rutten, Felicia Vankoughnett, Melissa Bosch, Sarah Dumais



Mr. Douglas giving an inspiration speech to one of the girls on his basketball team.



Gaurav Nakhwal takes a breath after working hard to stop the other teams point.



Jeff Veens takes another great shot while the other team looks on from behind.



Alex VanValkenberg ready to steal the ball away from the other team.

Jeff Veens throws the ball up and over his opponents to try and score a three pointer while his team mate blocks off some of the other players.



Jill Rutten tricking the opposing team by staying close to her outer sides of the court.



Dribbling the ball is key in basketball and Candace Flater shows us the right way to do it as she blows past the other team.

Mr. Vankessel, Michael Gordon, Bart Vermeer, Jeff Veens, Bryan Soetmans, Gaurav Nakhwal, Obidiah Atkinson



Britnee Garrett, Carrie Dirven, and Candace Flater work as a team to earn some baskets.

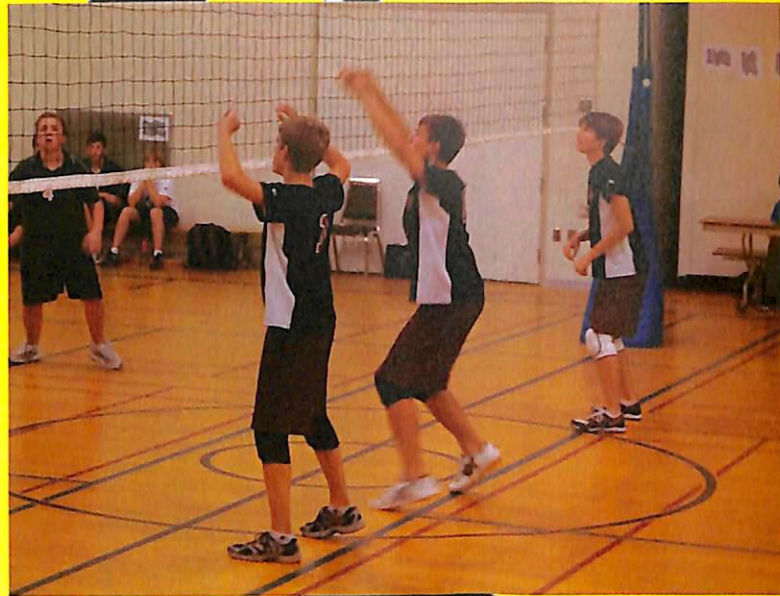
Logan Kember gets ready to throw the ball back into play after the other team took the ball out of bounds.



Bart Vermeer takes a leaping shot at making a basket.

Mike Lucier shows he can play the game with his strong serve.

Sean Parkes, Nate Teeple, Cam Fraser, Tyler Prong and Michael Gordon huddle up to think of what to do next.

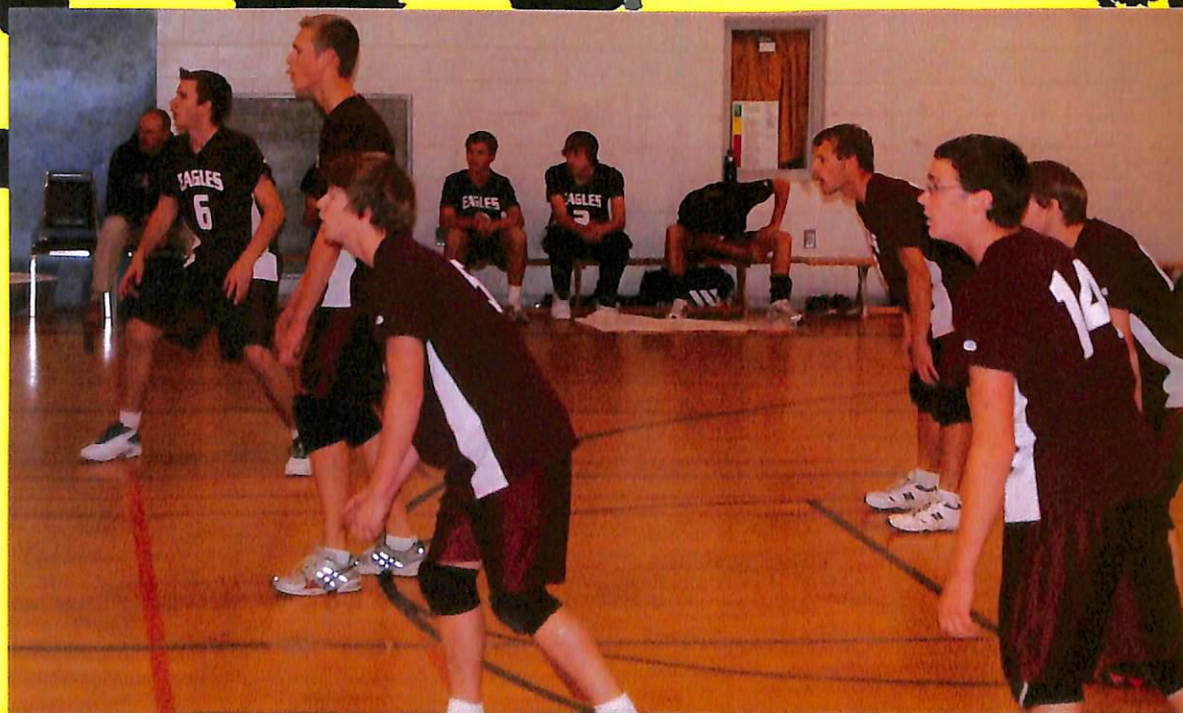


Mr. Hales gives amazing pep-talks to his volleyball team to get them ready to play the next set.

Tim Schrijver and Gavin Leturneau jump high to block off the net.

Michael Gordon, Sean Parker, Nate Teeple Set up a block to make sure the other team doesn't score.

Tom Genovy, Tim Schrijver, Luke Teeple, Derek Soetemans, and Dillon Campbell get ready while the other team serves the ball.



Spiking The Canvas

Volleyball goes to a new level with incredible team spirit.



Team roster in no specific order: Emily Chalmers, Caitlin McLean, Lindsay Morgan, Michaela VanKessel, Monica Mayer, Allison Nickels, Jennie Wilson, Lauren Boyd, Courtney Thompson, Joline Teeple, Jeana Seanson, Michelle Martin, Miss Burgess, and Aaron Scott.



Back: Jennifer Gordon, Erin Gordon, Julia Struyf, Kristen Ward, Katie Vanos (coach)
Middle: Hannah Teeple, TJ Little, Rebecca Nixon, Celine Comely
Front: Jamie VanRiel, and Danielle Vanos.



Back: Mrs. Robinson, Ryan Marsh (assistant coach), Alicia Veens, Nicole Cassidy, Mr. McCahill (coach)
Middle: Monique Soetemans, Morgan Breeze, Natasha Collette, Megan Kelly, Kelsey Pettigrew
Front: Jessi McGregor, Katelyn VanEngelen



Back: Mr. Hales, Luke Teeple, Ben Stubbs, Tim Schrijver, Tim Genovy, Mike Lucier, Ryan Marsh
Front: Dylan Stewardson, Derek Soetemans, Gavin Letourneau, Dillon Campbell, Brenden Campbell, Kevin Martindale
Missing from Photo: Eric Soepbore, Mitch Bullen, and Jeffery Swan.



Team roster in no specific order: Mr. Wilson, Julia Struyf, Mike Gordon, Joe Degroot, Sean Parker, Brett Mackenzie, Jay Schrijver, Tyler MacGregor, Nate Teeple, Logan Kember, Martin Letourneau, Tyler Prong, Jordan Hayes, and Cam Fraser.

Splashing The Net

The Eagles girls volleyball teams have had a great year working as a team. They have been soaring high to get to the top even though there were some losses.

"Micheala Vankessel improved the most, being more verbal and moving on the court " Miss Burgess

The midget girls volleyball team, like many midget teams, had a skills building season. The amount of improvement in skills and team cohesion was tremendous! Both Miss Burgess and Aaron enjoyed working with this team. They played second at the NLS tournament. Way to go girls!

The junior team started slowly in there

Caitlyn McLean working the kinks out of Monica Mayers shoulders while Joline Teeple is waiting for her turn.



The Senior girls team getting the "Talk" before the game.



Alicia Veens waiting on the side with a brave face to play as Monique Soetemans watches the game to see how the other team plays.

Meagan Cates waiting for the serve, to show the other team that she has got the power of the eagle.

Senior, Junior and Midget Girls Volleyball

"I would say that I improved mostly in setting the ball and in team work" Meghan Kelly Gr. 10

regular season. As they kept playing and working as a team, their record improved and their confidence was shown. They also had reached the semi-finals. In both of these tournaments the most improved player was Meghan Kelly number 10. Monique Soetemans 13 and Alicia Veens were this years MVPs. The senior girls volleyball team had a

"We all worked as a team and all looked up to each other" Danielle Vanos Gr. 12

hasty year but they put on some brave faces. The most improved player this year for senior girls was Hannah Teeple. She improved on her volleyball skills. The MVP's this year Danielle Vanos, who showed that if you play as a team you, will become a team and Kristen Ward who showed team spirit and played as a champion.



Lindsay Morgan getting ready to smash the ball to the other side. Great stance Lindsay!

In order to win you must believe in your team and use your team skills and talk to each other. Even if you don't win the championship you finish if with something better: a friend. You start to gain a relationship with your team and become friends in the end. We are proud of our Eagles, win or lose.



Kaitlyn VanEngelen going for the serve with her game face on.



Lindsay Morgan bumping the ball to the other side.

TAKING IT HOME

Watching Out for The Plate

The girls' two-pitch team had a great season, winning games and losing a few too. The team competed in the annual 2 Pitch tournament, held at Clearwater Diamonds in Sargis. The team started out strong, forcing a mercy against St. FX with 12 to 2 win. April Laird scored the first home run even, after falling at third and having to fight back on to her feet and laughing to home plate.

The girls had winning on their

"We showed what Fo-Town is made of."

Emily Mellon Gr. 10

mind as they came to their second game. They snagged pop flies and tromped players at first, second and third bases. Again they forced a mercy with a win of 16 to 4 against St. Clair. At noon the team had their final round robin game. The sunscreen was flowing in the heat and so was the energy. With only a few errors, the girls lost their next game to St. Pats, putting

the girls in second place at the end of round robin play.

The team finished the tournament in fourth place with a tough final game against LCCVI. The final score was 11 to 4 LCCVI. The team played defensively with great catches and throws from outfielders by Emily Mellon, Kerrie Dirven, Michelle Martin and Danielle Steven. There were

"You know it's a good hit when you can fall, rollover, laugh (not cry) and get back up and still get a home run." April Laird Gr. 9

great hits by everyone, with triple and double plays Cheyna MacKenzie had two nice triple hits.

With honorable mention to Holly Pelletier, Bridget George, Kaytie Martin and Cheyna MacKenzie on they're excellent batting. With Grace Mellon rounding the bags with speed and precision catching up to her teammates at every

base. Taylor Thompson with her excellent plays on second base. Great job to the team captains Brittnee Garret for pushing the limits with a good pickle at third to score a run and Candace Flater for always getting the home team with the flip.

"It's not about what's waiting on the other side, it's the climb."

Miss. Burgess, Coach



Grace Mellon with her lightning legs made it to second base and stands there waiting to make it home.



Front: Bridget George, Emily Mellon, Brittnee Garrett, Grace Mellon, Candace Flater, Tanisha Wayner, and Michelle Martin
Back: April Laird, Danielle Steven, Kerrie Dirven, Taylor Thompson, Cheyna MacKenzie, Kaytie Martin, Holly Pelletier, and Mrs. Burgess



April Laird helping a fellow team mate out by rolling Brittnee Garrett's sleeves up.



April Laird going for the big smash and gets a home run.

Candace Flater catching the ball getting ready to set a team mate up for the big hit



Holly Pelletier took the role as the cat catcher and did a great job.

Mrs. Burgess giving April Laird some pointers so she can make the run home.



Painting the House

The Eagles on Home Ice

The boys had great season. As Kyle Tedball said, "We played well as a team, we had our ups and downs, but still played well. The highlight for the boys curling team was their amazing win over longtime rival LCCVI on Tuesday February seventeenth. According to lead, Culley Schmid, "curling is a great sport, it just takes patience." They certainly learned this lesson during the LCCVI game. Their league play came to a heartbreaking end when they narrowly missed qualifying for the LSSAA Playoffs. Congratulations to the boys on a great season. The girls curling team was able to recruit two new members this year. Katie McLean and Kaylea Sercombe braved the cold to learn how to curl. Vice, Kaylea Sercombe stated, "This was my first year curling with the NLSS team. It was fun and I plan on playing next year." The girls played some exhibition games to show off their curling skills. Jamey, Kaylea and Katie had an enjoyable season and all plan on returning next year. Jamey VanHaaren, said, "It's been a great year, even though we didn't have a full to play league" Good curling ladies! According to Coach Martin, "Both teams worked really hard this year. The curling season is a long season and all team members showed their commitment the entire time."

Mitch Steven, with perfect form, about to curl his stone down the ice.

Team skip Kyle Tedball telling his teammate where to throw his stone with pin point accuracy.



Jamey VanHaaren preparing to rocket her shot down the ice with the assistance of Katie McLean



The curling team: Mitch Steven, Katie Mclean, Kaylea Sercombe, Kyle Tedball, Xander Ward), Jamey VanHaaren, Absent Culley Schmid, Joe Larmond



Xander Ward walking the ice in preparation for his teammates masterful curl.

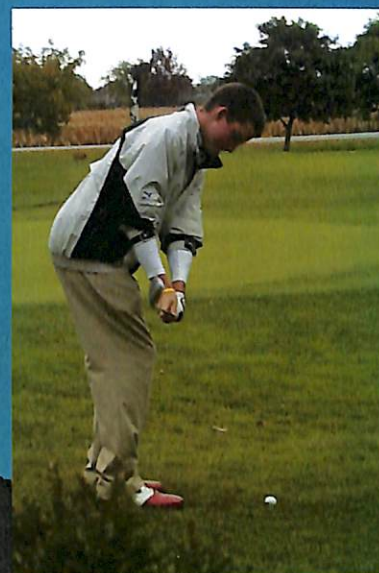
Green Green Grass

A perfect canvas for our Golf team.

This year's golf team included Cam Mennen, Andrew Frayne, Kyle Alexander, Tyler Boyd and Dan Boyd. Early last fall the N.L.S.S. golf team participated in the L.S.S.A.A. Tournament. It was held in Mooretown at the St. Clair Parkway. Their hard work paid off when they won the tournament by overshooting the second place team by sixteen strokes. Mrs. Sanders, coach of the golf team was very impressed by the boys playing. She

said, "The boys played awesome at the L.S.S.A.A. tournament, the second place team wasn't even close." The golf team moved on and qualified for S.W.O.S.S.A., held in Ridgetown. The Eagle boys started out slowly but came back strong. Unfortunately the boys missed qualifying for OFFSA, by only four shots. Cam Mennen also had a chance to qualify for OFFSA, individuals, but he missed by one shot. Great job to all boys on the golf

team! "This year we made it further than last year, and I had a great time with the team," said Andrew Frayne. Kyle Alexander and Cam Mennen were in agreement the golf team this year did exceptionally well. All members were dedicated and supported each other. The motto of this golf team can be summed up by the wise words of Tyler Boyd: "Never give up".

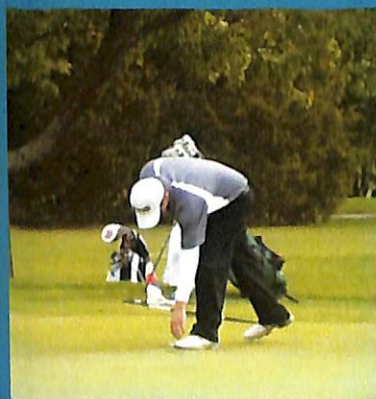


Dan Boyd lining up the perfect chip onto the green.



Andrew "Bud" Frayne taking off with a long drive.

Cam Mennen showing the other team how a birdie is done.



Cam Mennen retrieving his ball after another successful putt.



Kyle Alexander using his pitching wedge with artistic grace.



The golf team: Andrew Frayne, Cameron Mennen, Kyle Alexander, Daniel Boyd, Absent Tyler Boyd.



Abe looking off into the distance preparing for the future race.



The boats, neck and neck as they near the finish line. Drummer Donny Jackson leans over to create maximum aerodynamics.



Mrs. Johnson in position and preparing for the oncoming race with her trusty paddle in hand.



The Dragonboating Team: Jennifer Gordon, Nichole Cassidy, Ben Stubbs, Tyler Adams, Jack Vandenburg, Reg George, Jesse Morgan-Patrick, Brigitte Somers, guest drummer Donny Jackson, Emily Jackson, Derek Soetmans, Allison Steven, coach Mrs. Johnson, Jason Vanenglen, Kelsey VanKessel, Britney Garret, Donna Pawson, Mike Vanhevel, Tommy Genovy, Emily Mellon, and Abraham Neustaeter.

Strokes in Watercolor the Eagles go Dragonboating!



The team squeezes in a last minute practice to fix a slight timing error before the final race.

This year the Eagles had a dragon boating team!

There were 20 students on the team, and Mrs. Johnson was the coach. Donna Pawson and Bridgette Somers were team captains, and Mrs. J was very proud of the way they handled things. The dragon boating eagles held creative practices. With no water or boat readily available, practice was usually held in the gym, on benches; sometimes in the

volleyball pit.

Every Friday there was a practice at lunch, which the athletes faithfully attended. When Mrs. Johnson was asked if she thought that the gym practices were effective, she responded "Very... the key to dragon boating is timing and teamwork". The team got to practice on water very rarely. There was a trip to the Pinery outside Grand Bend in October, and a practice in Wallaceburg on

the St. Clair river.

On June 6 the dragon boating team went to Wallaceburg to race against 14 other teams in a competition. The whole event was a fund raiser for breast cancer. NLSS placed an excellent 4th overall, and won the prestigious spirit award. The spirit award is voted on by the other teams, and is given to the team with the best overall sportsmanship, teamwork and dedication.



The dragonboating team proudly holding the Spirit award which they won through the votes of other teams.



Tommy Genov, Ben Stubbs, Donna Pawson and Allison Steven looking excited before their first practice on water.

Jack Vandenburg and Mike Vanhevel raising their paddles in pride.



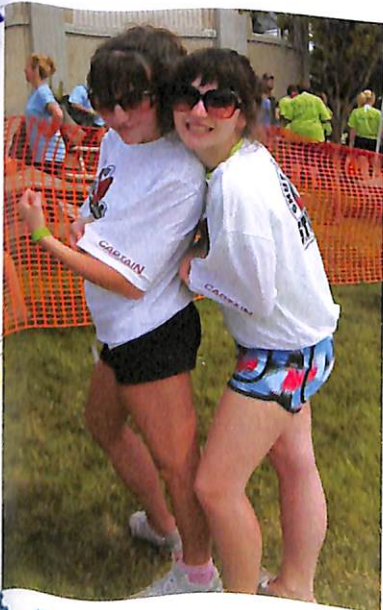
The dragon boating team at their very first practice on water. Although they had never paddled together before they proved themselves a very skilled team.



The legendary Derek Soetemans concentrates on his flawless technique.



Mike Vanhevel, Jesse Morgan and Ben Stubbs paddling with all their might.



Captains Donna Pawson and Brigitte, both filled with pride.



Hampton cheering on the Super Strokes enthusiastically from the sidelines.



The team practicing their form in the best substitute they have to actually being in the water.

The Stroke of the Racket

MANY SHADES OF BADMINTON

"Everyone worked extremely hard to get as far as we did."-Beth Wiendels, Grade 11 student, badminton player

Badminton - the sport for every season. Badminton Club ran every Wednesday from 6:00-8:00 for the whole year. Students on the badminton team used it for practice and other students who just enjoyed the sport came out and hit a few birdies. Representatives from Black Knight (a successful badminton racket company) attended a practice to help our badminton players and gave

away prizes. Everyone got a new t-shirt and Jill Rutten won a new racket worth 300 dollars.

8 out of 32 of our badminton players qualified for SWOSSAA. Also, four teams placed in their divisions at LSSAA. First in junior boys doubles was Martin Letourneau and Jordan Hayes, second in senior girls doubles was Jenna Armitage and Cassandra Dare. Third in junior mixed doubles were Alicia Veens and Brett Mackenzie, and second in senior mixed doubles were Meghan Gilfoyle and Eric Soepboer.

Kristen Ward taking her time to line up her shot back to her partner.



Rebecca Nixon shows us what she's made of, at a after school practice.

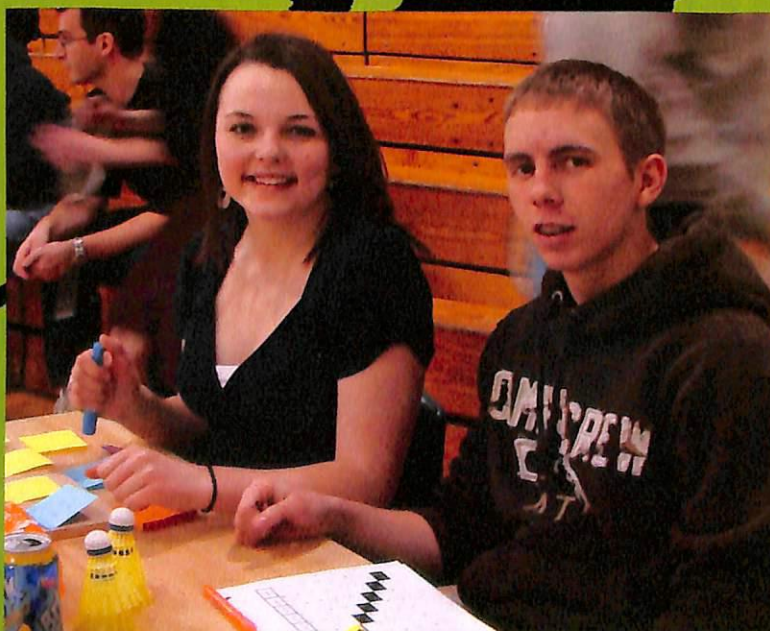
During a badminton tournament here at NLSS, Alicia Veens dominates the court with her overhand.



Robyn Skinner showing just how intense badminton practices really are.

Score keepers, Meghan Gilfoyle and Eric Soepboer made sure all the teams were organized and playing on time.

Nick Slegers making a great save before the birdie went off the court.



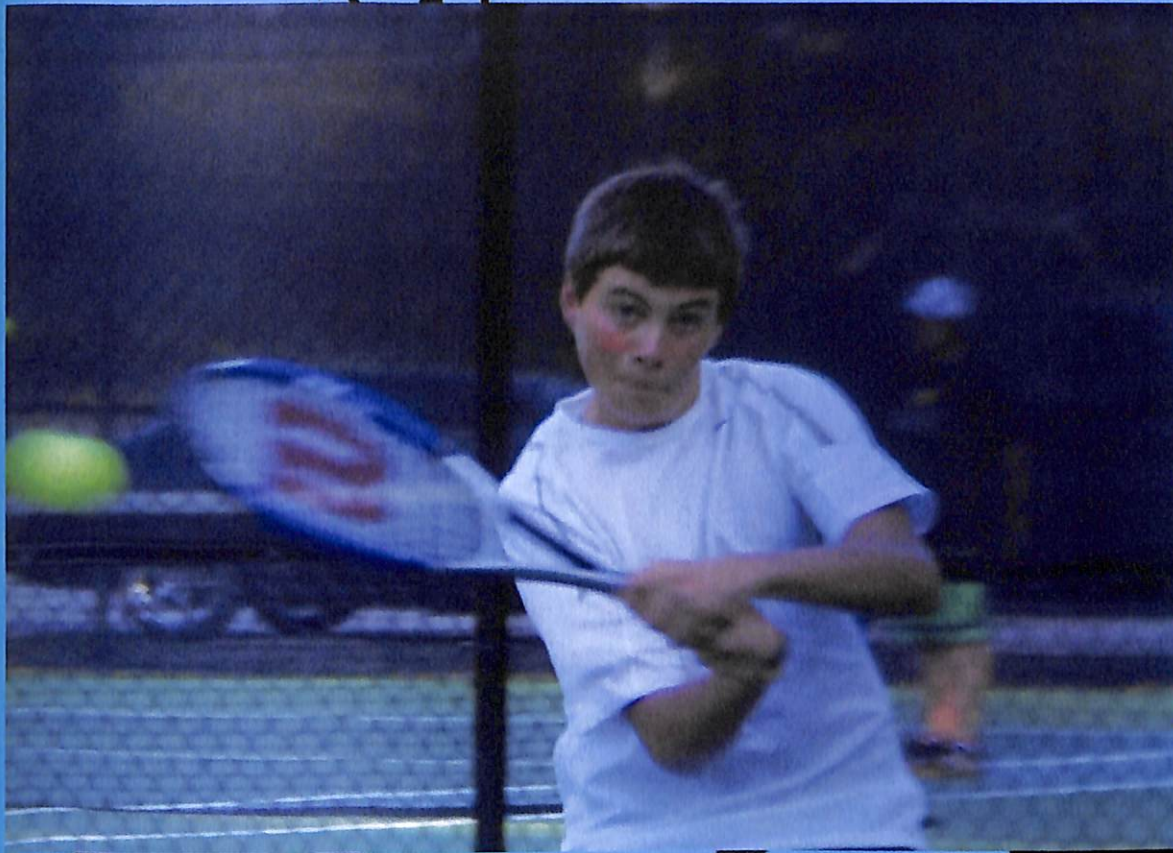
MATCH PAINT

MASTERING THE ART OF TENNIS

Love, All, Dence. If you ventured out to the Conservation Area during first semester, you would've heard these phrases echoing across the court. Practicing every week, the Tennis team was a group of highly energetic and highly enthusiastic students, who were tireless in their effort to hone their skills with a racket.

"When it comes to tennis, 'Hasta la victoria siempre' or, until victory always" said Tyler Adams about his Tennis experience.

Fearlessly led by Mrs. Petrus and Mrs. Martin, the team pushed themselves to compete in a tournament at the Samia Riding Club. They played very hard, and provided fierce competition, however didn't manage to place. The team was disappointed, but they were proud of their performance, and the school remains proud of them. The Tennis team was a great example of perseverance, and nothing will keep them



Patrick Elrafih adjusts his posture to return a ball over the net.



Kevin Martindale tosses up a tennis ball and prepares for a serve.



A few members of the team socializing after a game.

The Oval Artists

TRACK AND FIELD ATHLETES SHOWING THE PROVINCE WHAT THEY'VE GOT



Danielle focusing and ready to jump out of the blocks.



Midget 4x100m: Tyler Prong, Micheal Gordon, Nate Teeple, and Aaron Cassidy.



Nicole Cassidy getting ready to push out of the blocks.

Kelsey Prong pushing it on the track, going for the win.



Adam VanEngelen jumping over the hurdle in the 300m.



Brad Brouwer, Mike Lucier, Adam VanEngelen, and T.J. Little wearing their smiles proudly representing the N.L.S.S. Track and Field Team.

Track and Field in 2009 was another very successful year. Our athletes made our school extremely proud by their individual achievements at practice, invitational meets, ISSAA, SWOSSA, OFSAA Regionals and OFSAA. "We worked hard as a team. There were many personal best's achieved and it was great to have Amy Wilson and Danielle Vanos perform very well at OFSAA. All of us coaches are very excited and looking forward to a bigger and better team in 2010."

Accomplishments for the team include Danielle Vanos, Sarah Veens, Kelsey Prong, and Amy Wilson getting 2nd at SWOSSA and 6th at OFSAA Regionals in the 4x100m relay and Mike Lucier achieving 5th at SWOSSA in high jump and 13th at OFSAA Regionals. Aaron Cassidy also did incredibly well by getting 5th in the 400m at SWOSSA and 9th at OFSAA Regionals. Lauren Boyd getting 12th in 1500m and 3000m at SWOSSA, Nicole Cassidy getting 15th in 800m and 1500m at SWOSSA, and Amy Wilson getting 1st in 100m and 2nd

in 200m at SWOSSA and 4th at OFSAA Regionals in the 100m and 10th in 200m. She then achieved 10th at OFSAA in the 100m sprint. Danielle in her last year did awesome in her events. She got 6th at OFSAA in the 400m hurdles, 3rd at OFSAA Regionals for the 400m hurdles and 1st at SWOSSA in the 400m hurdles.

As demonstrated Track and Field athletes at this school are very talented. The student athletes worked hard beginning in March, keeping their marks up and attending every practice possible to keep their bodies in top notch shape. "The coaches pushed us to our limits but it showed in the end," T.J. Little said.

Next year everyone including coaches and athletes are excited to give it their everything all over again. It will be another successful year just like the last.



Senior 4x100m: Sarah Veens, Amy Wilson, Kelsey Prong, and Danielle Vanos.



Amy Wilson at OFSAA Regionals running the 100m dash at full blast.

Cross Country runners taking it out on the trail

PUSHING EVERY STROKE TO THE LIMIT

The 2008-2009 X-Country Team was one of the largest teams that NLSS has ever had. "The team worked great together, and had lots of fun!" Mrs. Johnson said.

Team captains were Jaime VanRiel, Danielle Vanos, and Adam VanEngelen. "They kept us excited and happy even on the cold rainy days" T.J. Little said.

The Jr. Boy's team was the first cross-country team from NLSS to participate in OFSAA Cross Country. The team included Dylan Soetemans, Mike Gordon, Aaron Cassidy, Brad Brouwer,

and Sean Parker. The team qualified to go to OFSAA by finishing 5th at SWOSSA with Adam VanEngelen placing 19th this year. At OFSAA the team finished 35th and the top finish from our team was Mike Gordon, placing 100th out of 270 runners. Every team member ran the course in a PB (personal best) time at OFSAA.

"It was a great feeling to make it that far and go to OFSAA as a team. Our team worked well together and pushed each other to do our best. We had so much fun, and I can't wait to do it again next year.

LET'S GO BOYS!" Sean Parker says.

The Senior Girls team also went to SWOSSA placing 10th overall. The senior girls team includes Danielle Vanos, Jaime VanRiel, Emma Delitala, Carmen Dwyer, and T.J. Little. "The girls worked hard and they did really well this year making it to the Southwestern Ontario meet. I had a great time coaching them." Mr. VanKessel said.

Everyone was very proud of the entire team and is now excited to see what the cross-country team can accomplish again next year.



T.J. Little, Jaime VanRiel, and Emma Delitala are some of the runners who participated in the OFSAA Cross Country meet.



Everyone is very proud of the entire team and is now excited to see what the cross-country team can accomplish again next year.



A large group of runners at the OFSAA Cross Country meet in Ontario.

Some of the runners who participated in the OFSAA Cross Country meet are Mike Gordon, Aaron Cassidy, and Brad Brouwer.



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2009 TRIATHLON AT THE PINERY PROVINCIAL PARK

Three Brushes, One Canvas

Canoes, Shoes and wheels by twos, it was a cloudy day, but spirits were bright on May 27th at the Pinery, where the school's annual Triathlon was underway.

The Triathlon consists of three different events, each of which is physically trying for the contestant. In order to be applicable for the Triathlon you have to be a fitness student, but not only that, you have to have a determination and drive to run against some intense competition.

The first event is the Canoe Race. Everyone who is competing races two to a boat down the river for four kilometers. They then turn around and come back to the dock. From there the two man teams hop on their bikes and head off on a 13 kilometer bike ride. The four man teams have a small break before they start their Bike ride. The final event is the 5 kilometer run that was an intense test of endurance for both the two and four man teams.

After all three events were over, all the teams waited patiently for the results. They conversed among their friends, and when the time came to announce the winners, everyone was very anxious. The winners of the four person male team were Mitch Emmons, Tim Schrijver, Kyle Tedball and Travis Copeland. The winners of the 2 person male team were Ryan Dekker, and Dylan Stewardson. The winners of the 4 person females team were Gracie Mellon, Hannah Teeple, Brittany Britton, and

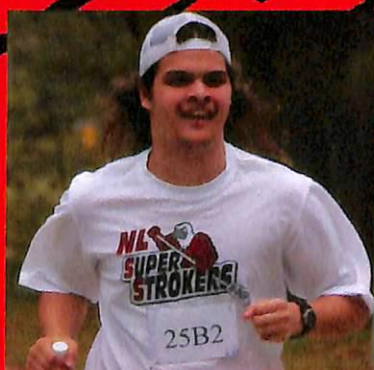
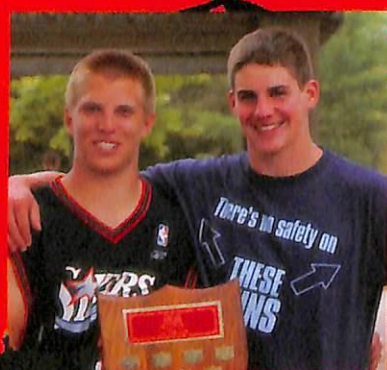
The grade eleven fitness class begins the canoe race with an extreme amount of energy.



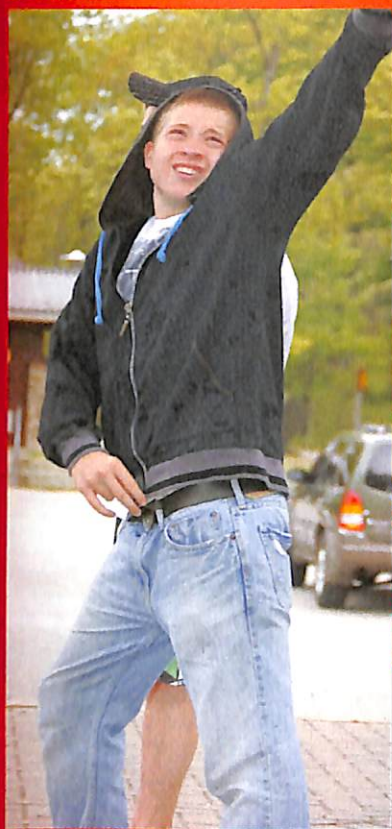
Alyssa VanEnglen, "Triathlon was a great competition and everyone had a good time" said Gracie Mellon about the experience.

Once the winners were announced, everyone congratulated their fellow competitors on a great day of sportsmanship. There was laughter in the air, and sweat on the brow of each student who had given it their all in the days struggle.

Hannah Teeple, Gracie Mellon, Alyssa VanEngelen and Brittany Britton holding their Girls Division Triathlon Trophy.



Tyler Adams in a fabulous position for a great picture.



Dylan Stewardson pushing it in the last stretch of the race.



Ben McIntyre, Hannah Teeple, Cody Brown and Haeden Donald starting off.



Kevin VanHaaren and Adam VanEngelen taking off in the 8km canoe race.



Travis Copeland showing how determined he is to win the canoe race.



The foot race begins with a burst of energy as the runners start the 5km run.

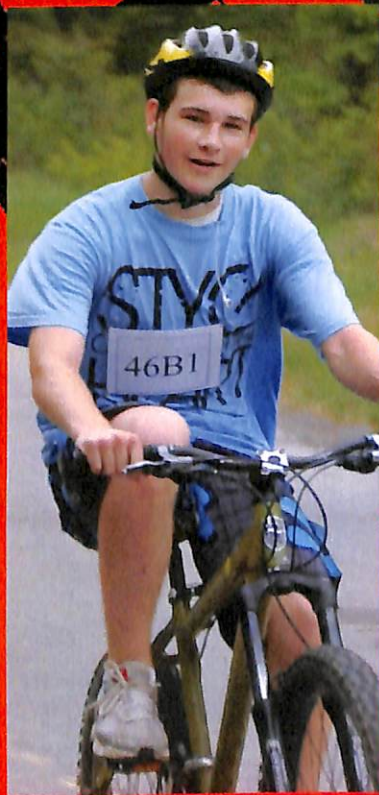


Mason Bressett, Ben McIntyre, Dylan Stewardson and Cody Ulrich goofing around before taking off.



Shannon Veeke and Telsi Szanyi coming to the finish of the long ride of 13km.

Kyle Alexanders and Cody Ulrich putting the pedal to the metal.



Kevin VanHaaren in the bike race going full blast on the trail.

Spencer Williams calm but determined to do the best he can.

Creating a palette of memories ... DESIGNERS AT WORK

What does it take to create North Lambton's Yearbook? A team of highly motivated students who construct it piece by piece over the course of the semester. Starting on February 2nd and working all the way up to the very beginning of summer these students work selflessly and tirelessly to complete their assigned pages. "There's a lot of stress. With a lot of deadlines to be met. Things get tense. Yearbook is really kind of a recipe. The

dough is the hard work of the people; maybe throw in a couple nuts! (Laughs) But seriously it's tough." Stated yearbook student Mike Vanhevel when asked to describe what was involved in yearbook production.

Luckily for the yearbook team they had the assistance of Mrs. Buechler, a master of the yearbook arts, and all art actually as she is the art teacher at NLSS. With her non-stop assistance, the

students managed to create an incredibly professional yearbook. Her dedication to the class was amazing and it would have been impossible for us to have even completed the book without her help. When asked to comment on the classes work this year, Mrs. Buechler stated, "I think they've done some amazing work!" Although a great amount of time was spent, it was well worth it. Not only because of the finished product but

because of the journey to that product. Reg George captured the true spirit of yearbook when asked to comment. He said, "The camaraderie of the team is what makes this class amazing. Working together to complete an actual tangible product really shows you that you can trust those around you. I hope the bonds made in this class continue as we've all become a family, brothers and sisters of yearbook creation."



Back: Emily Melo, Sara Gillard, Karlee Timmermans, Kayla Clark, Reg George, Mike Vanhevel, Ty Lockrey, Jody Chalmers, Danielle Beachey, Jodi Stewardson, Maggie Braun and Lindsey Noble. Front: Jamie Moore, Jade Smith, Gracie Mellon, Courtney Smith, Kelli Vandenboer, Demia Pearson, Steph Skow-Geertsen, Krysta Maher, Taylor Pargeter and Tanisha Wayne.

Stephanie Skow, Kayla Clark and Courtney Smith planning out another perfect page.



Taylor Pargeter designing the look of a layout before she gets started on the computer.



Lindsey Noble and Tanisha Wayne working on their pages for the next deadline.



Karlee Timmermans transfers her images from her layout to the computer for the yearbook.

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